

9. Departures:

You should reconfirm your flight by telephoning the local airline office 48 hours prior to departure or through your hotel service bureau. Check-in time at Moscow Sheremetyevo II airport is 90 minutes before departure. A bank, foreign currency souvenir shop, and snack bar are located at the airport. If you encounter any travel problems American Express maintains an office in Moscow: 21-A Sadova-Kudrinskaya, Moscow. Telephone: 254-0671, 254-2111, 254-4305, 254-4495. Telex: 413075 AMEXM SU.

10. Eating:

Service at restaurants is often extremely slow. The hotel's express buffet service is quicker and breakfast in your room (where available) can also save time. Restaurant specialties include borsch (beetroot and cabbage soup with boiled meat), solianka (cabbage soup), pelmeni (meat dumplings), bliny (Russian pancakes with sweet or savoury fillings), beef stroganov, kotleti po-kievski (chicken Kiev), julienne (mushrooms in sauce cup), crab salad, and black or red caviar (the former is expensive). Alcohol, including beer, is by law not served until after 14:00. Vodka and wines from Georgia and Moldavia are good. Usual meal times are 12:00 - 15:30 for lunch and 18:30 - 21:00 for dinner.

11. Restaurants:

Reservations are a must and can be made through the hotel service bureau. Moscow restaurants and night spots generally close relatively early at around 23:00. Among the recommended restaurants are the following: National, Aragvi, Prague (terrace in summer) and Continental, Mercury or Russky in the modern International Hotel. A quick lunch can be ordered at the German Bierstube at the International Hotel. Special high-level hospitality lunches and dinners are recommended at Moscow's most expensive restaurant, the Japanese Sakura restaurant, also in the International Hotel. Payment at most Intourist restaurants and Beriozka stores may be made by credit card (eg. American Express, Visa and Mastercharge). A number of excellent cooperative restaurants also exist in all parts of the city.