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RED CROSS LINE!

The S. S. ROSALIND will probably sail from New York on November 24th and from St. John's on December 2nd. Owing to the strict observance of the American Immigration Laws no person who cannot read and write will be issued a ticket for New York.

All passengers for New York MUST see the Doctor in person in the ship's saloon, one hour before sailing. Passports are not necessary for British subjects or United States citizens for either Halifax or New York.

For passage fares, freight rates, etc., apply to

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Slang Phrases and Sayings.

While a school is now a place of industry, it was not always thus. In fact, the word itself is derived from the Greek "scholē," meaning leisure. Possibly this arose from the fact that only people with leisure were able to attend school.

The old Grecian athletes were in the habit of stripping for exercise, and the competitors in the old Olympian games wore little if any clothing. Hence the word meaning naked has sprung into modern use as gymnasium, a place where one may exercise.

Incidentally the Grecian women were forbidden entrance to the stadium where the games were being held, because of the nudity of the competitors, and any woman found therein was thrown from the Tarpeian rock. Several exciting stories have been built around the efforts of a mother to enter the stadium to watch her son compete in some game or conflict.

No longer, as in olden days, does a woman retire to her boudoir to sulk, yet that seems to have been the original purpose of the room, for its name springs from the French verb, "bouder," to pout or be sulky.

When does the day begin? The Church holds that it begins at sunset, hence we have the eve of a feast-day; the Jews in their "sacred year" also hold that the day begins at sunset. The ancient Britons thought so, too, and from this practice we have the modern phrase, "fortnight." The Albanians, Chinese, Mohammedans, Italians, Austrians and Bohemians all hold this idea. Ancient Babylonians, Syrians and Persians thought it began at sunrise, as do the modern Greeks. Modern astronomers believe with the ancient Egyptians that the day begins at noon. Most modern nations including ourselves hold that the day begins at midnight, 1 a.m., being the first hour of the day.

There does not appear to be much connection between humming and humbug, yet both are believed to have sprung from the same word. To hum once signified to applaud, to pretend admiration, hence to cajole, to deceive, which gave rise to the old saying "it is all a hum." There is another and more ingenious derivation of the word humbug. It appears that James II. issued from the Irish mint a coin composed of lead, copper or brass. This was a sovereign, but was only worth two pence; after the Revolution it was worth about a half-penny. Now there is an Irish word "uim bog" pronounced um-bug, which means soft copper or worthless money. These false sovereigns were called uim bogs and in consequence sterling and "umbug," became expressive of merit and humbug.

Chaff refers to the throwing of chaff instead of bird-seed to allure birds, and consequently we get the phrase an old bird is not caught with chaff, that is a wise man, with all his wits about him, is not to be deluded by humbug. But "you are chaffing me," springs from an entirely different source. Here the reference is to the French word chaffeur to cook, chaff or vex, and the English expression still survives in the phrase to "roast" a person, which does not necessarily mean to cook him, although he may become heated.

Lenine's Message to British Reds.

The secret advice to British revolutionists which Sylvia Pankhurst is alleged to have brought from Lenine on her return from London to Petrograd, do not reveal much that was not already known about Bolshevik secret diplomacy. Lenine's original declaration that Sovietism in Russia could only be made a permanent success by the establishment of a similar system in other countries still stands, although Trotsky, in a recent utterance, claimed that the Bolshevik administration of Russia had receded from that position.

The gist of the instructions that Miss Pankhurst is alleged to have brought to the "Red" wing of the British Labor Party was that moderate labor leaders must be removed from office in that organization by lawful or unlawful means. It would perhaps be unfair to assume that Lenine, by the use of the phrase "unlawful" signified a crime. What he probably meant was that moderates should be excluded and expelled from office in all labor bodies, even though the rules and constitutions of such organizations had to be violated. There is no news in this. He has already excommunicated the moderates of Italy for compromising with capital. It is what the "Reds" have been attempting in every land ever since the Soviet Government attained real power in Petrograd, and sent forth its missionaries to all parts of the world.

In Canada we have seen Lenine's policies in operation for the past eighteen months at Winnipeg, Calgary, Edmonton, Toronto, Montreal and lesser centres. The efforts of the Leninites to exclude moderate labor leaders from office of any kind was carried on in the open this summer at the Convention of the American Federation of Labor in Montreal, and at the Can-

adian Trades Congress in Windsor. This internecine warfare against every moderate labor leader, however sincere, and however fruitful his past efforts in securing benefits for Labor, has been carried on in and out of season in every Trade Council in this country. There have been numerous local victories for the "Reds," but in almost every instance the moderate leaders have, in the end, defeated the revolutionaries.

From the outsider's standpoint the most striking fact about Lenine's international plan of campaign is its autocratic character. Moderate leaders are to be eliminated even though they represent a majority in their particular organizations, and though theoretically opposed to militarism. Lenine pledges himself that the "Red" armies of Russia will come to the assistance of any foreign group which succeeds in setting up Soviet rule on Russian lines. Labor is to be coerced into accepting Sovietism against its will, even if every tried and trusted representative of the cause is driven from its councils. This is the new democracy!—Saturday Night.

Carpentier Gets an Enthusiastic Welcome Home.

