

public is that of the relation between dress and health. The publishers of the *NEW DOMINION MONTHLY*, who recently issued a book entitled "Dress and Health," sent copies for review to the best-known physicians of Montreal, and received in return expressions of approval. Dr. Trenholme, Professor of Midwifery and Diseases of Women and Children in Bishop's College, says: "With few exceptions, I heartily endorse the views so ably advocated, which, resting, as they do, upon a sound physiological and common sense basis, should receive the attention of every parent in the land."

Dr. E. K. Patton says: "I have read it and consider it a sound, practical, and concise work, which fully explains the effects of the present unhygienic style of ladies' dress, well worthy of careful perusal."

Dr. J. L. Leprohan, Professor of Sanitary Science, University of Bishop's College, writes: "If they (the ladies) will only adopt some of the practical rules thus given they will stand less in need of physicians and prescriptions, and find life much pleasanter to themselves."

Dr. Perrigo says: "Its teaching is based upon physiological rules. Mothers should well consider the lessons to be learned by its perusal."

Dr. Coderre writes: "Having read the greater portion of this little work, I have no doubt that it will produce in society the most happy effects. Being essentially addressed to the ladies, it will not fail to make them reflect on their manner of dressing, and on the disastrous effects of the fashions of the day. The abuses which are described are in a great part the cause of the sickness and feebleness of young people, as well as of mothers, who see with regret premature old age."

We propose publishing the letters in full in this department in a month or two, and therefore will give no more selections; but intimate that any person wishing a copy of the work may obtain it by enclosing thirty cents, with his name, in an envelope, and addressing it to the publishers of the *NEW DOMINION MONTHLY*, Montreal, with the request that a copy of "Dress and Health" be sent them.

This book has already reached a sale of three thousand copies, and all sending as above intimated, will be supplied with the second edition, which contains, in addition to the matter in the first edition, an introductory chapter by Dr. Baynes, editor of the "Public Health Magazine and Literary Review."

TO CONTRIBUTORS.

One object which the *NEW DOMINION MONTHLY* has always had in view, is the eliciting and placing in permanent form incidents of special interest in the history of our country, which otherwise would probably fall into oblivion. We have also sought to give sketches and tales characteristic of Canadian life; and for what we have been able to accomplish in this respect have to thank our many contributors. The field has by no means been exhausted. There are now living many of the connecting links between this century and the last, whose lives have verged on the heroic age in the history of this country. Their tales of adventure have been told over and over again by the fireside, and many of them are worthy to be repeated for the instruction and amusement of other homes. Will some of our readers send us some of these tales which may be published for the general edification of the readers of the *NEW DOMINION MONTHLY*? All contributions accepted are paid for.

THE PRIZES.

There are six full weeks till the close of the prize competition in August 15th. This gives ample opportunity for many to begin work now, and come in amongst the foremost competitors, if not first. The fact that a fair commission is given for every subscription taken, ensures the competitor that the time he or she may spend in the matter will not be thrown away, even if a prize be not gained.

PUBLIC HEALTH MAGAZINE AND LITERARY REVIEW.

The second yearly volume of this magazine will be issued in a few days. As its title indicates, it is issued in the interest of the public health. It contains the monthly record of the mortality in the City of Montreal and suburbs, the latest mortality statistics of other cities and towns in the United States and other countries, and to those interested in such matters must prove an invaluable source of information. Its subscription price is \$2.00 per year, which may be sent either to the editor, George A. Baynes, M.D., or John Dougall & Son, Montreal.