ICE-COLD WATER BAD FOR RHEUMATISM?

EXTER SEAMAN'S EXPERIENCE

is story of Wm. Rogers, a seamant of Mine Sweeping Branch of the la Navy, is absolutely true and can adily verified.

Niagara Camp, in 1914, Rogers come a friend's advice and tried Temples.

Rheumatism. He was sent to the nto General Hospital, where for over onths he was a patient, finally being arged as incurable. In despair he a friend's advice and tried Temples.

Rheumatic Canallar The worlds. a friend's advice and tried Temple. Rheumatic Capsules. The results astounding—in a short time he was to pass the stiff examination set by favy, and became an A.B. in the Sweeping Branch.

17½ months he did service in the

Sea. On three occasions he was into the sea and remained in the id water as long as eleven hours as tch. Despite these hardships Rogad no return of his previous e. Think about it. If T.R.C.'S much for Rogers-will they not same for you?

Agents for Watford, J. W. Mcdruggist, the Rexall Store, or if out of town mail \$1.04 to the ddress or to Templetons Limited, g street west, Toronto, and cap-

ELCO-LIGHT complete Electric Light and Power Plant

ped by the same men who starters for aut mobiles



WATFORI



FECTIVE SIGHT CAUSES

HEADACHES

arp on this because so many as suffer needlessly. Just as s the sun rises, the proper s will at once relieve your needaches. All eye head-do not need the same lenses, Il eye headaches do need, and our one thought, if ome here is, to give you y the right lenses. Why

RI CLASS Jeweler and Optician ER OF MARRIAGE LICENSES

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r Napkins, , Drinking aper.

ne of our stylish 0 \$1.00

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Stationer

Watford Guide-Advocate

Volume XLV-No. 32

WATFORD, ONT., FRIDAY, AUGUST 8, 1919

**************** LOCAL HAPPENINGS -----

THE GUIDE-ADVOCATE welcomes all items of interest for this column Call Phone 11, send by mail or drop item in GUIDE-ADVOCATE LetterBox

TAILORING always right at SWIFT's. FOR USED FORD CARS see R. MORN-INGSTAR, Watford Garage. tf Ir's a man's outgo that plays havoc

Pur your wants into print. The Guide-Advocate Want column is read by nearly everybody.

THE residential property of the late Mrs. Bambridge has been purchased by Mr. L. Kinnell. Ir is time for the consumer's voice to

be heard above the hubbub attending the constant jacking up of prices. SUBSCRIBERS desiring to get the Guide-Advocate at the printing office on Thurs-day afternoon will please call before five

THERE will be no services in the Watford Baptist Church next Sunday. Anni-wersary services at Calvary 10.30 a.m. and

GETTING prices back to normal is as difficult as coaxing a frightened kitten out of a tree. The more you coax the higher climbs kitty.

THERE is an old saying that "you can't make a silk purse out of a sow's ear," but with the present price of hogs one could almost buy a silk purse with the coin derived from a couple of ears.

THERE is no statutory form for

THERE is a marked difference between the old Puritan Sabbath, with its blue laws and its silly restrictions, and a proper, rational Sunday such as Christian people should observe.

DR. Cody proposes the lightening of homework for the public school student. It he can "hang on" until the student of today has the vote that man could be elected to any position he fancies.

THE promise of an ice cream cone may keep a child good longer than the threat of a spanking, but it has yet to be proved whether it will make as good a man or woman out of the little one.—Port Rowan

MRS. Hyslop, of Toronto, an eloquent mrs. Hystop, of Toolno, an eloqueum speaker in the interest of the Referendum campaign, will address a meeting in the Congregational Church on Friday aftermoon of this week, at 3 o'clock. All interested, especially members of committees and workers, are urged to attend.

THE sale of the household effects of the

C. P. R., are advertised in this issue. The date of leaving for this vicinity is August 14th, and the fare to Winnipeg \$12, with return at \$18. Special through trains from Toronto. For full particulars apply to J. H. Hume, agent, Watford.

A CONVENTION of the United Farmers of East Lambton will be held in Watford on Wednesday, Aug. 20th, for the purpose of selecting a candidate to contest the Riding for the Provincial parliament should the delegates think such action advisable.

