

pages dealing in an exhaustive manner with "mind" and "matter." It is, in short, an effort to draw a distinction between them.

The first part is entitled "Definition of Matter." Here the author discusses sensation, with stress on our knowledge of external objects and the mechanical theories involved. Then follows a treatise on "Definition of Mind," taking up cognition, emotions, consciousness, etc. Finally comes the "Union of the Soul and the Body," where Spiritualism, Idealism, Materialism and various modern theories receive due attention. To one who is interested in these matters the volume will be of great value, and to them we heartily recommend it.

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THE ELEMENTS OF THE SCIENCE OF NUTRITION. By Graham Lusk, Ph.D., M.A., F.R.S. (Edin.), Professor of Physiology at the University and Bellevue Hospital Medical College, New York City. Octavo of 326 pages, illustrated. Philadelphia and London: W. B. Saunders Company. 1906. Cloth, \$2.50 net. Canadian agents, J. A. Carveth & Co., Toronto.

We find in this volume a complete and somewhat exhaustive review of all that pertains to the subject of nutrition in both health and disease. It is, besides being scientific, practical from a physician's point of view.

The author's main aim has been to present a work which he hopes will act as a stimulus to modern laboratory research. The book will undoubtedly be a great addition to the library of the scientific investigator. The book contains innumerable charts and tables which serve to forcibly impress certain vital facts and statistics on the mind of the reader. The author has also allotted a limited space to the life history of the mineral constituents of the body.

The chapters which seem specially worthy of note from practitioners are those on metabolism in fevers, diabetes and gout, the food requirements during the period of growth, while those dealing with the influence of fats and carbohydrates are of special interest.

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THE PRACTITIONER'S MEDICAL DICTIONARY. By George M. Gould, A.M., M.D. Author of an "Illustrated Dictionary of Medicine, Compiled and Allied Sciences, etc." Philadelphia: P. Blakiston's Son & Co., 1012 Walnut Street. 1907.