

the ground is rich and  
There are many possibilities for ec-  
onomy in clothing. The really thrifty  
woman knows nothing. She does  
not mind to be told about making down  
children, converting old  
clothes into curtain-covers and old  
dresses into undershirts, turning dresses  
into coats and using dye for faded  
materials. But everyone knows, how-  
ever, that in most cities in which people  
live there are places where rubbers  
are re-buffed and umbrellas mended.  
These are sometimes important items,  
for our weather wears havoc on shoes  
and clothes. When rubbers cannot be  
re-buffed, shoes should be well protected from  
the wet by a patent waterproof mixture  
which is rubbed on them well with melted  
tallow, which tends to soften as well as  
protect the leather.  
There is all of these ways does  
not mean extravagance; there is even a  
saving in cost in it, provided one  
considers the necessity. It is the  
habit of "keeping up appearances"  
that costs. If people could only learn  
to be honest—absolutely honest—in this  
respect, they would save.  
There is one saving, however, an  
economy, which cannot  
be taught, and which brings bareness  
to the body. That is the savingness that  
comes from the habit of saving. To be happy people  
must have mental food, and  
mentally sound alertness, forcefulness,  
energy. We Westerners are too  
inclined to looking only to the material  
side of things. After all, "the mind is  
the man." When we fully realize this  
we take care that, whatever betide, we  
do not starve our minds.

## The Dollar Chain

A fund maintained by readers of "The  
Farmer's Advocate and Home Maga-  
zine" for (1) Red Cross Supplies; (2)  
Canadian Comforts; (3) Belgian Relief;  
(4) Canadian Relief.

Contributions from June 30 to July 7:  
J. and C. Durham Co., Ont., \$2;  
William R. E. 2, Alliston, Ont., \$2;  
"Prospect Farm," New Hamburg,  
Ont., \$2.

Amount previously acknowl-  
edged \$2,573.70

Total to July 7. \$2,625.70

The following letter from "Prospect  
Farm," is published with great pleasure:  
"Prospect Farm," New Hamburg, Ont.  
July 5, 1916.

Enclosed you will find an order for  
the Dollar Chain, this being a  
contribution from "Prospect Farm." Miss  
R. Baird, \$5; Mrs. R. Baird, \$5; Mrs.  
A. H. Baird, \$5; Mrs. R. Baird, \$5; Miss Reta Brinker,  
\$2; Arthur Mitchell, \$2; Wilfred Klinkman,  
\$1; Little John and Oliver Baird, \$1;  
Little Margaret, Jean, Tom and Faith  
Baird, \$1. Total, \$36.

All the little folks are under six  
years of age, and all that are able to  
work would be glad to send something to help  
our soldiers.

Very truly,  
J. and A. H. BAIRD.

## Current Events.

The Russian and Japanese have  
signed a treaty.

A new Dominion Arsenal is to be  
established at Lindsay, Ont.

The Entente Allies have raised the  
 blockade against Greece.

Mr. Edwin Montagu succeeds Mr.  
 Lloyd George as Minister of Munitions.

Mrs. Gump, the richest woman in  
the world, died in New York. Her

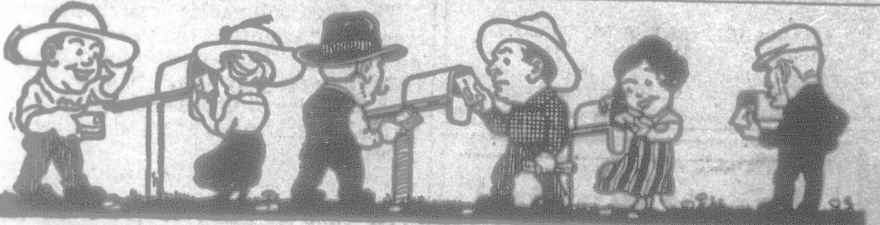
# For the Laundry

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Instructor of the Guelph Agricultural College. Address

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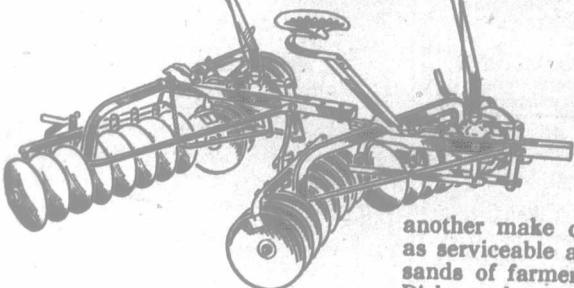
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