

Light, wholesome bread, with the tasty, golden-brown crust, baked in your own home - can you think of anything nicer?

# ROYAL YEAST CAKES

# The Mystery of Rutledge Hall "The Cloud With a Silver Lining"

Sidney told her gently, glossing over "And I shall tell him that there then's displeasure and her own no other land for me but that 'better inutterable sorrow which looked out Chrissie answered, sadly. "He will own to hers with her little hot hands, could know that he will once more and kissed her in silence with her dry, be able to take his place in the world urning lips; and had not Sidney free and unstained, the bitterness of ontrolled herself by a strong effort, death would be past!" he would have broken down in tears. "You will live to see it, dear,

As it was, she could not speak for hope," Sidney whispered, unable to trust her voice to speak in any other "Do you know, Chrissie," she said tone. "You will live to see it, and to t last, trying to speak playfully, that spend many happy years with him, I o great an invalid, I have trust. And now we will have some home from a fancy-ball tea, and tell them to bring in some of which I should have been literally wine and biscuits, and to get ready he shining light I wish I had come some more substantial refreshment,

to let you see my dress, dear-it was for Dr. Anderson will have come a ato let you see my dress, dear—it was for Dr. Anderson will nave come a fragile fingers seized Sidney's arm of view of the wife, because my ap that he was the third sweetheart she each others' hands and trying to find would believe it who saw those read The tea was brought; but, although

cheeks and bright eyes, though no both girls drank thirstily, as if their one will be at all surprised if a doc- lips were dry and parched, neither of ter should come to see you and spend them could eat anything. Sidney orsome time with you here. You would dered wine and biscuits, and desired not be surprised either, dear, would supper to be laid in the dining-room. in case Dr. Anderson, "who is com-

Christine looked at her in some ing from a distance," she said, quickbewilderment before she understood ly, "should require some refreshher meaning; then, realizing it, she, ment." even as Sidney had done, began to And then the two girls, with wildly beating hearts, sat waiting for nine

"Yes, a new clever doctor," Sidney o'clock to strike. Christine Greville went on, in her soft pathetic voice, struggling with the hysterical feeling who will do you good-so much good, which threatened now and again to hear! - and who wants to see you at overcome her, while Sidney, her own your best and brightest, and who will attention successfully distracted from oll you that there are many happy her personal troubles, tried to soothe years in store for you yet, and that, and calm her, holding her cold hand there are other lands besides England to the poor girl's throbbing temples, where people can be very happy, and supporting her in her arms in the Allenburys'



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of Frank in his disguise than any of the other servants, as, if anything appened to betray him; Bessie would seep the secret faithfully.

As the hour fixed for her brother's rrival drew near, Chrissia's excitement rose to fever-point. She could not keep still. Again and again she would leave her seat and drag her feeble steps across the room to the window, to look out into the night, to see if he were coming; and then, seeing the thick heavy snow which prevented any outlook, she would turn away shivering, and Sidney would support her, half swooning back to her seat. It was a pitcous, almost a terrible sight to see the poor girl's suffering and anxiety; and more than once Sidney regretted bitterly that she view, fearing, and with some justice, that her friend's strength would prove unequal to such a strain.

Very gently and tenderly she soothed her, hiding her own anxiety, and finding brave and cheerful words to keep up Chrissie's failing courage. Sidney's own suffering was teaching more patient, with a larger and wider sympathy for others, a truer tenderness, a greater charity. If the day should ever come when she and Stephen Daunt should stand heart to heart in true and perfect union and symathy-in that union and trust which

"Will mine never come?" shrulrhdh "Oh, Frank, where are you, ! wonder? Lost in the snow perhaps! ten minutes to the hour new; and, as for being lost in the snow that is an absurd idea, Chrissie, because no

doubt Frank will take a my from the

have sent him away," suggested the poor girl, in her agony of suspense. "Oh, no, dear! I gave Tom orders,

"But, oh, Sidney,"—and the little eyes were raisd eagerly to her face-"if he should be recognized-if-"

"Chrissie, is it likely that he would run that risk?" Sidney said, hurried- are times," she writes, "when I think ly pouring out some wine and forcing my husband cares more for his mother t through the pale lips, for the dread criticize her he always defends her and finds justification for her. He will her friend had expressed seemed to have deprived her of all her strength. pose yourself, you will only distress Frank terribly, and render yourself him as your duty is to-night."

"Cheer him? How can I?" (To be continued).



