

Cure Skin Troubles By Cleanliness

Perhaps you would be surprised to learn that one of the most efficient methods of curing bad complexions, and some of our very common skin troubles, is by the use of simple pure water. Isn't it reasonable to suppose that if you remove the cause of bad complexions and skin troubles you will cure the disease? By applying ointments, pastes and powders to the skin you are not removing the cause, you are merely trying to cover up the effects. To remove the cause you must clear your system of the terribly poisonous waste that accumulates in the human body. This waste clogs in the lower intestines and generates poisonous matter, which is absorbed into the system, permeates the blood and displays itself not only on the surface of the skin, but in various ways that cause illness more or less serious.

This common sense treatment we speak of is Dr. Charles A. Tyrrell's J. B. L. Cascade, now recommended by the best physicians and used by over 300,000 people. If you are a sufferer from any of these skin troubles profit by the experience of Wm. DeVoy, 703 Seventh Avenue, Lethbridge, Alta., who writes as follows: "I feel it my duty as a thankful patient to express my enthusiasm for the great blessing the J. B. L. Cascade has been to me. Previous to using it I could not go a day without a drug of some sort. Since using it I have not, on my word of honor, swallowed five cents' worth of drugs. I spent over \$300 in the two years previous to hearing of the J. B. L. Cascade. Would that all young men and women I see in this town with their faces covered with horrid, unsightly pimples might use it. They would soon get rid of them as I did."

In plain justice to yourself learn more about this simple and remarkable treatment. Write to-day to Charles A. Tyrrell, M.D., Room 521-9, 280 College St., Toronto, Ont., and he will send you free his book entitled, "Why Man of To-day is Only 50 Per Cent. Efficient."

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than she would once have been, but before she could answer Witham, who had made a trifling change in his clothing, came in.

"I can give you some green tea, though I am afraid it might be a good deal better than it is, and our crockery is not all you have been used to," he said. "You see, we have only time to think of one thing until the sowing is through."

Miss Barrington's eyes twinkled. "And then?"

"Then," said Witham, with a little laugh, "there will be prairie hay to cut, and after that the harvest coming on."

"In the meanwhile, it was business that brought me here, and I have a cheque with me," said Maud Barrington. "Please let us get it over first of all."

Witham sat down at a table and scribbled on a strip of paper. "That," he said, gravely, "is what you owe me for the ploughing."

There was a little flush in his face as he took the cheque the girl filled in, and both felt somewhat grateful for the entrance of a man in blue jean with the tea. It was of very indifferent quality, and he had sprinkled a good deal on the tray, but Witham felt a curious thrill as he watched the girl pour it out at the head of the bare table. Her white dress gleamed in the light of a dusty window, and the shadowy cedar boarding behind her forced up each line of the shapely figure. Again the maddening temptation took hold of him and he wondered whether he had betrayed too much, when he felt the elder lady's eyes upon him. There was a tremor in his brown fingers as he took the cup held out to him, but his voice was steady.

"You can scarcely fancy how pleasant this is," he said. "For eight years, in fact, ever since I left England, no woman has ever done any of these graceful little offices for me."

Miss Barrington glanced at her niece, and both of them knew that, if the lawyer had traced Courthorne's past correctly, this could not be true. Still, there was no disbelief in the elder lady's eyes, and the girl's faith remained unshaken.

"Eight years," she said, with a little smile, "is a very long while."

"Yes," said Witham, "horribly long, and one year at Silverdale is worth them all—that is, a year like this one, which is going to be remembered by all who have sown wheat on the prairie, and that leads up to something. When I have ploughed all my own holding I shall not be content, and I want to make another bargain. Give me the use of your unbroken land, and I will find horses, seed, and men, while we will share what it yields us when the harvest is in."

The girl was astonished. This, she knew, was splendid audacity, for the man had already staken very heavily on the crop he had sown, and while the daring of it stirred her she sat silent a moment.

"I could lose nothing, but you will have to bring out a host of men and have risked so much," she said. "Nobody but you, and I, and three or four others in all the province, are ploughing more than half their holdings."

The suggestion of comradeship set Witham's blood tingling, but it was with a little laugh he turned over the pile of papers on the table, and then took them up in turn.

"Very little ploughing has been done in the tracts of Minnesota previously alluded to. Farmers find wheat cannot be grown at present prices, and there is apparently no prospect of a rise," he read.

"The Dakota wheat-growers are mostly following. They can't quite figure how they would get eighty cents for the dollar's worth of seeding this year."

"Milling very quiet in Winnipeg. No inquiries from Europe coming in, and Manitoba dealers generally find little demand for harrows or seeders this year. Reports from Assiniboia seem to show that the one hope this season will be mixed farming and the neglect of cereals."

"There is only one inference," he said. "When the demand comes there will be nothing to meet it with."

"When it comes," said Maud Barrington, quietly. "But you who believe it will stand alone."

"Almost," said Witham. "Still there

Think How Long You've Bothered with That Same Old Corn

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You have daubed it with liquids, maybe. Or used old-time plasters.

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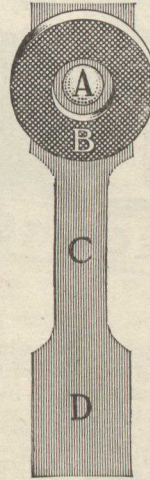
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B stops the pain and keeps the wax from spreading.
C wraps around the toe. It is narrowed to be comfortable.
D is rubber adhesive to fasten the plaster on.

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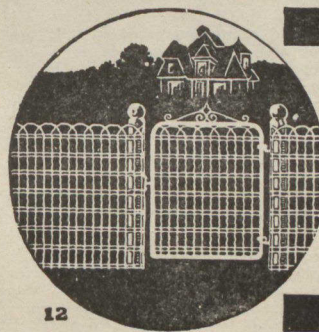
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