## **FIVE STRUGGLING REPUBLICS**

LEAVE HER ALONE

LEAVE HER ALONE

Miss Eva P. Yateman, Krugersdort, Ont., writes:—"I feel that I must write and tell you of the greab benefit I have received from Milburn's Heart and Nerve Pills. About four years ago I was taken terribly bad with my heart, nerves and fainting pells, and was down in bed for about six months. I doctored with two different doctors and seemed to got better, although the fainting spells would not leave me. I would take such terrible falls, wherever I was, that it was not safe to leave me alone at any time. At last I decided to resort to propriet ary medicine and took several different winds, but seemed to receive little benefit from them. One day noticing the advertisement of Milburn's Heart and Nerve Pills i decided to try them, and before I had taken more than two boxes I could see they were helping me. I have taken about ten boxes, and am almost cured of those terrible spells. I sincerely feel that your medicine has proved a blessing to me, and I advise any one troubled with their heart to b try them, as I am confident they will find relief."

Miburn's Heart and Nerve Pills are 50c. a. box at all dealers or mailed fiftert on receipt of price by The T Milburn's Heart and Nerve for price by The T Milburn's Heart and Nerve for price by The T Milburn's Heart and Nerve priles are for the conditions are far worse today than they were during the memorable blitzard of 1888." Chief Kenlon declared.

The Old Unreliable Bernstorff. (Indianapolis News.)

Von Bernstorff is not only willing to be tried by the Allies, but thinks that he can put them in a quandary. All the properties are for the properties and the special properties are seen the stream of the properties and the stream of the properties and the special properties and the special properties. The properties are the stream of the properties and the special properties are special properties. The properties are properties and the special properties and the special properties and the special properties are properties. The properties ar

"SICKER'N A PUP" NEXT DAY

Salts, Oil, Calomel and Griping Cathartics Shake

You Up-"Cascarets" never Sicken!

### HOW SOME GIRLS DRESS SO WELL



Alkali in Shampoos Bad For Washing Hair

### VERVES ALL **GONE TO PIECE**

"Fruit-a-tives" Congr Nervous Prostration.

Paddock died on Friday, after being seck only a few cole community eyinpathises on the Kingston Consolidated Mrs. Paddock was a care the Kingston Consolidated Mrs. Paddock was a very tarch worker, being a vice of the W. A. and a much more of the congregation of the

He May Be a Dummy.

"Who is Edith to marry?"
"His name is Bridge."
"Good gracious! Is she carrying the
raze as far as that?"—Boston Tran-

Blizzard Interrupts Train Service Between Montreal and N. Y.

Montreal, Feb. 16.—The blizzard hast night and this morning disrupted railway traffic between Montreal and the United States. One train which left Ne wYork a 9,30 last night was

CLERKS' ASSN. REGULAR MEETING

Gilmour's, 68 King St.

# Strong, Forceful Men With Plenty of Iron In

Their Blood— These Are the Ones With the Power and Energy to Win

TAKE

For Red Blood Strength, and Endurance





Then, you actually save bread by baking with FIVE ROSES flour, simply because for days after baking it retains its original freshness. Thus you can reduce the waste from stales and left-overs.

Let FIVE ROSES flour second your efforts towards household economy. Thousands of thrifty housewives are living proof that it is no sacrifice to economize with FIVE ROSES.

VE ROSES FLO FOR BREADS, CAKES, PUDDINGS, PASTRIES

THE SECOND SECON

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