

---

---

The playground movement adds healthfulness, hopefulness, vivacity and buoyancy to the childlife of our populous centres.

Directing children's play opens up a new and interesting vocation for young women.

A fifty-foot lot with a sand pile and a few swings would be a big relief to tired mothers in a congested neighborhood.

Dancing is one of the most healthy and joyous of exercises. Therefore it should be under the supervision of the community, and not left in the control of unprincipled people.

A social centre stands for sympathetic neighborliness and intelligent helpfulness.

An up-to-date school should have an assembly hall, a gymnasium and swimming tank, manual and domestic training, special classes for foreign and backward children; evening classes for working children, choral classes, entertainments for parents, boys' clubs and literary societies. A social leader and the social spirit.

Children like to be usefully employed, and boys can readily be taught carpentering, plumbing and other industries as part of their play life.

Cicero recognized the dependence of the mind upon the body, and the relation of exercise to both, when he said, "It is exercise alone which supports the spirits and keeps the mind in vigor."

In a city government there is nothing that gives more satisfaction to the public and joy to the children than broadly-conceived playgrounds, rinks and toboggan slides.

If the body is weakened by disease or by inactivity the intellectual powers become enfeebled and the morals are apt to degenerate.

---

---