

the fashionable follies ich apparent ease of known sorrow."

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delivered them. ot them.' ave had some good

pictures.

se. I won't pay."

-Wasp.

# inine Fancies and Home Circle Chat



#### EXTRAVAGANCE IN DRESS

S extravagance in dress wicked? A good deal of talk has been going on lately about extravagance in woman's dress. The money that is spent on one dress or hat, it is said, would feed several poor families for weeks. This sounds very terrible, but if we come to look into the matter carefully, we find the question of waste and luxury, and of spending and saving so very complex that one hesitates to condemn even the most extravagant spending off hand. Does luxury really injure the community? Saving," said the lady in the "Dolly Dialogues," depriving yourself of what you want now for fear mayn't have what you don't want forty years for Rather a back-handed compliment to saving? future for ourselves, or for those dependent on us vertheless, there is great moral virtue in saving, as S extravagance in dress wicked? A good

theless, there is great moral virtue in saving, as world knows and allows. It means discipline if-denial. Thrift is reckoned as one of the self-denial. Thrift is reckoned as one of the es. But is it so certain that luxury among those can afford to indulge in it is either sinful or afful? Take the case of a white satin dress. It bod enough for anybody's wear as it is, but the avagant woman will have it richly embroidered gold and silver, or smothered in the costliest. And why not, if she can afford to pay for a Every detail, every stitch and thread of the will have set money fixing. dress will have set money flying. The poor and the workers get their living out of the extravagance of

Think of it! Capital has been embarked, trades Think of it! Capital has been embarked, trades have grown up, armies of men and women, all employed in meeting the demands of rich people for the things that are called luxuries, superfluities, extravagances. Some of these may shock the timid, but travagances. Some of these may shock the timid, but if the demand were to be stopped, what would happen? Trade would be disorganized in a manner for which the increase of capital by saving would afford no remedy. It is all very easy to say the money saved should be given to the poor. Nothing is more difficult than giving money away so as to do good by it. Serious thinkers have discussed the "fallacy of saving." Wealth must be distributed. Expressed the distributed of the saving in some in some discussions. "fallacy of saving." Wealth must be distributed. Extravagance helps distribution, and in so far as it does so it is not only harmless, but beneficial. One thing may comfort the complaining. It is that a wealthy leisured class—a class that can afford to spend extravagantly if it likes—is is many ways a blessing, whether the spending consists in building more houses and palaces than are needed, in collecting costly gems and pictures, or in decking its women in sumptuous garments, does not greatly matter.

After all, beautiful dressing is an art. The world

would lose something of its grace and charm with-out it. Men have left off wearing picturesque and lovely clothes; really somebody must do it. Is extravagance in woman's dress so very wicked? The answer seems to be in the negative, always supposing the "extravagances" are fairly and squarely There is a bright side even to extravagant spend-

#### · 0 THE ART OF BEING A GOOD GUEST

One hears a great deal about good hosts and hostesses. "She is such a splendid hostess!" is by no means an unusual compliment. But the qualities of a good guest often go unrecognized. Yet, how important they are, how much the guest can contribute to the success of a party!

No doubt a kind heart, an unselfish wish to promote the comfort of others, lies at the root of those qualities which go to make the best host or guest. Without some such underlying motive, the pleasure each bestows on the other must lack a quality which while it is difficult to explain, never fails to make itself felt. At the same time good feeling alone will not serve. A certain knowledge of the ways of the world is desirable, though more, perhaps, in the hostess than in the guest.

world is desirable, though more, perhaps, in the hostess than in the guest.

I suppose we have all heard the saying "L'exactitude est la politesse des rois," but it does not follow that we all practice this politeness. In fact, many people—women chiefly, I fear—think it smart to be late little caring whether they keep everyone else waiting. I do not deny that there are entertainments—even some dinner parties—where it is unnecessary to be punctual, but it has always seemed to me the height of rudeness to carry these would-be smart ways to small parties in modest households, where to be a quarter of an hour late agitates the where to be a quarter of an hour late agitates the

Again, guests should suit their dress to their company—not that I mean by this that you should put on your oldest frock if you think the party you are going to is quiet and of no social importance. Quite the contrary, in fact. That is just the party where you should don your nicest, if not actually your smartest frock, as by so doing you are paying a delicate compliment to your hostess, as well as gaining for yourself the character of the well dressed woman. For women often overlook the fact that it is at the small party that their frocks show to the greatest

But above all things, the guest who wants to But above all things, the guest who wants to be an attractive and acceptable guest must look as if she is enjoying herself, even if the contrary be the case, for this is one of the special signs of the well-bred man or woman of the world. To look cross, or bored in society is quite unpardonable. The well-bred woman feels she owes it to her hostess to smile, talk, and be agreeable. We cannot all be witty or brilliant, but we can all talk, or listen, as necessity demands

with intelligence and apparent pleasure.

