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God's message is always one of cheer, but the signs of the times speak to day of hope When Napoleon's army crossed the Alps some of his troops grew laggard by the way. He ordered the bands to play, and this aroused a few, but still there were some who toil-ed on spiritless and forlorn. Then he ordered, the music to play the songs of home, think ing the thought of sunny scenes bellind would spur them on. This kindled the enthusiasm of some, but still there were a number among the rest whose lagging was inveterate, and a "last the great commander suddenly ordered the trumpets to sound the battle charge. Wild, indeed, was the fire that ran through the hitherto dispirited host. They knew not the hitherto dispirited host. They knew not where the chemy was, nor how they carie to thus suddenly fall upon them in the meutatain passes. All they knew, and this was enough, that the clang that went ringing through the mountain solitudes meant war. Do we need any inspiration to-day. We will find it not so much in the songs of heaven, nor the sigh-ings for our eternal home but rather in the stirring trempet call of the church militant as she goes marching to victory. Ex.

SPIRITUAL DEVELOPMENT

The development of self requires a constant and ceaseless effort and sacrifice. So does every grand product, All the friumphs of genius and of moral being are the embodi-ments of hard, persistent work, and tension and sacrifice. If the harp wishes to fill the adr with solenn and soul-stirring music, it must give up all of its strings to be so stretch-ed that they will almost break. But out of ed that they will almost break. But out of this tension and strain come delightful har-monies, and wave upon wave of rapturous sound. The music of a true Christian person-ality is like the ringing of the chimes of heaven on earth, and the striking of the harps of goldg but every faculty in the harp-hature of man must be keyed up to the concert pitch of hea-ven. Will, conscience, imagination, reason,

WHAT SULPHUR DOES

For the Human Body in Health and Disease. 8

The mention of sulphus will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sul-pher and mohase every spring and fall. It was the universal spring and fall "blood puriher," tonic, and cure all, and mind you, this old-fashioned remedy was not without ward.

merit. The idea was good, but the remedy was crude and unpulatable, and a large quantity had to be taken to get any effect. Nowadays we get all the beneficial effects of subbur in a palatable, concentrated form, so that a single grain is far more effective than the crude subbur. In preent years research and experiment

The value of the sected of the sector of subplum in a palatable, concentrated form, so that a single grain is far more effective than the runde subplut in the best subplut for granedic-inful use is that obtained from Calcium (Calcium Subplut) and sold in drug stores under the name of Start's Calcium Waters. They are small chooselate coated pellets and containing both the sector of the value of this form of subplut entropy of the prompt effective form. They people are aware of the value of this, form of subplut entropy of the prompt effective form. They are subplut entropy of the prompt effective form. They are people are aware of the value of this, form of subplut entropy of the prompt effective form. They are people are aware of the value of this, form of subplut entropy of the prompt effective form. They are people are aware of the value of this, form of subplut entropy of the prompt effective form and the order of the prompt effective form. They are able to the prompt effective form and the prompt effective form and the prompt effective form. They are been and the coating and impurity of ordinary flowers of subplum were often worke than the disease, and cance constrained and most widely used.
 They are the natural antidote for liver and kindey troubles and cance constrained and the subplut from Calcium was superior to any of the form. The says. "For liver, kinding from constipation or malariar have been surgrised at the results, obtained from Stuart's Calcium Wafers. In patients suffering from boils and pingles and even deep seated carbon cells. In hey are and smooth Although Stuart's Calcium Wafers is a proprieted at the results and sonoth. Although Stuart's Calcium Wafers is a proprieted at the result is obtained from Stuart's Calcium Wafers. In patients suffering from boils and pingles and even deep seated carbon cells. In hey card and sonoth. Although Stuart's Calcium Wafers is a proprieted at the result is obtained from Stuart's Calcium Wafers is a proprised at the result is obt

this remedy." At any rate people who are tired of pills, cathartics and so-called blood "purifiers," will find in Stuart's Calcium Wafers a far afer, more palatable and effective prepara-tion

emotion, memory, all must be brought into accord with the perfect human nature of Jesus Christ. — David Gregg, D. D.

