

Homestead Tea s carefully Selected.

The quality is uniform—rich—aromatic, in fact a well balanced tea that cannot fail to please the most exacting tea drinker.

HOMESTEAD TEA,
40c. lb.
For 5 lb. parcels 10 per cent discount.

Ex S. S. Digby:
New Cabbage,
California Oranges.

IRISH BUTTER—
"Enniskean" Brand, 1lb. blocks. Fresh supplies arriving weekly.

New Suitana Raisins, 12c lb
Evaporated Apples, 13c lb.
Jacobs' Cream Crackers,
½ lb. box, 25c. lb.
Libby's Whole Strawber-
ries in glass, 35c.
California Fruits in tins.

C. P. EAGAN,

Duckworth Street and Queen's Road.

A Home Vacation.

By RUTH CAMERON.



A neighbor of mine wants me to tell my reader friends about the summer vacation which she took last year.

For many years this family has taken a cottage at summer resort. Last year, for several reasons, this was impossible. "I was situated," said my neighbor, "and it seemed to me I couldn't go on with the work at home. You know it's not so hard at a summer cottage, because you live so much more simply. One night in June I was thinking it over rather bitterly, when the idea came to me—why not have a summer vacation at home? After all, there's nothing to prevent our living simply right here. Why not pretend it's a summer cottage, and live as if it were?"

"And so we did."

"In the first place, we went through the house and took out all the things we didn't really need, such as ornaments, some of the draperies and rugs and some of the furniture, and put them all together in a store-room upstairs. The children helped me and we pretended we were moving to our summer house, and made quite a game of it. You can't imagine how much simpler that made it to keep the house in order, and it was no more bare than a summer cottage."

"We used a great many paper dishes and napkins at camp, and so we did the same thing in our home vacation."

"Then at camp we never do much cooking. We buy our bread—you know you can get really just as good bread at a good baker's, and if you count your labor as worth anything, you can get it as cheap. We have

nicely boughten crackers instead of cake, and for dessert we almost always have some kind of fruit. I did all this at home, and in addition as a treat for the children I bought a small, convenient freezer and let them make simple ices or sherbets whenever they wanted."

"There are many more conveniences in my home than in a summer cottage, so altogether, I found the work decidedly easier than it would have been if we had gone away. Of course, I missed the change, and the worst thing was the children's disappointment. But I tried to make it up to them. Not having to pay cottage rent, my husband allowed me a little money for amusement, and once or twice a week I took the children on a picnic of some sort. Children get a lot of fun out of anticipation and to always have something like this to look forward to helped."

"Then, as I said before, I let them make ice cream whenever they wanted, and have little ice cream parties for their friends. Another thing which they always enjoyed was having lunch on the veranda. They were glad to do the extra work involved. Fortunately we have a large backyard, so I let them go barefoot, which they love to do."

"So, altogether, our summer wasn't at all the disappointment and failure it would have been if we hadn't made up our minds to have our vacation at home."

Needless to say I'm happy to pass along this little story. Part of the restfulness of life at the summer camp is that it is life stripped of its formalities and reduced to its lowest terms. A summer at home can be made a vacation at home, if we will only remember this fact.

Ruth Cameron

Newfoundlanders in Canada

U.S.A. and Panama, Preparing for Old Home Week and August Regatta.

The project of the Old Home Week excursion for this summer of July and August, has taken great hold on Newfoundlanders in Canada and even down to Texas. Our returning countrymen—2,000 in number by present estimate—hope to take part in your baseball tournaments, and do not see why your various districts cannot

send in crews for races. We hope the Nova Scotians and others will send oarsmen for Regatta Day.

J. T. BILSING.

More Fires.

Fires provoke immediate sympathy for the sufferers and also thankfulness for personal escape. Another thought should be whether one is personally and sufficiently protected? An insurance policy with Percie Johnson would provide for you this desired security and at small expense. Have you enough insurance?

200 Half Sacks P. E. I. Potatoes

FRESH SALMON from the West Coast. We have made arrangements for two shipments by express each week while the season lasts.

200 bags No. 1 BRAN.
200 bags P. E. I. BLACK OATS.
200 bags WHITE HOMINY FEED.
50 bags MOLASSINE.

CLARKE'S PORK & BEANS in Tomato Sauce.
CAMPBELL'S SOUPS, 12c. tin; \$1.30 doz.

FRESH Naples Walnuts, Shelled Walnuts, Shelled Almonds, Des. Coconut.

T. J. EDENS,

151 Duckworth Street, 112 Military Road.

State Capitals.

HARRISBURG, PA.
By GEORGE FITCH.