Guests on arriving should greet their hostess first, then if possible their host. At a large party it is not always necessary to take farewell of the hostess; but at a small party, and of course after luncheon, or dinner parties, this should always be done. I am cometimes ested whether it is correct when saving sometimes asked whether it is correct, when saying good-bye, to add a few words such as "We have had a charming party!" Personally I should only say to someone, I knew well, but, in any case, if words do not come spontaneously, they are better left

unsald.

To one's fellow guests, a bow to those one knows or has spoken to, is usually sufficient farewell. It is very "gauche" to make a tour of the room shaking hands with everyone.

# GOWS AND GOSSIP

The female form divine is a very changeable thing. Once upon a time it was considered most beautiful so we see it represented in the old Greek statues, and no doubt it was equally adorable with the pinched-in waist and ridiculous hips of "Good Queen Yet now, behold us in the autumn days of the present year striving in every means in our power to look as much like a hop pole as it is possible to

Some people think that in order to be fashionable we must be desperately thin. We must flee from the breakfast table after partaking of one cup of tea and the thinnest of dry toast, and we must certainly eachew the luncheon table forever. But, as a matter of fact, such ascetic diet is not necessary, and if we will encase our hips in the latest of Directoire stays, letting our waist be just as large as it pleases, so long as the contour below is of the reuired fashionable slimness.

Next we must avoid anything in the shape of a nching petiicoat, wearing either a pair of satin ulottes" or a soft satin petiicoat, as thin as a pocket handkerchief, fitting like a sheath over the hips, and provided with a deep kilting of satin. After this we may proceed to choose our gowns, with every hope that they will look as charming as the rest of the gowns the fashionable women of the moment are wearing. The newest thing in the tailoring world is the coat of plain cloth or fine tweed, made with a plaid, a check, or a striped skirt. The pat, as a rule catches up the darkest shade of the ancy material, and in some of the new shades of ue and green the effect of this combination is re markably successful. Many of the new coats fasten

with two buttons at the waistline and the skirts of the coats are exceedingly varied in length, but all the smartest are fairly long, and the newest models are cut with a square corner instead of the rounded cutaway effect, to which we have become so accustomed. The cutaway coat is, however, by no means extinct, and is to be seen in many very charming models; it is very suitable for wearing with a

reliable and able critic of women's clothes that there is; which is proved by the fact that the majority of the world renowned dressmaking firms are presided over by men.

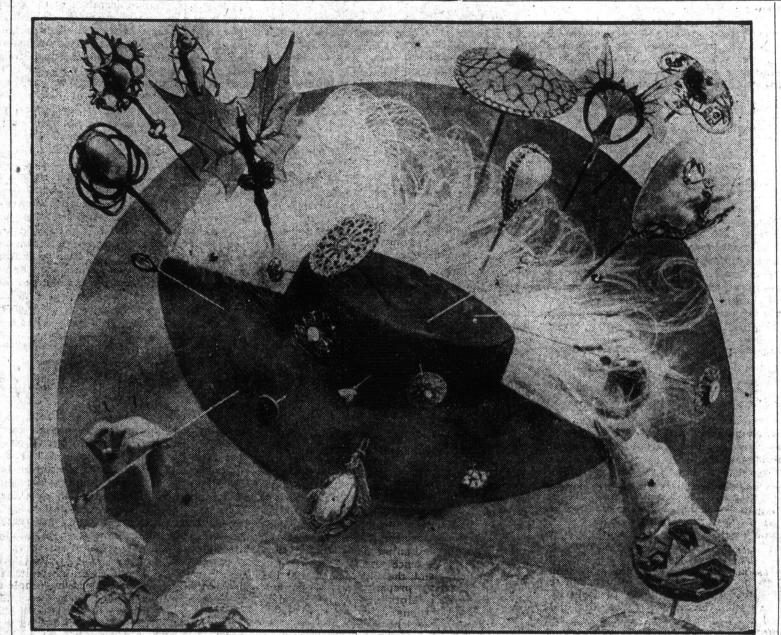
One of the best dressed girls I know, never dreams

of choosing a garment without first consulting her brother, and one frequently finds women who are dressed by their husbands.

