

Board of Education, 1904.
VOTE FOR
Thomas L. Church
 (School Trustee for 6 years.)
Conserve Our Public Schools.

rapidly along, she tried to keep up with me. We men are so thoughtless. How she did talk as she trotted along by my side! She could not keep the pace, however, that was being set for her, and presently, fearing lest I should leave her, said, "Won't you take my hand?" It was cold. She had no mittens. Soon, through our thoughtlessness, she was almost pushed into a pool of water. She had no rubbers. Father was out of work. How she held on to my hand, determined not to let go! What questions she asked! I shall never forget them. "Are you a doctor?" she said, looking at the bag which I carried under my arm. She knew I was not a doctor, but she must have something to talk about, lest I should let go her hand and leave her. Presently, looking at my hat, she said, "That's a nice hat you have on. That's what



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who has found it necessary or desirable to mortgage the home is enabled by means of life insurance to be certain of leaving the necessary funds with which to pay it off.

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1904
KINDLY VOTE FOR
JOSEPH OLIVER
FOR CONTROLLER.

Election, January 1st, 1904.

1904-5.
M. RAWLINSON
612 Yonge Street

respectfully solicits your vote and influence for the

BOARD OF EDUCATION.
Election, January 1st, 1904.

W. H. SHAW

PRINCIPAL CENTRAL
 BUSINESS COLLEGE.

Solicits your valued support and co-operation in his candidature for the

Board of Education.

W. H. SHAW
 Public School Trustee

Your Vote and Influence are Respectfully requested for

GEO. H. GOODERHAM

as a member of

THE BOARD OF EDUCATION.

ELECTION NEW YEAR'S DAY

1904. WARD 3. 1904.

Your Vote and Influence Solicited for the Re-election of

Ald. O. B. Sheppard

for the year 1904.

Only Three Aldermen to be Elected.

you call a stovepipe, isn't it?" "Yes." I replied, "some people call them that. Does your father wear one like that?" "Oh, no!" she said, "he only wears a little roundy one; he can't afford one like that. He's only got one leg, you know, and don't get much work." Soon we came to the corner of the street on which she

lived. "Now," I said, "Eva, you had better run home." But pointing to the next corner, she said, "Won't you let me go to that corner with you? It will only take me a minute or two to run back." She seemed so glad when I consented. I think she felt she was in the company of one who had sympathy with her, and she wanted to stay with me as long as she could. That corner was passed, then another, and still another. "Now," I said firmly, "it is time to run home. Good-by, Eva." "Good-by," I said again, but still she held on. Then, looking up into my face, unwilling yet to let go of my hand, she said, "Won't you give me a kiss?"

As we stood in the twilight of the evening, yonder setting sun deepening into darkness, I looked down through those large, beautiful black eyes into a starving heart, and I stooped and kissed her.

There are starving bodies, and there are starving hearts.

THE JOYFUL HOLLY.

By Blanche Elizabeth Wade.
 Of all the things at Christmas time
 That go to make the fun,
 No matter where you look, you'll find
 There really is not one
 Quite so jolly
 As the Holly,
 Not since Time begun.

On Christmas Eve the Holly decks
 The windows and the walls,
 And with his friend, the Mistletoe,
 He hangs on many halls;
 And right jolly
 Is the Holly,
 When the twilight falls.

The children's voices hush in sleep,
 The stars look out on high;
 The fire burns low; but when he sees
 The chimney corner, why,
 Very jolly
 Is the Holly,
 For stockings swing near by.

And when the bells peal out their songs,
 Some loud, some soft and low,
 He hears the children's merry tones,
 And sees the sparkling snow.
 O how jolly
 Is the Holly!
 How his berries glow!

CHRISTMAS FOR THE BIRDS.

Christmas is celebrated in Sweden to an extent unknown here, and the celebration is not over till January 13th, or "twentieth day Yule." A very pretty feature of the festivities is thus described by Mr. Thomas in his "Sweden and the Swedes."

"One wintry afternoon, at Jul-tide, I had been skating on a pretty lake three miles from Gothenburg. On my way home I noticed that at every farmer's house there was erected in the middle of the dooryard a pole, to the top of which was bound a large, full sheaf of grain.

"Why is this?" I asked my comrade.

"Oh, that's for the birds, the little wild birds. They must have a merry Christmas, too, you know."

WHAT SULPHUR DOES.

For the Human Body in Health and Disease.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure-all, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a tablespoonful of crude sulphur.

In recent years, research and experiment have proven that the best sulphur for medical use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly on the liver, the excretory organs, and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins, while experimenting with sulphur remedies, soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples, and even deep seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yet I know of nothing so safe and reliable for constipation, liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate people who are tired of pills, cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers a far safer, more palatable and effective preparation. "No." He succeeds who refuses to be distracted from his great tasks as a Christian, and who strikes for the main matters of life.