Author of "At Good Old Sitwah." Harrisburg was settled in 1791 on the wild frontier, 100 miles west of Philadelphia. There was a ferry across the Susquehanna River at this point in those days, but like the city, the river has grown greatly and is now so deep that it could not be waded by a graffe, thanks to the municipal dam.

In 1812 the capital of Pennsylvania was moved to Harrisburg, and the city as well as a distressingly large number of legislators began to become prosperous. However, Harrisburg did not lean as heavily on the capitol business as some American cities. It secured steel mills and lumber interests, and when the Pennsylvania railroad stretched its first tentacle across the state it established shops in the city. By reason of all these enterprises Harrisburg has become a place of 70,000 people and could thunder along in an imposing manner if it didn't have any capitol at all.

By reason of its capitol, however, Harrisburg has participated in a large amount of history. The famous Harrisburg convention, which started the first high tariff campaign, was held in Harrisburg in 1828. In 1839 Harrisburg outdid itself by holding a national political convention and nominating Harrison and Tyler. Since those days a good deal of political history has been written in the city, but most of the incidents have been quashed.

Harrisburg once adopted a celebrated plan of municipal reform, which included a Bicameral and other terrifying inventions, but the plan was not contagious and did not infect the legislature for many years.

Harrisburg is noted for its municipal enterprise which has led it to spend vast sums for improvements, and for its state capitol, which cost \$1,000,000 a few years ago. This capitol is one of the most beautiful white edifices in the world, and contains the reputations of the men who built it, said reputations having passed away shortly after its completion.

Many famous politicians have gotten their training in Harrisburg, and James Buchanan once lingered there long enough to persuade the legislature to send him to the Senate. Harrisburg is also the home of the greatest statesman who ever played ball in the National League—Governor John Tener.

A Bad Heart, Its Cause and Cure

Many, Firmly Convinced They Are Dying of Heart Trouble, Have Outwitted the Strongest Healers.

Sometimes you wake up at night, heart throbbing like a steam engine. Your breathing is short and irregular; pains shoot through the chest and abdomen, and cause horrible anxiety.

Your trouble isn't with the heart at all. These sensations are the outcome of indigestion, which has caused gas to form on the stomach and press against the heart.

Just read what happened to Isaac Maloux, of Belle River, Ont.:

"Three months ago I was a weak, sickly man. My appetite was poor, food fermented in my stomach. I had scur rising and indigestion. At night I would often weaken with gas in the stomach and heart palpitation."

"I consulted my doctor and used remedies that my friends advised. Nothing helped."

"One day I received a sample of Dr. Hamilton's Pills, and my cure commenced. To-day I have a vigorous appetite strong heart action, and no sign of indigestion. I feel younger and healthier than ever before."

"You druggist or storekeeper sells Dr. Hamilton's Pills, 25c. per box or five boxes for \$1.00. By mail from The Cataract Stone Co., Buffalo, N.Y., and Kingston, Canada."

Sagona With 14,000.

The S. S. Sagona, Capt. Kennedy, arrived from the northward last night with 14,000 seals, which were collected at the different harbours along the French Shore.

The ship left there in the early part of the month, and experienced much difficulty in forcing her way north, owing to the heavy Arctic ice so closely packed on the land.

On the way south the ice was still moving towards the shore, and it is expected that Green Bay is again blocked. Residents of the north say they have not seen such conditions for nearly thirty years.

After the Sagona's cargo is discharged the ship will enter the dry dock to be made ready for the season's coastal service.

OCEAN RACE.—The vessels Nellie M. Olinda and Dunure, fish laden, sailed yesterday for Brazil, the former for Bahia and the Olinda and Dunure for Pernambuco. An exciting ocean race will take place and the outcome of the contest will be awaited with interest.

MINARD'S LINIMENT CURES GARTHER IN COWS.

A Handsome Piece of Local Workmanship

The jewel which was presented to Mr. W. H. Goodland, by the Nfld. British Society on Empire Day, is now on exhibition at the Jewellery store of Mr. R. H. Trapnell, where it was made. It is made of gold, silver and enamel, in three sections, and is indeed a work of art. The clasp is in the shape of a semi-circle, surmounted by a heart scroll, in relief, enclosing the initials of the Society and Maltese crosses in enamel. From this is suspended an elaborate bar with the figure of an angel, delicately engraved and of exquisite beauty. Beneath this is the medallion, a masterpiece of relief engraving, a floral wreath enclosing the emblems of the Society—crossed Union Jacks and Coat-of-Arms in silver and enamel. The reverse side, bearing the inscription, is beautifully engraved, as follows:—

Presented to
W. H. GOODLAND
by the
Newfoundland British Society
to commemorate
his four years' services as
President
which was marked with
signal success.