With regard to styles, the severely built, either the talor-made suit or the princess type of gown-are smiled upon.

The picture frock is also approved of and admired so long as it is kept perfectly simple.

Some men object to zouaves. As one remarked:



AN ART COLLECTION CARRIED IN THE HAT

plain kilted skirt, and looks well in a knockabout suit. The faintly-striped tweeds and the new wave cheviots are used for the trotteur gown, and the ever-faithful blue serge trimmed with wide braiding down the breast seam, and with the edge of the coat almost invariably bound with one of the silky-looking braids of the hour, is always wearable. Never by any chance is anything but a short skirt chosen with this type of gown, and the long sleeved is quite de rigueur.

Turning to the smart tailor-made gown, there is limit to its interpretations, the cutaway Directoire coat showing a corslet skirt or a smart cross over satin waistcoat is seen side by side with the perfectly straight lines of the Louis Quinze coat, with the immense pockets and long, straight waistcoat of the period. Then a very graceful coat is made with a yoke of beautiful embroidered cloth, from which hangs a long, clinging skirt of plain cloth, and we see coats of grosgrain and ottoman silk made by the tailor, worn with long skirts of the finest suede and satin faced cloth. Nothing voluminous in the way of a coat can be said to be fashdonable, and whatever folds there are on the few draped models which are being pushed forward by one or two French houses, are more apparent than real. Coats and skirts of the very finest velveteen and velvet are items which are ordered for several of the autumn trousseaux; and plain black velvet coats trimmed with beautiful braiding have received a good deal of attention at the hands of some of the smartest designers. As regards the afternoon gown, there is a wide field of choice. No doubt whatever can be entertained but that the Princess gown is the dominant feature. Gowns of black crepe meteor are draped upon the bodice and skirt, while mat surface satin, in every possible shade, is also used for this becoming style. A smart bridge gown which I saw the other day was of plain brule cloth, which I saw the other day was of plain brule cloth, and consisted of a skirt which crossed over slightly upon the left-hand side; the bodice was almost entirely composed of net to match, and was elaborated with appliques of the cloth and mazes of silk stitchery, the sleeves and the chemisette being of tucked net. The inner vest was of cream-colored plain tulle, and round neckband one of the new stocked of soft male blue settle sibborate in the stocks of soft pale blue satin ribbon was tied with a bow which stood out at the back of the neck. a bow which stood out at the back of the neck. Cloth is provided in every quality this season, and it is quite as suitable to the house gown as it is to the out-of-door toilet. Altogether it should not be difficult to select something suitable not only to our complexion and figure, but also to our pocket. ---

# ARE MEN KEEN OBSERVERS?

Do men notice our clothes, are they keen observers in this respect? If any woman has a doubt as to the interest that mere men take in women's dress, she should have been at the Franco-British exhibition, held this year in London, and observed the dress section there. She would have found that not only were quite a large proportion of the visitors to this section men, but also that many of these had not even the excuse of accompanying a lady, but came alone or in couples to make a tour of inspection and admiration of the wonderful costumes on view there. The man who is totally indifferent to women's dress is very rare indeed, and even he who professes to the greatest unconcern probably does not guess hom much he is secretly influenced by the subtle harnony of a dainty frock.

Men's tastes vary as much as women's Men's tastes vary as much as women's.

Some men would seem to have been born with a rooted and inherent objection to any new fashion, be it becoming or otherwise, much to the chagrin of their wives. Others again note every passing change in the modes and will not tolerate a last year's hat. Again one man demands perpetual change, while another forms a special attachment for one gown, and would like his unfortunate spouse to pass the

mainder of her days in it! If a man has good taste however, he is the most

Almost all men love black. It is the rarest thing to find one who objects to it; but then his antipathy is violent, and he positively refuses to allow any of his relatives to be seen in it if he can possibly pre-

Grey is invariably dear to the masculine mind; and pink likewise proves alluring, while white is ir-



A Cosy Coat in Brown Scotch Tweed

"It looks as if you had run short of stuff!" In minor matters the observant man is the severest critic.

Shoes that are even the slightest bit trodden down at heel call forth his unsparing condemnation.

A skirt which is slightly frayed at the edge will not be tolerated for an instant, while a draggled petticoat goes very much against the wearer. This man is also a great stickler for suitability, that secret of good dressing, and considers himself positively ag-grieved at having to take a companion on the river in anything dark or inappropriate.