Wonderful. Progress

IAN has been reared from birth on the 'Allenburys' Foods and Never in her life-not even in the sorrow which was on its way to hersorrow so much greater than any she though he was very small when born he grew so rapidly that at the age of 7 months he was had yet known-did Sidney Daunt quite lose the recollection of that hour in which they waited. The stillness outside seemed intolerably oppressive Several of the servants had gone to Kenburus Lambswold to assist the household

her, and speaking words of comfort,

Very slowly the leaden-footed minu-

tes slipped by. The pretty Dresden

china clock ticked away merrily on

its bracket, the fire burned cheerily.

and the pretty china tiles reflected its

glow; the room, with its daintily

painted panels and satin-wood furni-

ture and ornaments, made a graceful

and charming picture. Outside the

there, the rest were snugly assembled

in the servants' hall, exempt from so

much of their usual service that they

were free to enjoy themselves after

omewhat anxious because of Sidney's

strange pallor and depression, and

who felt that there was stronger rea-

son than Chrissie's illness and Dr.

snow fell softly and ceaselessly.

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## SIDE TALKS.

By Ruth Cameron.

THE COMMONEST LOVE TRIANGLE.



mother-a the two ends.

cently about such a situation. "There

than he does for me, for whenever I

never admit that anything she does to

He Probably Defends The Absent.

I wonder if that proves anything.

Except perhaps that he is that rather

decent kind of man whose instinct is

to defend the person who is absent

and cannot defend himself or herself.

I shouldn't be a bit surprised if,

could she listen in when his mother

criticizes her, that wife would hear

her husband defending her in just the

same way he defends his mother when

It seems to me that in a case like

this, the greatest strength lies with

the party who does the least attack-

In the first place a man longs for

peace in his home and he can't help

feeling antagonism against the person who appears to be the aggressor

in disturbances that affect that peace.

Then again, the attacker generally shows herself in an ungracious and

unbeautiful light, and even if she has

had considerable provocation that

does not modify the light if the pre-

vovocation has not been open or any

thing that was personally annoying

A Pyrrhic Victory.

with a woman whose feelings have

been hurt (that is, unless he hurt

them himself) and if a wife flames up

and says sharp things to her mother-

in-law and the mother retires into

hurt silence, the real winner in that

battle is not the one left in possession

I once knew a woman who had a

very competent but very domineering

other-in-law living with her, one of

keen to do the same with their son's.

At first the wife used to protest vigorously to her husband against the

mother's domineering ways, but she

oon saw that she was losing his

So she adopted a new tack, she made

up her mind to so manoeuver things

Also a man generally sympathizes

she attacks her.

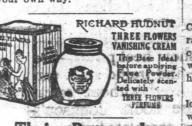
to the husband.

does take few times. It took takt and patience for a man and but she finally made circumstances his wife and his, speak for her, and also accomplished mother to live the even more heroic task of saying happily in one nothing herself. It worked. The next time she had occasion to resent one We are always of his mother's domineering acts he hearing of the knew how she felt and was on sher triangle 1 o v e side. But she never would have gotten

phrase is, I think the commoner tri- I have written this from the point

A Letter Friend has written me re- by criticism and nagging and com- during a gale.

way to strengthen your position. Let the other person do the unkind and ungracious things, if it's love and tenderness you're after, and not mere-



had lost at sea. The first, a minetactics are just as good for mothers, sweeper, was blown up during the war

#### Boys' Adventure

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RICHARD HUDNUT Castleford, Yorkshire, whose ages cued from old underground sand-

Grimsby trawler Cambodia, was themselves cheerful by singing "Yes! during a fog on the coast of Norway. | the way to go home." After a sleep the way out, but they discovered they too. Don't put yourself in the wrong and the second was washed overboard were going over the same ground

oss was discovered organised parties The fathers of two of the boys were in THE LONDON DIRECTORY CO., LT. the workings all night, and their mo- 25, Abchurch Lane, London, E.C.

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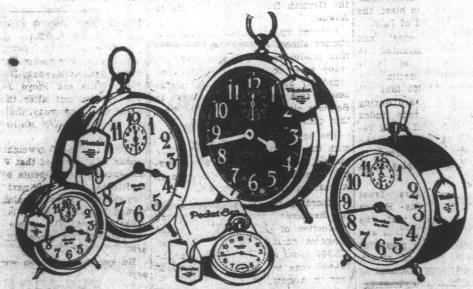
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