

### Pale-Cheeked Girls Tired-Out Women Quickly Built Up

#### WONDERFUL RECORD MADE BY NEW BLOOD-FOOD REEEDY.

Pale people have pale blood. In other words the blood is watery and lacks red corpuscles. The stomach is wrong. Assimilation is poor and food is not changed into blood. Naturally the system is robbed of vitality, lacks strength and reconstructive power. Don't slip from vigor into weakness.

Don't allow the appetite to fail, but instead use Ferrozone.

You are bound to feel rejuvenated and strengthened at once.

Appetite is braced up, digestion is stimulated, vigor imparted to the stomach. Everything you eat is transformed into nutriment that supplies what your thin, weak system needs.

Vital life-giving blood that wakes your cheeks and dancing eyes—that's the kind that Ferrozone makes.

The strength and buoyancy that defies depression and tiredness, that's the sort you get with Ferrozone.

Every pale woman can transform her bleached-out appearance with Ferrozone.

Not only will it improve looks and spirits, but by rebuilding all weak vital organs, Ferrozone establishes a soundness of health that's surprising.

For women and girls who want to feel well, to look well, to be well, and stay well, nothing known in the annals of medicine is so certain as Ferrozone.

Won't you try Ferrozone? Concentrated cure in tablet form, that's Ferrozone, 50 cents per box or six boxes for \$2.50, at all dealers, or direct by mail from The Catarrh-zone Company, Kingston, Ont.

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## THE EWE AT LAMBING Plan to Build Citizens' Army

### Hints on Care of Both Mother and Lamb.

#### How to Help In Cases of Poor Delivery — A Good Ration for Ewes When Raising Lambs.

(Contributed by Ontario Department of Agriculture, Toronto.)

THE two main factors, contributing to a satisfactory lamb crop are the proper feeding and care of the sheep during the six months previous to lambing time together with care and detailed attention given to the flock during the lambing period. Plenty of exercise coupled with sufficient amount of the right kind of feed to maintain the ewes in good thriving condition will usually result in the birth of active rugged lambs, for which the mother will have a sufficient supply of milk. In practically every flock, no matter how well cared for, the attendant must be on hand frequently, day and night, during the period the lambs are arriving. A little attention at the proper time often results in the saving of not a few lambs.

Absolute dryness and freedom from draught are very essential for the flock at lambing time, and when the lambs are expected in March or even early April provision should be made for reasonable protection from the cold.

Wool balls in the stomach is often the cause of much loss in young lambs. This trouble as well as difficulty in getting the lambs to nurse may be avoided by clipping away all loose and dirty wool from around the udder and quarters of the ewes. It must be borne in mind that at this time the ewes, heavy in lamb, should be handled gently, otherwise serious loss may occur from ewes slipping their lambs.

Provision should be made for a few small pens located along the warmest side of the building. The ewe about to lamb is much safer separated from the main flock and in cases of difficult parturition, weak lambs, ewes discovering their lambs, and numerous other difficulties that may arise they can be looked after a great deal more satisfactorily when confined in small enclosures. It is not infrequently happens that a ewe has difficulty in delivering her lamb; this is more common in the case of young ewes with their first lamb. When the lamb has come forward far enough so that the nose and front feet are in sight and the head is unable to pass through the ewe should be assisted by gentle pulling on the forefeet. If this fails, insert the inside of the vagina with linsed oil; this has the effect of softening and allowing the opening to stretch, and will, unless the case is a very severe one, give relief. No section should be taken until it is reasonably certain some assistance is needed, and before investigating the hands should be perfectly clean and disinfected.

Lambs may be born weak and apparently lifeless, more particularly in case of difficult delivery. These may be revived by quick action on the part of the attendant. First remove the phlegm from the mouth, then hold the mouth open and blow gently a few times to start lung action. Next lay the lamb on its belly and gently beat it on the sides next to the heart just back of the shoulder.

A ewe may lose her lamb and still have a supply of milk. She may be given a lamb any one of three or an orphan lamb belonging to another ewe to raise. This may be accomplished by skinning the dead lamb and throwing the skin over the one to be adopted. A ewe may take to another lamb when held and the lamb allowed to suck. Especially is this true where a ewe has a full flow of milk.

When a lamb is born during a cold spell it may become so thoroughly chilled as to require attention. Place the lamb in hot water until well warmed, rub dry, then wrap in a cloth and place beside a fire until restored. A little warm milk taken from the mother should be given as soon as the lamb will take it. A few drops of whiskey in a little warm water may often prove beneficial.