Most men have an aversion to imitation jewelry, though others who can afford it like to decorate their wives with trophies of their wealth in the shape of diamonds and pearls.

The man of good taste will, however, always give his vote in favor of one simple brooch; in fact if you want to dress to please your men friends, dear reader, you should take for your motto these two words, "Simplicity, and Suitability."

And never make the fatal mistake of thinking that the mere men do not observe, and criticise, for I

can assure that it is far from being the case!

#### \_\_\_\_ DAINTY LIGHT DISHES FOR ONE PERSON

I want this week to give one or two dainty and inexpensive dishes for the people who, by force of circumstances, are obliged to have a solitary meal, at the end of a long day's work, and I think the following little dishes will meet the requirements and the tastes of all such persons:

# Baked Eggs

These are very good.
Thinly slice a small onion and fry it a light brown in butter, adding a teaspoonful of French negar. Butter a small fireproof dish and cover the bottom with a layer of breadcrumbs and spread the

Break in as many eggs as the dish will hold without over-lapping.

Cover with fine breadcrumbs, and put some small bits of butter on the top. Bake for five or six minutes and then serve. Another nice variety of this dish can be made by substituting a little finely chopped chicken or veal

# Indian Kidneys

for the onions.

This dish is excellent, in fact it is quite a recherthe entree for a small dinner party, as well as being splendidly adapted for a nice little dish for one

Take any quantity of small sheeps' kidneys, as many as you require.

Fry an onion, a sliced apple, a carrot and some herbs in butter, dredge in curry powder to flavor and slowly add a little good stock.

Strain the sauce after it has cooked for about twenty minutes, set in a clean saucepan and thicken

with browned flour. with browned flour.

Place the kidneys in the sauce and let all stand at the side of the stove for twenty minutes, closely vered.

Serve on a border of chopped rice, and garnish intily with fried parsley. A little chutney added the sauce is rather an improvement.

# French Minced Beef

Chop three-quarters of a pound of raw beef steak very finely, and dredge it with flour. Put nearly half an ounce of butter into a saucepan, dissolve it, add the meat and beat well with a fork as it is frying.

Then add nearly a quarter of a pint of stock, a little minced onion and stir till it is just at boiling

point.

Then put the cover on the pan and let the contents simmer slowly for an hour.

Serve on a border of plain boiled rice nicely dried and put dainty crescents of toast on the meat.

resistible. As a rule, mixtures of colors are not approved.

Garnish prettily with beet cut into fancy shapes, and tiny croutes of tomato.

#### Cheese Potatoes

Cut three boiled potatoes into dice.

Make a sauce by melting half an ounce each of flour and butter together and pour slowly over them two tablespoonfuls of stock and a gill of milk.

Season with salt, pepper and two tablespoonfuls grated cheese.

Put a layer of potato in a baking dish, season it with pepper and salt, cover with sauce and so continue in layers till all is used, finish with a layer of grated cheese and breadcrumbs and brown to a beautiful golden shade in a very hot oven.

### Empress Rice

Wash two ounces of rice thoroughly and boil it in three-quarters of a pint of milk till it is quite tender and add half an ounce of butter.

Boil for a few minutes after the butter is put in and set on one side to cool.

Then add a beaten egg, butter a pie dish, put a layer of rice in it covering the sides neatly.

Season all with pepper and salt, then put in a layer of cheese, then another layer of rice and so on till the dish is full, finishing up with rice. Then bake in a steady oven for thirty minutes, and serve very hot, with brown bread and butter.

Savory Halibut Steak This is an excellent recipe for those who do not take meat on Fridays, as it is both appetizing and nourishing. Have a nice thick steak from a very fresh fish,

Have a nice thick steak from a very fresh hish, and wipe it thoroughly with a clean cloth.

Season it with pepper and salt and a little chopped and scalded onion and lay aside for an hour.

Make some breadcrumbs nice and savory.

Brush over the fish with beaten ekg, and dip into

Brush over the fish with beaten ekg, and dip into the breadcrumbs and fry a golden color.

Drain thoroughly in front of the fire.

Heat a gill of thick browned gravy, add to it a small teaspoonful of chopped capers, some chopped parsley and a grate of lemon peel.

Put the steak on a small hot dish, and garnish daintily with chopped parsley and capers.

Serve dainty toast with this.

#### Broiled Cod

This is another very dainty dish which will be much appreciated by all who like fish. Take some of the smallest cod you can obtain, the little "Tommy Cod" are the best, and open the fish by cutting down the back. Wash thoroughly in cold

cutting down the back. Wash thoroughly in cold water and dry in a clean cloth.

