

To The Wife

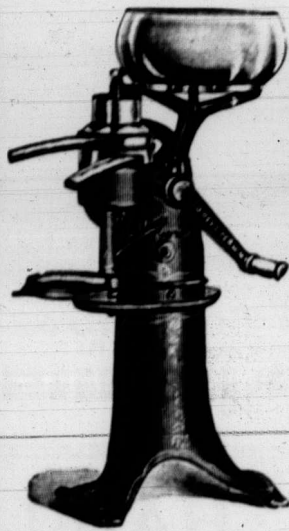
Madam: Are you coming to town for the Exhibition? If so you will need some money. Why not ship your produce now while the market is good and the prices high.

LIVE HENS

(Not necessarily laying) Per lb. 15c
 Roosters " 13c
 Turkeys " 17c
 Ducks " 17c
 Butter, No. 1, tubs or bricks " 21c
 Butter, No. 2, tubs or bricks " 18c
 Dressed Veal: current market price
 Prices f.o.b. Winnipeg. Cash sent immediately on receipt of goods. Poultry crates furnished on request.

Golden Star Fruit and Produce Co.
 108 Lusted Street, Winnipeg

HERE'S THE NEW GALLOWAY SANITARY CREAM SEPARATOR



Every
One
Made in
My
Own
Factory
Big
Capacity
Most
Modern
Separator
Built
Try it
FREE
90
Days
Easiest
Running
Self
Oiling

My competitors say, "It has everything in the world backed up the board." "Never saw anything like it." "It's the top-notch of separator history."

Here's what the farmers say. "The Galloway gets it all." "Easiest running separator I ever turned." "My wife is delighted with it." "Galloway this time you certainly got the right idea."

Here are the Fine Points of the Galloway Separator

No Corners—Absolutely Sanitary—Tank cleans like a teacup—All metal, non-vibrating—Neck bearing, absolutely new and perfect—New triple slant cut gears—Easy running—Low down tank—Crank just the right height—Every gear runs in a bath of oil.

You see a Galloway separator means a saving. Own one; and you can do it without risk, for you can try it for 90 days on your own place, don't keep it if you don't like it.

Write me to-day for my astonishing price on this new machine.

THE WM. GALLOWAY CO.
 OF CANADA, LTD.
 Dept. G. G. 3
 Winnipeg - Canada



IF YOU USE THE I.X.L. VACUUM WASHER

Price, \$3.50
 Washes Anything and Everything from a Horse-Blanket and Overalls to the Finest Laces without Injury

Coupon Below Saves You \$2.00

Washes a Full Tub of Clothes in 3 Minutes Perfectly
 Not Only Washes But Rinses and Blues

SENT UNDER A MONEY-BACK GUARANTEE

GRAIN GROWERS' GUIDE COUPON

Cut out and mail coupon and your name and address with \$1.50 to Dominion Utilities Manufacturing Co., Ltd., 462½ Main Street, Winnipeg, Man., and you will receive One I.X.L. VACUUM WASHER. All charges prepaid anywhere in Canada on condition that your money is to be refunded if the Washer does not do all that is claimed.

Sunshine

The Grain Growers' Sunshine Guild

NEWS OF THE WEEK

I sent the address of Plain View to the first kind friend who signified her ability and willingness to send her a go-cart so the others who offered one will understand why they have not received further directions for sending it.

If Lizzie Farmer will send me her name and address I will forward her some letters that are waiting here for her.

Someone wanted to know where they could get a tape girdle corset. I believe that Fairweather and Co., Ltd., 297 Portage Ave., Winnipeg, sell them at fifty cents each.

I am rejoiced when I get letters from women who, having to support themselves and one or two children undertake it courageously and independently. I had such a letter the other day from a woman whose talent is her ability to do housework. She was considering taking a course in Domestic Science in order to increase her efficiency and, incidentally, her earning power. She does not intend to sit down and whine because she has to become the breadwinner, as we have all known women to do. Instead she is trying to think out ways of becoming a more effective breadwinner for herself and her little girl. I have a profound respect for women of this type.

I was especially glad that she thought of taking up Domestic Science because it is such a neglected profession. For too many years we have been assuming that anybody who knows anything knows enough to keep house. It is only very recently that it has been raised to the dignity of a profession and it has not nearly come into its own as yet.

FRANCIS MARION BEYNON.

FINDS TRUTH BOOKS GREAT HELP

Dear Miss Beynon,—I look forward to The Guide each week and read Sunshine, Country Home Makers and Young Canadian Club first of all.

I received your booklet some time ago, and it was a great help to me as I have two children and as we live on a farm they see so much of nature that they are asking all kinds of questions, and I am going step by step, first the flower, then the egg, the calf and so on, and I am having no difficulty at all in revealing God's wonderful plan of nature.

I find that if I rub vinegar on my hands and let it dry in, before hanging out the clothes on washday they are just as smooth when finished as before I began and you don't feel the effects of the cold.

Days that I wash my floors I always put about half a teaspoon of carbolic acid in the water, it freshens up the house.

My recipe for washing wool toques, mufflers, blankets, etc., is: To one pail of soft water add two teaspoonfuls of borax and quarter of a five cent bar of Castile soap jellied. Soak garments over night in water, press out in the morning. If any spot resists rub more soap on and rinse in water same temperature.

When I have a cake ready for the oven I always take a knife and hit the cake pan on the bottom two or three hard taps. This breaks the air bubbles and your cake does not fall. Wishing the editress and the Sunshine Page every success, I will sign myself,

F. E. L.

P.S.—I have two or three patterns I might send Molly if I had her address. Enclosed find 10 cents for "The Most Beautiful Story in the World."

