## HABITUAL TEMPER OF THE CHRISTIAN LIFE.

slightest touch of the invisible Presence which is above and near us ever, and the essential elements of a worshipful activity are realized.

That is what Paul meant when he said, "Pray without ceasing." Live in the spirit of prayer, live in fellowship with the unseen. Don't fill every working day of the week with selfishness and then try to crowd enough godliness into the seventh to last you for another week. That is but making a mockery of sacred things. Sunday is no more sacred than any other day, only as it is made the crowning pinnacle in the temple of the week. Sunday cannot be holy if all the other days are not. If you are not religious in your buying and selling you cannot be in your praying and worshipping.

III. IT MUST BE A LIFE ATTUNED TO THANKS-GIVING.

"In everything give thanks." This is perhaps the most difficult precept of the three to live up to. How shall we meet its requirements? There are times when it is easy enough, when the song is in the heart and the pæan on the lip without any effort of the will. There are periods in life when it would be difficult not to experience gratitude—when thanksgiving springs up involuntarily like water from a living fountain. There are days when the pulse of life is so full that mere existence is a joy. The sun shines upon a world that is fair even to loveliness. The birds sing their sweetest songs.

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