Rub a hot gridiron with greased paper and lay the fish on it over a clear fire. When brown on one side turn over to the other. Wash the parsley you are going to use in cold water, squeeze very dry in a cloth, chop finely and mix with a piece of butter on a plate using a knife, add to this a seasoning of pepper, salt and lemon juice. Put the fish on a hot dish and spread with this mixture, and serve very hot.

I hope these few hints may be of some use to my readers, several of them would make very nice little side dishes for a small dinner party, as well as being as I stated in the beginning specially suitable as

as I stated in the beginning specially suitable: as

## DISCIPLINE

Among the many cures continually brought forward for neurotic invalids someone suggests "discipline and duty," and it may almost be said that if life

line and duty," and it may almost be said that if life were dominated by these two factors there would be few, if indeed any, neurotic invalids.

Excessive development of the nervous system invariably springs chiefly from not having enough to do. It also, of course is brought on by over-excitement, aggravated by under-feeding.

A few years ago the majority ate too much, and too often, now a great many of us do not eat enough, and in our eagerness to return to the laws of nature only eat when we feel so inclined.

When people despise and ignore breakfast, they are in many instances too faint to enjoy luncheon.

are in many instances too faint to enjoy luncheon, and only revive after a cup or two of tea, while dinner is frequently cut short or omitted in favor of tennis, or even Bridge, though to do the Bridge-players justice, they mostly realise that their play is at its best when preceded by a good square meal!

It does not apparently occur to many people that the regular hours of meals, without which no house-

the regular hours of meals, without which no house-hold can possibly work smoothly and well, form part of the discipline of life. Impatience of restraint, is one of the signs of the times. It is chiefly respon-sible for the scarcity of good white servants. The girls of today, once emancipated from school expect to have all their evenings free. Most of them are now keep or education and school attendance is like keen on education, and school atten clockwork.

clockwork.

The wonder is that, after so many years of regular hours and habits they do not fall into the way of

carrying them on.

Perhaps it is in human nature to revolt a little, but surely there should be a reaction in favor of but surely there should be a reaction in favor of regularity after a few weeks or months of so-called The undisciplined human animal is capable of any

The undisciplined numan animal is capable of any sort of atrocity. Do we not see this in many coun-tries in the swarms of hooligans who make it dangerous in such places to even seek a cab after an en-And in the class of people who have no taste for rough-and-tumble, it is the go-as-you-please element that makes society so restless, and ultimately neu-

Duty is a word little heard of in this generation

and yet we are encircled by endless chains of duties from the cradle to the grave, and if we endeavor to shirk them, or if parents ignore them for their children, as may obten be seen, they recoil on the heads of the evaders and bring unnumbered troubles in

It is after school and college days that neuroticism egins. Those who enter on a career are seldom its ictims, because their mind is occupied and their mergies developed.

energies developed.

It is the young women who do not marry, or those to whom marriage fails to be a starting point for fresh duties, the young men who need not exert themselves, because their fathers have "made their pile," who swell the patient lists of fashionable doctors, and elicit the multitude of patent remedies warranted to build up "nervous" systems, and restore fingging energies. flagging energies.

The vast army of the undisciplined is perpetually being recruited by those who habitually leave duties undone, and this gives rise to the slackness that is fast becoming the characteristic of all the English-

speaking races, with no exceptions.

The saving clause is perhaps the enthusiasm for manly games that pervade all classes, and that is in very grave danger of sinking into an ignoble desire to win for the sake of the reward offered, and for that alone. To run, to wrestle, to play for the sake of the game is the wholesome and healthy attitude of mind and body.

and body.

Those who play best, work best, and what is work but the doing of our duty to ourselves, our neighbors and the world at large?

If there were no discipline in play it would be mere amusement, and that is the Primrose Path that does not lead to anywhere worth going to. Duty done brings a solid satisfaction quite unknown to those whose "nerves" are the bane of their existence, and incidentally the bane of everyone else's xistence, as well, and it is only discipline that strengthens the will power, and declines to allow life to be dominated by feelings and fancies instead of the "bien-etre" that accompanes a well-spent existence.

# A Fancy

A garden is a lovesome thing, God wot, Rose plot, Fringed pool, Ferned grot, The veriest school Of peace, and yet the fool
Maintains that God is not,
Not God in garden when the eye is cool?
Nay, but I have a sign;
"Tis very sure, He walks in mine.

-Thomas Edward Browne.