Ewes, like dairy cattle, vary a great deal in the amount of milk given. In case of single lambs the mother may have more milk than the lamb will take for a week or more, the lambs may be nursing on one side only and the other side will become inflamed and caked. Either hold the ewe and allow another lamb to nurse or milk out. In case the udder has become hard bathe with hot water for five minutes with a woollen cloth, dry thoroughly and apply (warm) pure melted hog's lard.

Ewes should be fed sparingly, especially of grain, for a few days after lambing, as soon as they are safely over the effects of lambing they should be gradually brought up to full feed. Clover or alfalfa hay, together with a grain ration of oats and bran should give results. If roots of good healthy silage is available they will supply succulence and add variety to the ration.

All lambs should be docked and the male lambs, other than those intended for breeding purposes, castrated at from ten days to two weeks' old.

Following is a good ration for ewes when raising lambs:—

- Oats, eight parts.
  - Barley, four parts.
  - Oil cake, one part.
  - Roots, four to six pounds per day.
  - Good hay.
- Lambs started on 1/4 pound per day will give a good account of the feed consumed.—Percy Sackville, O. A. College, Guelph.

A laying hen requires grain, meat or milk as well as green food during the winter months.

More than five hundred cases of flu have been reported to the medical officer of health for the border district of Windsor.

## 3,000 Are Sure Of Sea Voyage

### WASHINGTON, Jan. 27.—Approximately three thousand of the three thousand six hundred aliens taken into custody during the recent nation-wide round-ups of radicals are "perfect" cases for deportation, as a result of Secretary Wilson's decision that the Communist and Communist Labor Parties are revolutionary within the meaning of the deportation law. J. D. Hoover, special assistant to Attorney-General Palmer, in charge of the prosecutions, said yesterday.

Such cases are perfect, Mr. Hoover said, in that it will be necessary only for agents of the Department of Justice to present the alien's membership card in either party to make out proof of deportation.

In cases of the other five or six hundred aliens whose membership cards were not seized at the time of the raids, Mr. Hoover said it was believed their membership could be proved by other evidence.

While about three-fourth of the

## Citizens' Army

### Bill Before U. S. Senate Providing for Military Training of Youth.

WASHINGTON, Jan. 27.—By vote of nine to five the Senate Military Committee today approved provisions providing compulsory military training for the boys between 18 and 21 years, inclusive, and ordered a favorable report on the Army Reorganization Bill.

As finally agreed upon the bill is virtually the same as reported by the sub-committee, but is radically different from the Reorganization Bill submitted by the War Department to Congress. In addition to training, the bill provides for the establishment of a citizen army to be divided into a citizen army to be composed of men who have received the compulsory training, a standing army consisting of 200,000 enlisted men and 15,000 officers, and National Guards.

Specific provision is made in the bill that the citizen army can not be called to the colors except in case of a declaration of war.

## WATER LINES LOOK FOR ANOTHER BIG PASSENGER SEASON

BUFFALO, Jan. 25.—John F. Condon, general passenger agent of the Great Lakes Transit Corporation, was elected president of the Great Lakes committee at its meeting in Montreal last week, and A. E. Storey, Grand Freight rate clerk at Montreal, was re-elected secretary. Mr. Condon was president of the committee three years ago, and F. W. Milton of the C. & E. line was president in 1919.

All the water passenger lines of the United States and Canada were represented at the meeting and the business sessions were of a strenuous character. The unanimous opinion prevailed that next season would see big water travel.

Nathaniel Robbins, the multi-millionaire forwarding agent of Grand Haven, Mich., who practically owns the waterfront at that port, was principal entertainer at the Montreal meeting, and according to the G. P. A.'s who have returned, he not only proved to be a wonderful host, but a "prince of good fellows." He is a warm personal friend of Park Robbins, Chicago general agent for the Goodrich Transportation company, although not a blood relative.

## STORM HITS WINNIPEG; COLD AGAIN IN WEST

WINNIPEG, Jan. 27.—With north wind at 15 miles an hour, and a heavy snowstorm, street car traffic was badly hampered here yesterday; many persons living in the suburbs were forced to walk to work. The temperature during the day was only four below zero, the highest in the three prairie provinces. At night the mercury fell again.

Snow was reported from many points throughout the west; the temperatures are considerably lower. Edmonton reported 30 below zero, Calgary, 26; Cuthbert, 25; Saskatoon, 24 Regina, 22; and Medicine Hat 22.

Samuel Gompers, president of the A.F. of L., was seventy years old yesterday.

The Indian government has prohibited enemy aliens from entering India.