Mr. Goodland's appreciation of the jewel may be seen by the following well-merited letter to Mr. Trapnell, which through the courtesy of the recipient, we give below:—

St. John's, May 27th, '14.
R. H. Trapnell, Esq.,
Jeweller and Optician.

Dear Sir,—I take this early opportunity of tendering my sincere thanks for the talent which has been displayed in the handsome jewel with which I have been presented by the Nfld. British Society. I may say I have seen many of the most beautiful designs in imported jewels, but none that I would take a preference to the one made by you. Consider it a triumph of the Jewellers and engravers art, a thing of beauty and a joy forever, and I congratulate you on the production of what is a classic and extremely appropriate specimen, reflecting as it does, the highest credit on the skill of yourself and staff.

Believe me, dear sir,
Yours sincerely,
W. H. GOODLAND, P.P.

The Evening Telegram also tenders its congratulations to all concerned, but especially Mr. Goodland, holder of this handsome treasure.



Indian War Story at the Nickel.

The Nickel Theatre last evening was well attended. The programme was a delightful one, and all present were pleased with it. The entertainments at the Nickel Theatre are increasing in popularity all the time, and each evening the building is well filled. The musical effects so ably executed by Mr. Joseph Ross and Miss Rigg contribute much to the success of the Nickel shows. The management has arranged another splendid performance for this evening. There will be a two-reel feature story entitled "The Cheyenne Massacre," which is said to be one of the best ever produced and presented by the Kalem Co. An extra big matinee is being arranged for the little ones to-morrow afternoon.

\$30 In Cash.

1. \$10 will be forwarded to the person sending us the largest number of words obtained from the words "Stafford's Liniment."
2. \$10 for the largest number obtained from the words "Stafford's Prescription A."
3. \$10 for the largest number obtained from the words "Stafford's Phoratox Cough Cure."

You will have a chance to win the \$30 if you follow out the conditions below:—

Conditions—All answers must be accompanied by either of the following:—

1. The outside green wrapper obtained from a bottle of Stafford's Liniment.
2. The words "Trial size" cut from the yellow cardboard box of Stafford's Prescription "A."
3. The word Phoratox from the white cardboard box of Stafford's Phoratox Cough Cure.

Either of these three things will do, so as to make your guess a bone fide one.

If you are not able to obtain either of these three preparations in your district, you can forward us (together with your answer) one of the following amounts:—

- 20 cents for Stafford's Liniment.
- 30 cents for Stafford's Prescription "A."
- 30 cents for Stafford's Phoratox Cough Cure.

If you want to try to win the \$30 prize you must purchase the 3 preparations.

On receipt of same we will forward the preparations you require by parcel post and your answer will be kept until the 30th day of July (1914) when we will publish the names of the winners.

In the event of two or more persons sending in the same number of words (and these being the highest ones) the one that we receive the first will win the prize.

The names of the Judges of this competition will be published at the same time as we publish the names of the winners.

SPECIAL NOTICE.—We are constantly receiving a numerous quantity of our Liniment circulars for the above competition, these do not count. It is the outside green wrapper that you must send us and not the inside circular.

Address all communications to
DR. F. STAFFORD & SON,
april 12, St. John's, Nfld.

DO NOT BUY

Before Getting Our Prices.
ANYTHING FOR THE FARM OR GARDEN.

Barbed Wire

Garden Tools

Steele Briggs' SEEDS

Garden Hose



Plows

Plain Wire

Lawn Mowers

Beverley SEEDS

Wire Fencing



A Further Big Shipment of Baby Carriages

has just arrived, all this Season's Models. We have Folding and Stationary Go-carts, Folding Runabouts, Pullman Sleepers, English Carriages on Cee Spring, etc. All are roomy and comfortable, and some models are built to seat two.

The Carriages are splendidly made and upholstered, they come in Wood, Wood with Cane Panels and Roll. All cane, varnished in various finishes. Have removable and reversible hoods of Leather and Cane, with detachable side curtains, and are upholstered in Leather, Corduroy, etc.

Price from \$2 25 to \$30.
U. S. Picture & Portrait Co.



WORKMEN!

We have just opened what you are looking for.

300 MEN'S FANCY SHIRTS. Value for 75c. 60c.
Selling at

150 MEN'S FANCY SHIRTS. Value for \$1.10. 90c.
Selling at

Three Specials in Men's Caps.

Best value in town.

40c., 55c., 65c.

Men's President Braces, 40c., 55c. pair

SEE OUR WINDOW.

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