

a very different fashion in men of different constitutional type and moral temper. In some—chiefly delicate persons, or persons past middle age and without a very large fund of energy, the chief effect of this dim consciousness of a steady draft on their organic resources, is to exaggerate the economical reserve and frugal parsimony of their character. More than ever they lurk within themselves and calculate anxiously the mode in which they may use their little store of energy to the best effect. They economize their moral fuel, by watching opportunities more keenly than in ordinary seasons, and taking care never to do anything superfluous, or which, from its inopportuneness, may need to be done over again. They approximate indeed, to the type of character which we may suppose to be impressed on the besieged inhabitants of a great city who are aware that the race between their resources and their needs will be a very close one indeed, and that every condition of life must be finely calculated, instead of leaving as usual a large margin to cover mistakes. There is a sort of feeling in such people that every day the severe cold lasts is a day needing sharp moral and intellectual discipline to get through their ordinary tasks. Getting up itself is a great expense of energy; the cold bath, for those who take it, involves about double the shock of ordinary days: it is quite a dispensation to get the goloshes on for the snow, or the extra time needed for a slippery walk, or the extra care needed for a slippery drive; then almost all the clocks lose, owing to freezing oil, and it takes another moral effort to resist the false testimony of the clocks and to compute the real from the apparent time; again the cold of the carriage or railway train takes out a good bit in the way of fortitude; the strong attractions of the fire, if not resisted, dissolve away a large amount of disposable time; cold feet make a serious draft on the temper; cold bedrooms are apt to keep you up late at night over the fire; cold beds cause a dreadful dwindling in the stock of sleep; all this is without counting the resisting medium of real indisposition, from cold