Fitness Centre on Campus

pating in a regular fitness

hough the Rick Hansen Cenoperates in much the same way ny other fitness facility, some cial adaptations have been le so that the needs of physi-

s take advantage of Rick Hansen Centre

As a

practice.

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can climb

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world, if you wish.

Minor adaptations, such as remov-able pads on Nautilis machines, able pads on Nautilis machines, allow easier access to equipment from a wheelchair. The Centre also has specialized equipment such as the Arm Ergometer, a bicycle for your hands used primarily by clients in electric wheelchairs or motorized scooters for whom a bicycle would not be appropriate. The Centre also has wheelchair rollers which enable athletes to wheel their chairs while remaining

stationary.

Another very important and unique feature of the Centre is the fact that trained staff members are available to give clients individual assistance as needed. Newly introduced Aquacize and Aerobics programs now enable the Centre to offer its clients a variety of fitness alternatives.

As part of the Department of Physical Education, the Rick Hansen Centre maintains a very significant level of involvement with the university in a variety of ways. The Phys. Ed. Department has ways. The Phys. to. Department has helped to support the Centre finan-cially in the past, and the Centre in turn serves as a practicum place-ment for undergraduate students in adaptive physical education courses. The Centre has also previously worked on some research projects in conjunction with the

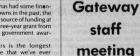
Phys. Ed. Department.

Although it has had some financial ups and downs in the past, the Centre's major source of funding at

cial ups and downs in the past, the Centrée s'major source of funding at this time is a three-year grant from the provincial government awar-ded last year. "Three years is the longest period of time that we've ever been funded," Holland stated. She went on to explain that the Centre had previously relied on short-term funding from organizations, such as the Paralympic Sports Association. Last tail, the Young Executives' Club organized the First Annual Coleco Twist Hockey Challenge to raise money for the Centre. This tremendously successful event, which raised approximately \$6.200. gave the Centre a greatly appre-ciated financial and moral boost gave the Centre a greatly appre-ciated financial and moral boost provided to hold a second twist hold to describe the control of the control of the control of second successful season the control of second the control of second when the control of second second when the control of second se

well used in terms of program and staff for the Center,"

and staff for the Center," said Clifford. Anyone interested in Adult Fitness and Lifestyles Program or the Ath-letes Program phone Laurie Clifford or Leona Holland at 432-3182.



Thursday 4:00

282 SUB Come and hear the CUP chronicles!

Revolt is in the airl

No frats on council

HALIFAX (CUP) — The judicial board of the Dalhousie Student Union has ruled that an umbrella organization of fraternities and sororities can not have a seat on student council because it promotes sexual discrimination.

motes sexual discrimination.

However, the status of some societies may be in jeopardy following the ruling. Because the student union constitution prohibe its discrimination based on acceptance, and ethnic or national origin, groups such as the International Students Association may have membership requirements in contravention of the constitution, said board chair Glen Johnson.

Although the judicial board's re-port recommended that the constiport recommended that the consti-tution be amended to allow reli-gious and cultural groups to main-tain society status, law student Carolyn Zayid said councillors should first have decided if the Interfraternity Council (IFC) de-served a seat at all.

"They can always change constitution after," Zayid said.

IFC president Mike Dunn said council should have handled the issue itself and not "passed the buck to the judicial board."

Johnson said he disagreed with the majority report because he does not consider fraternities to be discriminatory.

Dunn agreed, saying, "There's been no documented cases of females being refused entry into male fraternities."

Zayid said religious, cultural and women's groups need member-ship qualifications, and that "no-thing distinguishes fraternities ex-cept that they're a social club."

Where are human rights? Where is the glasnost?

*At the present rate of emigration, Jews will have to wait seventy years, before they are let out of the U.S.S.R.

Hillel/Network will host

Natasha Beckman

who was released just three months ago from a prison in the Soviet Union, and will lead a discussion about the glasnost.

WHEN:

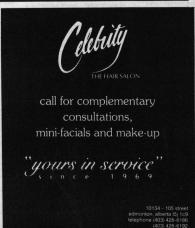
Thursday, October 15th, 12:30 - 14:00

WHERE: Room 270A SUB





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