### OUR BOYS AND GIRLS. "JIM."

"Jim, you've too good a head on you to be woodchopper or a canal driver," said the captain of the canal boat for whom young Garfield had engaged to drive horses along the towpath. "Jim" had always loved books, from the time seated on his father's knee, when, seated on his lattice, had with his baby lips pronounced after him the name "Platarch." The father, him the name "Pittarch. The lather, from whom the child probably inherited his love of study, had been reading "Plutarch's Lives," and when without hesitation or stammering, the little fellow pronounced distinctly the long, hard name, the fond parent, turning to his wife with a glow of love and pride, said: "Eliza, this boy will be a scholar said :

me day." Soon after the sorrowing wife was left a widow, with a mortgaged farm and four little children to care for. She saw little chance for the prophecy to

Even in his babyhood the boy, whose future greatness the father dimly felt, had learned the lesson of self-reliance, and the familiar words which so often fell from his lips, "I can do that," enabled him to conquer difficulties before which stouter hearts than that of a little child might well have shrunk

The teaching of his good mother, that "God will bless all our efforts to do the best wo can." was firmly believed—emphasized as it was by her answer to his childish question; "What will He do when we don't do the best we can?"
'He will withhold His blessing, and that is the greatest calamity that could

And so it came about that, in spite of constant hard work and very little schooling—only a few weeks each year
—James A. Garfield excelled all his companions in the log school house, and besides solving at home in the long winter evenings by the light of a pine fire all the knotty "sums" in "Adams' Arithmetic"—the terror of many a schoolboy—he found time to revel in the pages of "Robinson Cruso" and "Josephus," the latter being a special

'Jim," who before he was fifteen had been a successful farmer, woodchopper, carpenter—a student always and everywhere, no matter what his occupation-had recently read some of Marryat's novels—"Sinbad, the Sailor," "Pirate's Own Book" and other tales of a similar nature—which hak given him a bad at-tack of "sea fever," a disease which many strong, adventurous boys are ap to take in their teens. He wanted to "sail the ocean blue." The charm of the sea was upon him. Everything must give way before it. His mother, however, would not consent to his plans, and after long pleading, would only compromise by agreeing that he might if he could, secure a the vessels sailing on Lake Erie.

Having been rudely repulsed by the first vessel owner to whom he applied, a brutal, drunken creature, who an-swered his request for employment with an eath and and a rough "Get off this schooner double-puick, or I'll throw you into the dock," he turned away in disgust, his ardor for the sea somewha dampened by the man's appearance and behavior. In this mood he met his cousin, formerly a schoolmaster, then captain of a canal boat, with whom he once engaged to drive his horses.

After a few months on the towpath young Garfield contracted a kind of fever different from that which had led him from home, and went back to be nursed out of it by his ever faithful

During his convalescence he thought great deal over the words of his ousin: "Jim, you've too good a head on you to be a woodchopper or canal

## CHATS WITH YOUNG MEN.

This department, with cordial sincerity, wishes its renders a happy New

Year.
Rut how shall young men be happy? Rut how shall young men be nappy? Is it by doing as the world does; by going with the crowd; by yielding to their appetites; by committing sin? No, a thousand times. There is no piness in worldliness and sensual-There is no happiness in softness. re is no happiness in being a slave he body. There is no happiness in urity. There is no happiness in o the body. mpurity. There is no being a thrall of the devil's.

Catholic young men know that there no real happiness away from that mysterious and heavenly peace that fills the soul after confession. It is the same that floods the heart after one has done a painful penance. It is the same that brings a sort of quiet rapture after holy Communion. What satisfaction there is in it! What con-tentment of mind! There is no remorse about it, no anxiety about its consequences, no shame. It is as near the happiness of heaven as man can get

Yes, the state of grace is the only true happiness here below.

Now, how shall young men obtain or

retain that happiness?

1. By turning over a new leaf. Even a good man can become better. None of us is perfect. There are always some defects to conquer, some heights of virtue still to scale. And if a Catholic young man has not lived up to his religion, has not kept himself undefiled, now is a splendid time for him to amend his ways. nend his ways.

By forming definite resolutions.

When a young man says to himself; "I'm going to lead a good life from this out," but does not adopt some certain rules of life, the chances are that he'll lapse into irregularities and fall

So the readers of Chats should plan out a course of action, with about ten specifications. It should begin:
"First, I will get up at—o'clec's

sharp every morning."

There is a great deal for the development of a manly character in the determination to arise early and promptly. Try it for a year and see.

"Second, I will say—prayers morning and wight."

ing and night. resolution should include the morning offering consecrating one's thoughts, words and action to God, and a purpose to make an examina-tion of conscience and an act of contrition every night before going to sleep. Third, I will go to Mass every Sun-

This should usually be expanded to state that one would go to the parish High Mass and should rent a seat in a

Moreover, there is a world of graces

lost by those who could hear Mass every morning and do not. "Fourth, I will strictly fast on fast days, particularly in Adventand Lent.' Too many young men will not bear a little stomach ache an . squirm out of fasting when the Charch commands

e such discipline of renunciation.
Fifth, I will go to Holy Commun-

ion on the first Sunday of every month.' The oftener one goes worthly to Communion, the easier it becomes to go to Confession and the more delight is found in the presence of Christ.