Advertising is the most important thing about any business. It is the vital spark. What good does it do you to have the wery best thing or the very greatest bargain on earth if people do not know it? The other day a Warwick man bought an article advertised in a London paper that could have been had in more than one store in town, but he was unaware of the fact.

SOME DAY the motorists may be requirsome DAY the motorists may be required to allow the pedestrain, who has left the curb at a street crossing before the auto horn has sounded, to cross the street without having to decide to beat a safe retreat; or make a spurt for his life. No one on foot, on the crossing, should be "tooted" off, or "tooted" at, because he's "tooted" off, or "tooted" at, because he's "tooted" off, or "tooted" at, because he's mot moving as fast as the auto. He has his rights, and should be able to teel perfectly safe in the enjoyment of them.

EVERY PERSON, male or female, who is a British subject and 21 years of age is qualified to vote on the referendum, subject to the usual restrictions as to residence in a district. The franchise for the referendum does not require assessment for either property or income, although old lists for which this was required may be used as a basis for beginning the work of compilation. Courts of Appeal will be held later for the revision of the lists.

fied to act as jurors.

CANDIDATES who were unsuccessful at the High School Entrance examinations are officially notified that they should consult their teachers as to the advisability of entering appeals to the entrance of the lists.

Herbert Eric Edwards, days at the home of the family.

Front street, on Saturday evening, August 2nd, aged 19 years, 9 months and 19 days. While in the harvest field a short time ago, deceased was prostrated by the intense heat of the sun and about a week ago his illness developed into a short time ago, deceased was prostrated by the intense heat of the sun and about a week ago his illness developed into a spinal meningitis which resulted in his death. He was born in Warwick township and came to live in Watford with his parents about ten years ago. His widowed mother, five brothers and two sisters, all at home, deeply mourn his taking off in the prime of young manhood. The funeral was held on Tuesday afternoon to the Watford cemetery, service being held at the house by Revs.

Tiffin and Sawers. The pallbearers were Alexander, Clayton and Clifford Edwards and Verne, Clarence and — Bryce.

SPECIAL clean up of summer goods at SWIFT'S.
HOWARD GORDON will be in Watford Friday.

SOLDIERS' DAY, WATFORD, Aug. 20. Reserve the date. FORD size guaranteed tires at \$17.00 up.

RAY MORNINGSTAR. THE aim of the American W. C. T. U. "no tobacco by 1924."

A SMALL boy's idea of greatness is to play ball in uniform. THREE things to cultivate - good books

good friends and good humor THERE is many a good wife who can't sing, play the piano or dance well.

ANOTHER yellow peril that the house-wife faces daily is the high cost of butter. Some people continue wrapped in themselves even during the hottest weather. S. STAPLEFORD & SON have had

striking sign painted on the north side of their produce building. AMONG the returned soldiers who arrived at Halitax on Monday on the S. S. Adriatic Pte. E. Watson of Watford is

THE copious showers this week were ust the thing the root crops and pastures needed and were also very acceptable to nousekeepers whose soft water supply has been low for some weeks.

Most women, given the choice, would oner plump for Paris than heaven, and would forego all their chances of celestial raiment in the next world for the certain-THERE is no statutory form for a will.

is not necessary that it should

igued and witnessed in the presence of a lawyer. It is legal to use a will form or a blank sheet of paper. The fewer and simpler the words used the better.

"How's your husband getting along, Mrs. Fogarty?" "Well, sometimes he's better and sometimes he's worse, but from the way he growls an' takes on whin he's better, Oi think he's better whin he's worse." whin he's worse,' THE remains of Miss Sarah Isabella

Smith of Galt were interred in the Wat-ford cemetery on Thursday last. She was the daughter of Mrs. Jacob Smith who was at one time a resident of Watford for a short time. THE victory spirit will dominate the Canadian National Exhibition this year, and the Dominion war trophies, the Canadian War Memorials, paintings, Grena-dier Guards Band, and German U-boat will furnish a real khaki background for

the event. The sale of the household effects of the late Mrs. John Bambridge were sold by auction on Saturday afternoon by Auctioneer Elliot, assisted by Auctioneer Brock. There was a good attendance and the proceeds were satisfactory.

