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## PREFACE

The generous patronage of enterprising business firms, has made it possible for us to present this book, and a careful perusal of their advertisements is solicited.

### EGGS

"Our old and faithful friend, we welcome you."

### COOKIES and DOUGHNUTS

"O, weary mothers mixing dough,  
Don't you wish that food would grow?  
Your lips would smile, I know to see  
A cooky bush or a doughnut tree."

### BREADS

"Behind the nutty loaf is the mill wheel; behind  
The mill is the wheat field; on the wheatfields rests  
The sunlight; above the sun is God."