And now let them make five other

solutions, according to every one's

them by heart.

At present too many Catholic young men stand silent and ashamed where their Church is accused or their religion is misrepresented. They don't know what to answer, or how to defend their faith or where to go to get infor-

If the readers of this department had only the volumes mentioned above and knew them thoroughly, they would be better informed about the Church than nost college graduates. 'have abundant material to arm? themselves in the faith and to reply to its enemies.

8. By saving money. This practice

will contribute to the possession of happiness by its training of the will to self-denial and by the means that it will nmass for acts of charity.

9. By taking care to utilize wisely

every minute of time. Oh, how pred time is, how fast it goes, how little

In the practice of this means to happi ness, young men are advised to learn something of evenings as a side line to and as a pleasant avocation. Let them study law, or electricity, or chemistry, or botany, or mechanical drawing, or some one of the many other sciences or

And so, seeking happiness (which, indeed, in its perfect form is the object of man's existence) in noble ways, they will inevitably make progress towards

### "REMAINED TO PRAY."

It is an old saying that one funeral makes many, says the London correspondent of an exchange, and it would appear to be true in the case of County Court Judge Bagshawe, who caught a chill attending his brother's—Canon Bagshawe — funeral on Mouday and died the next day. He was one of the leading Catholics at the bar, and before he was appointed judge he practiced in the Roll's Court, when the famous Sir George Jessell presided over it. He was a man of handsome appearance, with portly figure and a nign countenance. He was an earn in his career which came under my own ervance showed how deeply he was imbued with the spirit and discipline of the Church.

Some years ago he was spending the Easter holidays at the seaside with a Protestant friend of his, a member of the bar, who was skeptical as to the practice by Catholics of the principles they professed. He decided to put them to the test, and chose the one in which he thought Judge Bagshaw would be weakest, namely, the practice of fasting. The judge was a man of full habits and enjoyed a good dinner, and taking advantage of the fact that a certain day was a fast one, his host ordere an excellent meat dinner to be served that evening. To whet the judge's appetite he took him out in a boat for some sea fishing. The day was one of those keen spring ones, fasting when the Charch commands it. They do not appreciate the need of penance. They are weak willed. They lack "grit." Even for their own character development they require ravenous. The judge's appetite was as keen as his host wished it. They sat keen as his host wished it. They sat down to dinner and the judge was helped to lamb, the first of the season. was about to put the bit into his mouth, when his host cried out: "Bagshawe, you forget this is a fast day in your Church." The judge at once put down his knife and fork, pushed the plate away from him and dined off bread and cheese—the only fasting food available. The host was dumneeds and inclinations.

With some such definite plan outlined, if will be easier to keep good than by drifting along.

With some such definite plan outlined, if will be easier to keep good than by drifting along. He apologized most humbly for his want of charity, as well as want of hos-

them until you have the substance of strength of character, strength of purpose, strength of body, mind and soul to rise above the worries and frets and all the temptations and misfortunes that come to thee. May the memory of our journey together be very sweet here and hereafter. Yours for time and eternity,

New Years's, 1902.

### CHILDHOOD INDIGESTION Often Leads to Serious Trouble Unless Prompt Steps are Taken to Check it -How This can Best be Done.

Indigestion is a trouble that is very ommon in infancy and early childhood, nd unless prompt measures are taken o control it the result is often serious. t prevents the proper growth of the hild and weakens the constitution, so hat he is unable to resist other diseases silv controlled. Praver food-no too much, but absolutely pure—plent; of fresh air, and Baby's Own Tablets of fresh air, and Baby's Own Tablets, freely administered according to the directions, will soon put the sufferer right, and make both mother and child happy. Mrs. W. E. Bassam, of Kingston, Ont., is one of the many mothers who has proved the truth of this statement. She says: "When my little girl was about three months old, she had indirection yeavy hally. She was girl was about three months out, she had indigestion very badly. She was vomiting and had diarrhore almost con-stantly. She was very thin, weighed only four pounds and although she had a ravenous appetite her food did her no good whatever. I had tried several medicines but they did not help her. Then I heard of Baby's Own Tablets, and procured a box. After giving her the tablets for a few days, the vomiting and diarrhose ceased, she began to rove at once, and grew plump and fat. always give her the Tablets now when she is ailing and the result is always good. Baby's Own Tablets are the best medicine I have ever used for a

These tablets will promptly cure all the minor ailments of little ones, such as sour stomach, indigestion, colic, con-stipation, allay the irritation accomoanying the cutting of teeth, etc. They are good for children of all ages, and brushed to a powder or dissolved in vater can be given with absolute safely the youngest infant. If you cannot btain Baby's Own Tablets at you lruggists, they will be sent post paid t 25 cents a box by addressing the Dr. Williams' Medicine Co., Brockville,

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MILTON L. HERSEY, M. A. Sc., Provincial Analyst for Quebce. Montreal, Dec. 23, 1901.

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