Paris.—Twenty thousand fans welcomed Georges Carpentier back to Paris on Saturday at Gare Saint Lazare. To escape them he had one of the toughest fights in his career. Long before the train had stopped hundreds had clambered on to the running board to try to shake his hand and when he appeared at the carriage door, the roof of the station was nearly raised by cheers.

Never in the history of Paris had such a reception been accorded anyone. Those who were foremost in the crowd lifted the boxer to their shoulders and tried to carry him through the crowd, but half a dozen times he was down and up again.

After a struggle of ten minutes his supporters managed to get him out of the crowd and into one of the waiting cars. The door was immediately shattered. Wood and glass went down with a crash and the mob surged in. Francois Descamps, Car-

pentier's manager, had to struggle the same as his champion. They were engulfed in the swirling maelstrom of humanity.

The tripple cordon of police that had been ordered to the station to keep order was swept away like one man. Carpentier himself needed all his strength to keep his feet and his temper. Even his immense hand must be sore from the shaking it got.

After half an hour's uproar he saved himself as cleverly as he has often done in the ring. As the crowd surged out of the stations gates with him in front, he seized the opportunity to shake himself clear and bolted. In twenty yards he had outdistanced everyone and flung himself onto the footboard of a moving taxicab. Then he turned and waved farewell to the howling crowd, and speeded home.

Almond croquettes are served with a celery sauce.

Home-made, but Has No Equal for Coughs

Makes a family supply of really dependable cough medicine. Easily prepared, and saves about \$2.

If you have a severe cough or chest cold accompanied with soreness, throat tickle, hoarseness, or difficulty breathing, or if your child wakes up during the night with cough and you want quick help, try this reliable old home-made cough remedy. Any druggist can supply you with 2½ ounces of Pinex. Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup, if desired. This recipe makes 16 ounces of really remarkable cough remedy. It tastes good, and in spite of its low cost, it can be depended upon to give quick and lasting relief.

You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

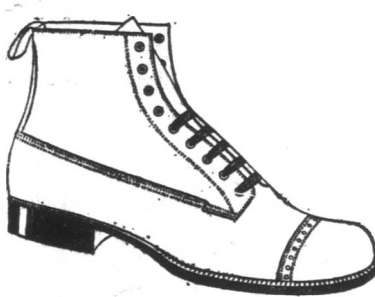
Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is probably the best known means of overcoming severe coughs, throat and chest colds. There are many worthless imitations of this mixture. To avoid disappointment, ask for "½ ounces of Pinex" with full directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

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What They Say.

Plato said, "Music is to the mind as air to the body."

A great military and civil commander said, "Let me make the songs of a nation and I care not who makes its laws."

The N.F.M.C. says, "We believe that music is a powerful curative for mental, moral and physical ills. This belief is attested by facts."

The Scripture tells us that Saul and David played the harp to charm away their ill humor and bodily ailments. To-day in many hospitals quiet music is being used for nervous troubles and bright music for melancholia. Many cases of memory loss were cured by the hearing of familiar melodies. Mr. Winship says: "Music is not a frill on the border of education, but it is that which puts the vital thrill into education." It is the long sought panacea for all ills, the sovereign alchemy that transmutes all base metals into gold, the divining rod that finds water where there isn't any, the weightiest argument against polygamy.

Furthermore: Music is color. It is hypnotism, it is spirit revelation, it is telepathy, it is the fourth dimension. It is conscience, it is the unmet tear and the unseen smile, the ineffable words that human lips were never known to speak, the sphynx, the cube root and ouija in one.

All this is well and good. It reassures us with regard to the poetry of our race. It proves imagination is keeping pace with the dollar. It establishes that we know something of analogy and hyperbole besides that which finds expression in the bartering of all stocks.

She Knew.

Here is a story the Archbishop of Canterbury is fond of telling about a visit he once made to a Sunday school.

A class of girls were going over the story of Solomon, and he asked: "Who was the great Queen who travelled so many miles to see the King?"

There was no response, so Dr. Davidson went on: "You surely must know; the name begins with an S."

At this hint a small hand was raised. "I know," said its owner, "the Queen of Spades."

Wit and Humour.

Sir P. Lloyd-Graeme, the new Parliamentary Secretary to the Board of Trade, is a man of ready wit, as the numerous stories about him abundantly prove.

On one occasion, for instance, an acquaintance of his who happens to be a staunch vegetarian stated in his presence that he declined even to eat eggs, giving as his reason that they "would turn into chickens."

"The kind of eggs I eat wouldn't," objected Sir Philip.

"Oh, what sort of eggs are those?" "Boiled eggs!"

Another time somebody said to him that labour troubles cropped up nowadays with the regularity of clockwork.

"Yes," was his quick reply, "they do seem to have the strike habit."

To serve with plum pudding make a simple cornstarch sauce and flavor with jam or jelly.



The answer of most fat people is that exercise and dieting is too hard, too troublesome and too dangerous a method to force the weight down. However, in Marmole Prescription Tablets, all these difficulties are overcome. They are absolutely harmless, entail no dieting or violent exercise, and have the added advantage of cheapness. One little tablet after each meal and at bedtime—as pleasant to eat as candy—will reduce your weight two, three or four pounds a week, and leave no bad results such as wrinkles or flabby skin. A good size box is sold by druggists at the reasonable price of one dollar, or if preferable they may be obtained by sending the amount to the Marmole Co., 64 Carleton Building, Detroit, Mich. They will reach you by mail, prepaid, in plain, sealed cover.

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