

Dainty, Disappearing Doughnuts.
Devoured near as fast as you make 'em.

Golden — tooth-teasing — able-bodied nuts of dough.

Made from dough that *Tastes Like Nuts*, you know.

Use **FIVE ROSES** flour.

Get that *individual* toothsome-ness of *Manitoba* wheat kernels.

Doughnuts with a *Palate-Pleasing Personality*.

See 'em bob up in the rich deep fat—swelling, soft-textured.

A hole entirely circled with *Light Digestible Food*.

Fat without being fat—for **FIVE ROSES** is the sturdy *glutinous* flour that *resists* fat absorption.

Just enough to *brown* deliciously, to *crisp* quickly.

No greasiness, heaviness, sogginess.

Filling a vacant place so pleasantly with never an *outraged* stomach.

Like these make **YOURS**.

Use **FIVE ROSES**.

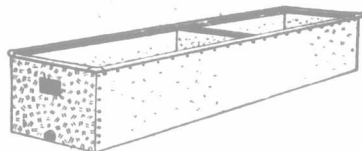
Five Roses Flour

Not Bleached



Not Blended

LAKE OF THE WOODS MILLING COMPANY, LIMITED MONTREAL



STEEL Water Troughs

REPLACE unsanitary and disease-breeding wooden troughs with clean and rust-proof steel troughs. These are made of heavy galvanized steel, thoroughly riveted and soldered so that they cannot leak, and finished on the outside with aluminium.

We will send you one on free trial; if not satisfactory, return it. Prices are reasonable, ranging from \$7.50 to \$20.00, according to size. Send for illustrated folder.

STEEL TROUGH & MACHINE CO. LIMITED
5 James St., TWEED, ONT. 3

Have City Conveniences



REPLACE the pestilent, draughty, dangerous and offensive out-of-doors closet with an in-doors closet which requires no sewer, no plumbing and no flushing system. Have city conveniences in your home.

Safeguard Family Health by installing a

"TWEED" CLOSET SANITARY AND ODORLESS

"Tweed" Closets can be installed in the bath-room, cellar, or any other convenient place indoors, merely requiring to be connected by a pipe for ventilation with a chimney hole. "Tweed" Liquid Chemical, used in connection with Tweed Closets, is both a deodorant and a disinfectant. Many hundreds of Tweed Closets have been sold in Canada. Send for illustrated price list. Sold on 30 days' trial.

Steel Trough and Machine Co., Ltd.
5 James St., TWEED, ONT. 2

The Mending Basket

Shall Improvements be Taxed.

[A paper sent for Mending Basket a few weeks ago, by Re Vera. Since its receipt the question of taxation for improvements, has been much to the front in the Ontario Legislature.]

Just about this time of the year a familiar figure is passing up and down the roads and side roads of the country, leaving little printed slips of paper in his wake, or stowing away in a black pouch the dollars and cents which represent each ratepayer's share towards the maintenance of the municipality. No matter how genial, or how popular in his private character, this man becomes an unwelcome guest when on his official visit. He is the tax collector, and taxes in any form are liked by few. Instead of regarding taxes as payment for valuable services rendered by the State to each individual, most people regard them as a disagreeable duty to be avoided if possible. Only a few men are permitted to perform great deeds in their country's cause, and shine for a few hours before the admiring eyes of their fellow-men. The majority show their patriotism in less conspicuous ways, buying and selling, sowing and reaping,—and paying their taxes! So if circumstances compel us to remain to fortune and to fame unknown, let us raise one duty of citizenship to a higher ideal—and receive the tax collector with open arms!

No matter what opinion is held regarding taxation all will admit that it is necessary. Have otherwise could the roads and bridges be kept in good condition, the schools be made efficient, the institutions for the poor and unfortunate be maintained, and our County buildings and officials properly cared for?

Taxation is a most difficult problem to handle satisfactorily. The principle of taxation should be to assess every ratepayer in accordance with his ability to pay. It means the apportioning the contribution of each individual towards the expenses of Government, so that he shall feel neither more nor less inconvenience from his share of the payment, than every other person experiences from his. This it will be admitted is an extremely difficult thing to arrange. It seems just as difficult to spend the contribution wisely after it is collected. Our legislators, who are responsible for the laws designating the sources of our expenditures, and our councillors and other officials who have the spending of our taxes, should do so wisely and carefully, and if not, should be taught by the electors and ratepayers to do so. Our country and municipal councillors are invariably the most inefficient part of our whole governmental system—many of them illiterate and unsuccessful in their own callings. Of course this is largely the ratepayers' fault, many of whom endeavor to elect the candidate who will open widest the purse-strings in their individual interests—it is probably unnecessary to add that this is usually the small taxpayer.

One item of expenditure which our legislators have placed, unwisely, it seems to me, upon our rural municipalities, is the Medical Health Act. These rural Medical Health Boards do not seem to be of any use whatever, and perform no duty that the family physician could not perform. The rural Medical Health officer is no more capable, by virtue of being that officer, than in the capacity of a private practitioner. He does not contribute anything towards the general health of the municipality. His hands are invariably tied by his private interests, and he is tempted to be lenient to his personal friends, and severe to those who are not. If the rural Medical Health Officer

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FANCY CHOICE COTTON SEED MEAL

Guaranteed Analysis
Protein (Equivalent to Ammonia 8%) 41 to 45 per cent.
Carbohydrates (Sugar and Starch) 20 to 30 " "
Fat or Oil 7 to 12 " "
Crude Fiber 4 to 10 " "
\$1.90 per 100 lbs. 500 lbs. or more at \$1.75 per 100 lbs. Feeding directions with each bag.

OLD PROCESS OIL CAKE MEAL

Protein 30%; Fat 5%; Fiber 10%.
\$2 per 100 lbs. 500 lbs. or more at \$1.90 per 100
Oyster Shell 75c. per 100; Grit 65c. per 100;
Blanchard's Calf Meal \$2.00 per 50 lb. sack.
Bibb's Calf Meal \$2.00 " 50 "

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