The Marchioness of Queensbury was recently fined \$200 for selling sausages at 2 cents a lb. more than the control price. But that was in England. In Canada the profiteers get away with an excess profit many times greater and the control price. But that was in England. In Canada the profiteers get away with an excess profit many times greater and the control price. But that was in England. In Canada the profiteers get away with an excess profit many times greater and the control price. people have to stand for it. A little of the English law would tend to make Canada a more desirable place to live in for the mass of the population.

for the mass of the population.

Don't judge a man by his clothes. God made one and the tailor made the other. Don't judge a man by his family, for Cain belonged to a good family. Don't judge a man by the house he lives in, for the rat often inhabits the grander structure. When a man dies they who survive ask what property he leaves behind; the angel who bends over the dying man asks what good deeds he has sent before him.

sent before him.

"It's no use, I may as well give up."

"What's bothering you?" we ask, sympathetically. "I got started a few years ago on a whim of mine. I took a head of cabbage and crossed it with a white potato and grew eyes on it; then I crossed that with a corn-stalk, and grew ears on it; then I crossed that with a squash and grew a neck on it; then I crossed that with a squash and grew a neck on it; then I crossed that with a cocoanut and grew hair on it; but hanged if I can figure out what to do for a nose and mouth."

The Watterpry voters' LIST has been sent before him.

what to do for a nose and mouth."

THE WATFORD VOTERS' LIST has been printed and copies have been posted up in the post office and village clerk's office. Citizens are urged to examine the list to see that their names are correctly inserted, and if not take proceeding to have the omission or correction made. The list this year contains the names of 422 persons qualified to vote at municipal elections and 368 at elections to the legislative assembly. There are 123 men qualified to act as jurors.

fied to act as jurors. CANDIDATES who were unsuccessful at

No CHANGE in Watford markets. READ Hartman & McManus' ad in RING us up before six in the evening

prompt delivery next morn SWIFT'S. A WRECKED AIRPLANE found in a deep gully near Poughkeepsie. N. Y., is thought possibly to be that of Capt.

Mansell James. MR. R. N. MCKENZIE, of the High School staft. has resigned. He has accepted a position in Cobourg Collegiate

THE PRINCE OF WALES does not be long to the union. He will work on Labor Day laying the foundation stone of the new parliament buildings at

THE OLD BOYS' REUNION at Strathroy attracted a large crowd from Watford the first three days of this week, the 91st Band and the Mardi Gras being the drawing cards. They report the Reunion

a big success. THE story is told of an editor who died, being refused admission by Old Nick, who feared he would create dis-order in his kingdom by dunning delin-quent subscribers, of which bis habita-

tion was full.

When you hear a motor horn, make up your mind immediately what to do. Either stop or proceed, but do not hesitate. The chauffeur reads your intentions by the first move you make. If you then change your mind, an accident is very liable to result.

THE quarterly board of the Wattord Methodist Church at their regular meeting dealt generously with their pastor, Rev. A. C. Tiffin by increasing his salary extent of \$200, bringing it up to This is a splendid testimonial to the pastor's services and an evidence of generosity and zeal on behalf of the church, as this is the third time they have increased the salary in the past two years.

A Starlight Picnic will be held on th lawn of Robert Bryce, townline of Brooke and Wawick, ou Wednesday, Aug. 13. A game of Basketball will be played between the ladies of the 6th line and the adies of the 8th line. The Meekison Band of Strathroy will furnish the music.
Miss Muxworthy of Forest will be the
elocutionist and solos and instrumentals
will be given by other talent. An old fashioned supper will be served from 7.30 till 9 o'clock. Admission 25 and 40c.

PERSONAL

Miss Stella McIntyre, of London, was he guest of Mr. and Mrs. D. Roche. Prof. Gordon will be here to-day, Dr. F. D. Mathews, Toronto, was in

Mr. Cadwell, Guelph, spent Sunday at Mr. A. G. Brown's. Mrs. Armstrong, Toronto, is visiting her sister Mrs. Neil Bennett.

Miss Muriel Taylor is spending a weel vith friends in Port Huron

Mrs. (Dr.) Shirley, Pickering, called on Watford friends last week. Mrs. A. J. Collins, Burks Falls, is visiting her father, Reeve Johnston.

Mr. and Mrs. P. J. Dodds and family are taking a motor trip through Michigan. Mrs. Bruneau and daughter Helen. lpena, Mich., are visiting at Mrs. A. J.

Mrs. C. Palmer (nee May Miller) Regina, is a guest at T. Collins' thi week.