The Allied Naval Commission which visited Kiel found complete inactivity at the dockyards there. Only two cruisers and four destroyers were in commission.

## End Your Catarrh To-day

Catarrh sufferers, meaning those with colds, sore throat, bronchial trouble, etc., can all be cured right at home by inhaling Catarrhazone. In using Catarrhazone you don't take medicine into the stomach—you just breathe a healing piney vapor direct to the lungs and air passages.

The purest balsams and the greatest antiseptics are thus sent to every spot where catarrhal trouble exists—germs are killed, foul secretions are destroyed, nature is given a chance and cure comes quickly.

Colds and throat troubles can't last if the pure healing vapor of Catarrhazone is breathed—sneezing and coughing cease at once, because irritation is removed.

Use Catarrhazone to prevent—keep it to cure your winter ills—it's pleasant, safe and guaranteed in every case.

## NO WHISKEY DIRECT FROM DISTILLERS

Buffalo opened in Buffalo to accept of orders from Ontario have closed up. The chief reason is that they are violating the postal mail order regulations of the United States, which prohibits the sending of literature, post and money orders of currency through the mail for the purchase of liquor. The second reason is that the Canadian distillers to whom these orders were forwarded for filling have refused to accept orders from firms which would not keep the liquor in stock. Keeping liquor in stock in Buffalo is against the law.

Rev. Canon Daw who has preached on more than one occasion in St. Catharines has resigned as rector of the Church of Assension, Hamilton. He will be assigned to lighter duties.

## SAYS EXHAUSTED TRAPPER WAS KILLED BY HIS DOG

The Pas, Man., Jan. 27.—J. F. Egan, a trapper, who became lost in the snow, was killed by his dog after he had been overcome by cold and exhaustion, according to the theory of Jack Ford, his partner, who carried the news of his tragic end to the Pas.

Egan, according to Ford, had been missed from their shack at North Indian Lake for four days, when he started to search for him. He found the body twenty-five miles away, with the body of the husky nearby. The head had been eaten from the body by the ravenous dog.

The dead man is a returned soldier from Ottawa.

Daniel MacLean, forty-six years of age, a former member of the 186th overseas battalion, died at Glace Bay hospital, N.S., following a severe beating.

## WOODS' PHOSPHODINE

The Great English Preparation. Tones and invigorates the whole nervous system, makes new blood, cures old venous. Used for Nervous Debility, Mental and Brain Worry, Dependancy, Loss of Energy, Fatigue of the Heart, Failing Memory. Price 25¢ per box, six for \$1.25. Sold by all druggists, or mailed to you on receipt of order. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT.

## HEAD STUFFED FROM CATARRH OR A COLD

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more yawning, sneezing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or catarrh.

A SNAP—\$300 will buy my nice building lot, or will exchange for auto in good condition. Lot 35x111 feet. No. 2 Sunnyside Garden, Facer street Clear deeds. Address KNOWLES

28 Cameron Avenue, Windsor, Ont.

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## SAVE MAKE CANADA SECURE

Aliens taken in the raids were Russians, many other nationalities were among the number, including Germans, Austrians, Hungarians, Lithuanians, Letts, Finns and Chinese.



## Coming Events Cast Their Shadows Before

Not since the pre-Confederation days has the political life of Canada been surcharged with so much uncertainty. Great events in Canadian politics are about to take place. The reorganizing and rehabilitating of great political parties is in progress. New leaders are appearing. The order is changing. All things are becoming new.

THE next two years will be a momentous period in the political life of the country. Reconstruction is a greater task than Confederation.

How will you take your place in the affairs of the nation? What opinions will you form? How will you cast your ballot intelligently if you do not keep in touch and inform yourself on the great questions of the day by reading a daily newspaper national in viewpoint and international in scope?

This is the task and responsibility of The Globe—to give all the news, progressive views, and space for opposing opinions. Such was the threefold purpose of George Brown. His ideal was a Great Family Newspaper with a place in every home. That is The Globe's ideal to-day.

It is not a party organ, but a medium for the development of public opinion and an advocate of reform. It is the servant of the people from whose needs it draws its inspiration.

To be informed of the progress of events, you should avail yourself of The Globe's great news gathering organization. For an analysis of these developments, and clear, sober thought upon them, read its editorial discussions from day to day. They are written by close students of economics, politics, industry, commerce, social reform and religion.

And further, what The Globe has been in the past is a sure guarantee of what it will be in the future. The personality and ambitions of its founder ever dominate the activities of its publishers.

Therefore, nothing will be left undone to make The Globe the newspaper that George Brown would have it be and to earn a place for it in every Canadian home.

# The Globe

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