If anyone who would like anything forwarded to a reader would send it to me in a plain stamped wrapper I would gladly pass it on, but I cannot undertake to send out addresses.—F.M.B.

A BUDGET OF HINTS

Dear Miss Beynon:—I enjoy reading the Sunshine page and thought I would send a few hints.

For Buttering Cracker Crumbs—Allow from one-fourth to one-third cupful of melted butter to each cup of crumbs. Stir lightly with fork in mixing that

crumbs may be evenly coated and light rather than compact.

To Remove Stains from Cotton Goods wash in alcohol.

Tumblers which have contained milk should be rinsed in cold water before putting in hot water.

To Extract Juice from Onions—Cut a slice from the root end of an onion, draw back the skin and press onion on a coarse grater, working in a rotary motion.

To Clean Piano Keys—Rub over with alcohol.

As my letter is getting long I will close, hoping these few hints will help. Would anyone tell me a way to bleach dark skin? Will sign myself,

DELLA.

I hope, Della, that you simply mean to remove the tan, for no one who is born with dark skin is wise to try to change the color of it, since nature has arranged the hair and eyes and teeth in the correct shades to go with a dark skin and they would look very strange with a fair one. To remove tan wash face and hands as often as you can in buttermilk or sour milk and at night rub oatmeal over the face. To have a really good complexion take a nightly bath and spend an hour or two in the dewy morning working in your garden.

F.M.B.

Hopefulness puts energy into the muscles, clears dim eyes, steadies tired nerves, and fits one to do the most and the best of which he is capable. On the other hand, despondency just as certainly saps nerve force and weakens muscles.—Harold.

NOTE—Ten days to two weeks must be allowed for the forwarding of patterns.



ATTRACTIVE GARMENTS FOR ALL OCCASIONS

7464—Semi-Princess Dress for Misses and Small Women, 16 and 18 years. 4½ yards 36 inches wide, with 1½ yards of lace to finish as shown in front view, for 16 year size.

7601—Semi-Princess Dress in Tunic Effect, for Misses and Small Women, 16 and 18 years. With Long or Elbow Sleeves. 3½ yards 36 inches wide, with 1½ yards 27 inches wide for panels and lower portion of skirt, 1½ yards of lace for sleeve frills, for 16 year size.

7354—Blouse with Vestee, 34 to 42 bust. With Three-Quarter Sleeves and Cuffs or Plain Elbow Sleeves. 1½ yards 36 inches wide, with ½ yard 18 inches wide for yoke and collar, ¾ yard 21 for vestee and 9 yards of banding, for medium size.

7553—Two-Piece Skirt with Side Panels and V-Shape, 22 to 30 waist. With High or Natural Waist Line. 2½ yards 36 inches wide, with 1½ yards any width for panels, for medium size.

7342—Girl's Dress, 4 to 8 years. 583 and 417 Embroidery Patterns. 2½ yards 36 inches wide, with ½ yard 27 for the trimming, for 6 year size.

7595—Child's Pointed Yoke Dress, 1, 2 and 4 years. 2 yards of material 36 inches wide, with ¾ yards of insertion, 1 yard of edging to make as shown, for 2 year size.

The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

Note—Everyone sending in for patterns is requested to send the number of pattern and the size. This is absolutely necessary to insure satisfactory service. All patterns are ten cents each.

About That Picnic!

You can make it more attractive; you can make it more entertaining; you can make it educational, by securing F. J. DIXON to speak on the subject of

DIRECT LEGISLATION

THE INITIATIVE, REFERENDUM AND RECALL

Picnic or no picnic, Mr. Dixon is ready for the road and every Branch of the Manitoba Grain Growers' Association, which has not been addressed by him this year should arrange a meeting for the purpose of securing up-to-date information about Direct Legislation. You can secure Mr. Dixon's services free of charge by writing to the Secretary of the Direct Legislation League of Manitoba, 253 Chambers of Commerce, Winnipeg.

Write soon if you wish to arrange a meeting.

It's A Pleasure To Do The Churning

with Maxwell's "Favourite". The roller bearings—and easy Foot and Lever Drive enable you to bring the butter without an effort.

Maxwell's is the finest butter maker in the world—and the best made, the strongest, the most satisfactory churn on the market. The proof is in the fact that more of these churns are sold in Canada than all other kinds combined.

Ask your dealer or write for catalogue.



David Maxwell & Sons, St. Marys, Ont.
 Western Representative:
 Joe A. McEwen
 603 Union Bank Bldg., Winnipeg.

MAXWELL'S
 FAVORITE CHURN

Buy from the Factory

Here's a chance for you to buy your range from the factory and save 30%—to buy it on easy terms and to get the very range

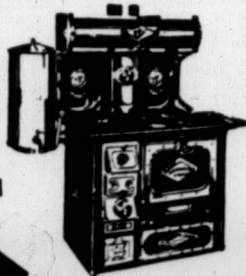
you would choose, even if you had to pay the retail price.

Our free book shows you exactly what the range is like. It describes each point clearly, and we guarantee our range to be just as represented.

You might as well save the retail profit. Mail the coupon to-day.

Dominion Pride Range

Polished steel body—unbreakable doors and castings—beautifully nickelled



Cash or Credit

We Pay Freight

Canada
 Mail'able &
 Steel Range Mfg.
 Co., Limited, Oshawa.
 Please send Book.

Name

Address

HURRY

By the great pile on my desk of the Y stories as animal or experience

See who send in a them. R should be one side

Any bo of age m

Please or one of story is y given is c

So put Canucks, can't writ one of th we are giv

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Write y and today

Address Grain Gro

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