Dr. Norbert J. Roche, of Chicago, Ill., is visiting his parents, Mr. and Mrs. D. Mr. and Mrs. Chas. M. Roche and so

Norbert, have returned to their home in Nelson Hood has returned after spend

ng two weeks' vacation at his home in Dr. and Mrs. A. W. Harper, Manton, Mich., is visited relatives in Watford and vicinity this week.

Mrs. H. D. Galbraith and family, Drumbo, visited her sister, Mrs. W. M. Styles, last week.

Mrs. F. K. Mathews is spending a ouple of weeks with her parents at

Mr. J. D. Williamson, Toronto, spent Vednesday in Warwick and Watford alling on relatives and old friends.
Mrs. Wm. Teeple and daughter, Miss Jocelyn, of Melbourne, are spending a few days with relatives in Watford and Warwick.

Warwick. Mr. George Vicary, St. Thomas, motored here Sunday and spent the day with his cousins, Misses Isabel and Kate

Miss Verna Caughlin has returned to her home after spending a week's vaca-tion with Miss Gertrude Brown, 10th line, Brooke.

in Toronto reading examination papers and also in Pt. Hope visiting relatives, returned home on Monday evening.

Mr. and Mrs. Gerald H. Brown; Ottawa are visiting Mr. Brown's parents, Mr. and Mrs. A. G. Brown. They will spend month's vacation in this vicinity

Mr. Wm. Willoughby, of Ithaca, Mich., visited relatives in town this week. He returned home on Monday, his mother, Mrs. C. Willoughby accompanied him as far as Sarnia to visit her daughter.

SOLDIERS' DAY NOTES

Read the Soldiers' Day ad. on page 5.

Full list of sports and attractions will be issued in a few days.

Welcome, veterans. May your visit be most memorable one. The prizes for the athletic sports will ell worth contesting for.

Buy your flags and other decorations now before the stock is exhausted.

Prepare to look after your out-of-town friends. There will be many of them here.

If the weather proves fine Watford should see the largest crowd in its

Let there be no limit to our enthusiasm in welcoming the Soldiers and their Veteraus from all sections of the

warm welcome. Make a point to be present at the morning street parade and remain until

ounty will be here. Give one and all a

Baseball fans will see games worth while on the 20th. Games with a zip and punch in them. Don't miss either game

the last firework goes off.

Soldiers, the town is yours on the 20th. The key will be thrown down the well and an easy working latch string will hang handy.

The G. W. V. A. Band will be on hand early in the morning and a feast of choice music may be expected. The band music alone will be a treat.

Invitations to be the town's have been sent out by Secretary Stapleford to veteraus. It is to be hoped that they will all accept.

Now then, citizens, all together ! Let us put our shoulder to the wheel and make Soldiers' Day the greatest event in the history of the town

Lord French's report of the Ypres engagement says:-"The Canadian Saved the Situation." Let all remember this and do honor to our brave boys.

CHOP STUFF

The Wyoming Enterprise is taking a noliday this week. The new pickling factory at Wyoming

w busy putting down cucumbers. Wife (looking up from paper)—What's sinking fund, John? Hubby—Mine is. A Parkhill man has been sentenced to two months in jail for beating his wife. Seven farms changel hands in the

township of Camden in one day. The sun's rays reflected from a tin pail set fire to a house at Sandusky, Mich.
Twenty Petrolea citizens were fined \$1 and costs for neglecting to procure a dog

Fall wheat thrashed in the neighborof Petrolea yielded from 23 to 32 bushels to the acre.

Sarnia Labor Unions will hold a parade and program of athletic sports on Labor Day.

A black snake about six feet in length was killed by Geo. Cottrel at Thamesville last week. The airplane which made flights in Sarnia last week was damaged beyond repair at Wallaceburg.

R. E. LeSueur of Sarnia has been elected vice president of the National Associa-tion of Shoe Retailers. Most of the new fall wheat tested runs

slightly under standard, being somewhat shrunken on account of continued dry

Miss Georgie Davidson who has been | drought that farmers have cut green born for their cattle.

A black fox valued at over \$300, blonging to Dr. R. C. Coates of Thamesville, escaped from its pen and has not been seen since.

