						Q 77			
3rd	d Mon	th.			MAR	CH. [1848.]	4th	Mont	
Fi	New Moon, Sunday, 5th, 6 minutes past 8 morning. First Quarter, Saturday, 11th, 30 minutes past 11 evening. Sunday, 19th, 0 minutes past 11 evening. Last Quarter, Monday, 27th, 8 minutes past 8 evening.							New Moor First Quar Full Moor Last Quar	
DAYS OF		SUN.		MOON.		202	-	SOF	
Month.	Week.	Rises.	Sets.	Place.	Risesand Sets.	DAILY MEMORANDA.	Month.	Week.	
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27	Wed Thu Frid Sat Sun Mon Tue	6 28 6 27 6 26 6 24 6 23 6 21 6 20 6 18 6 16 6 15 6 10 6 6 10 6 6 6 6 6 6 6 6 6 6 5 6 5 56 5 55 5 53	5 33 5 34 5 36 5 37 5 39 5 40 5 42 6 43 5 44 5 55 5 50 5 55 5 55 5 56 5 56 6 6 6 6 7	※ 米 中 8 日 5 日 7 年 1 日 5 日 1 日 1	h m 3 46 4 32 5 15 5 52 sets. 7 18 8 31 9 44 10 53 11 58 morn 1 1 1 56 2 46 3 29 4 8 4 43 5 16 rises 7 20 8 17 9 14 10 8 11 4 11 55 morn 0 48		1 2 3	Sat Sun Mon Tue Wed Thu Frid Sat Wed Thu Frid Sat Wed	
28 29	Tue Wed	5 51 50		100	1 34 2 24		28		

WING DIN

TO PRESERVE HEALTH.

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Thu

Frid

5 50 6 10

5 48 6 12

5 46 6 14

To guard against disease, should be the object, on the score of economy, comfort, and safety; and this may be accomplished in all cases, unles under rare and very pe-culiar circumstances of exposure. A uniform state of health may be maintained until old age, by a cheerful observance of the following rules.

He that is much in prayer shall grow rich in grace, and have most of heaven on earth.

DAYSOF					
Month.	Week.				
1 2 3	Sat Sun Mon				
4 5 6 7	Tue Wed Thu Frid				
8	Sat				

These are compounds, name of past drink, and o distress which

30 Sun

Sat

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No mau w with God. presenting a