The Revere House, Alvinston, was slightly damaged by fire Monday of dast week. A spark from the kitchen fire caught the shingles,

An old-time camp meeting is in prog-ress on the Methodist grounds, Martha-ville, on Sunday, Aug. 3, 1919, and will continue during the month of August.

John Crab of Wyoning had his Ford car stolen while in Detroit last week, and can get no trace of it. Father Gnam also had an extra tire stolen in the same city. Parliament meets on Monday, September I. On the same day the Prince of Wales will lay the corner-stone of the tower of the new Parliament buildings.

There is no such food in the world as buttermilk. It is wholesome in youth, and in mature years and old age the enemy of rheumatism and a most valuable corrector of kidney diseases and kindred disorders.

On Monday last while sitting in a box

attached to a bicycle ridden by his brother O in, Roy, the four year old son of Mr. A. Patterson, of Bothwell, had the mitting the walk with such force that he broke his left Two young eagles were captured near Parkhill last week. The mother bird was evidently away hunting food for

them. The young birds are barely able to walk but cannot fly and must have fallen from their nest nearby. They are black with bald heads and measure five feet from tip to tip of their wings. Good but not bumper crops in Mani-toba, thirty or forty per cent of the average in Saskatchewan and twenty-five

per cent in Alberta. This is the summing

up regarding wheat prospects in the Western provinces as gathered by correspondents at all points. The demand for eggs in Great Britain both for immediate and fall shipment continues good. Canadian eggs are selling at a premium over United States product, which no doubt, is due to superior quality and uniformity of grades accordance to the Canadian tended.

ing to the Canadian standards. As a result of being trapped in a building, four valuable cows owned by H. Buck of Loughboro Lake died, while three others were found in a dying condition. The cattle had gone into an outhouse to escape the flies. They were there for nine or ten days, the cause ing that the wind blew the door shut. In conjunction with Washington and

New York medical men, Dr. Hastings, Toronto's medical health officer is of the opinion that the epidemic of influenza will again break out this winter. He is hopeful, however, that it will not and he advises the people not to become "panicky."

Eight head of cattle belonging to Foster Moffatt were killed by lightning in a pasture field near Holyrood a few nights ago. The loss is \$1,600. The cattle were all standing together near a fence when the bolt came. When discovered by their owner next day they were piled in an indescribable mass, burndle and eight week. 'panicky.

ed and disfigured. H. R. H. the Prince of Wales expressed the desire to Col. Barker some time ago in England to make an aerial flight with the Canadian Flying Corps on his visit to Toronto, when he comes to open the Canadian National Exhibition. He will be taken up by Col. Barker, who had several flights with the young prince in England. They will make their aerial inspection of the Exhibition Grounds in one of the surrendered German Fokker

machines. machines.

William McMahon, 19 years old, son of Gustus McMahon, farmer, lot 11, con. 1, Plympton, was drowned Sunday while swimming near the Island View Hotel at Ford. McMahon, an employe of the Calwell Sand & Gravel Co., with three fellow workers, left the sand boat, Ontario, anchored near the hotel, and went for a swim. According to the story of boy companions, McMahon was seized with cramps while in seven feet of water, and before they could go to his aid he drowned. The body was recovered.

James Smith, the moneyed vagrant, appeared in police court at Chatham on Tuesday and was fined \$9.50. He asked Ittesdayand was indee \$6.50. He assed to be allowed to go back to Harriston, his native town, and the request was gladly granted. He left town this afternoon. Smith is the man who traded in various articles and refused to buy his meals, although he had a considerable around of money in his reclear. amount of money in his pocket and a bank book showing a large balance to his credit.

Ralph Renaud, life saver at Bob Lo bath house, has rendered splendid service during his two years' experience there, and has by his promptness rendered aid in many cases which which the table. Mr. Clarence Cooke, Mr. Nilo Woods and Mr. Edson Smith of Detroit, are visiting at the home of Mr. and Mr. Walter Cooke, Sr.

Mr. George Harper and Dr. A. W. Harper spent several days this week in Toronto, visiting their mother and their sister, Mrs. (Dr.) Mathews.

Mr. and Mrs. H. Orme, Mr. Wallace Fowler and Mr. F. Martin motored from Hamilton and spent the week end at the home of Mr. and Mrs. Walter Cooke, Sr.

Mr. and Mrs. Walter Cooke, Sr.