A MISSION ROMANCE

"Is it worth our while to hold the meeting to-night, do you think?" asked a Londoner of his friend one raw December night in 1856.

answered the other, but I "Perhaps not," do not like to shirk my work, and, as it was announced, some one might come

"Come on then, "said the first speaker, "I suppose we can stand it." That night was as black as ink and the

rain poured in torrents, but the meeting of the English Missionary Society for the Propagation of the Gospel was held, and, in spite of the elements, in a bright-lighted chapel in Covent Garden. A gentleman passing by took refuge from the storm, and made up half the audience that listened to a powerful plea for the North America Indians in British Col-

"Work thrown away," grumbled the 1 on doner, as they made their way back to Regent

Square. ""Who knows" replied the missionary. "It was God's Word, and we are told that it shall

was God's Word, and we are told that it shall not fall on the ground unheeded." "Was it work thrown away? The passer-by, who stopped in by accident, tossed on his couch all night, thinking of the horrors of heathenism, of which he had heard that night, for the first time. And in a month he had sold out his business, and was on his way to his mission work among the British Columbia. Indians, under the auspices of the Church Missionary Society. Man thirty-five years afterwards we found him, surrounded by his children, as he loves to call them, the centre and head of the mo-del mission station of the northwest coast, an Arcadian village of civilized Indians. It is the romance of missions. The missionary re-ferred to above hs Willian Duocan missionary to the Metlakaatia. Indians. —Selected.

THE GREAT STRUCTURE OF CHAR

We read in fairy lore of how chasms have been bridged over a single night by benevelvent spirits, by dwarfs, and kindred imagin

They hustle vast rocks together and pile them one upon another, and build piers and span them with arches, so that the favourite knights can pass over them to the castles and carry off their imprisoned lovers. Sometime while the hero sleeps, these fairy powers con-struct whole cities. With tens of millions of hands they carry up the walls and surmount them with golden domes, and in the morning whole cities stand where the night before there was only a wilderness

How pleasing for their unheard of won-ders are fairy stories! And yet there is ders are fairy stories! And yet there is something more wonderful actually going on within every man. There are buildings go-ing up for eternity. There is not a thought that is not striking a blow , there is not a impulse that is not doing mascon work, there is not a passion darting this way or that that is not a workman's thrust. There are as many master-workmen in you as there are separate faculties, and there are as many blows being struck as there are separate thought and separate emotions and separate voltions. Thus the work is going on perpetually. Every day the myriad forces are building, building, building and the great structure of character is going up point by point, and story by story, to remain forever.—Set.

That noble Lutheran minister at Berlin. Paul Garhardt, was deposed from his office and banished from the country in 1666 by Frederick William the Great on account of the faithful discharge of his ministerial Not knowing whither to go, he and his wife passed out of the city, and finally stopped at a tavern. Gerhardt endeavored to comfort his weeping companion with the to confort his weeping companion with the text, "Commit thy way unto the Lord; trust also in Him; and He shall bring it to pass." Then he wrote that matchless hymn which has a prominent place in our hymnal:

"Commit thou all thy griefs And ways into His hands."

As he finished the verse, "Give to the winds thy fears ; , Hope, and be undismayed ; God hears the sights and counts thy tears ; God shall lift up thy head."

A country paper, in puffing a certain soap says: "It is the best ever used for cleans-ing a dirty man's face. We have tried it and, therefore, we know."

THE CANADIAN NORTH-WEST.

HOMESTEAD REGULATIONS.

Any even numbered section of Dominion Lands in Manitoba or the North-west Territories, excepting 8 and 26, which has not been homesteaded, or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section of 160 acres, more or less.

ENTRY

Entry may be made personally at the local land office for the District in which the land to be taken is situate, or if the homesteader desires he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the Local Agent for the district in which the land is situate, receive authority for some one to make entry for him. A fee of \$ 10 is charged for a homestead entry.

HOMESTEAD DUTIES.

 HOMESTEAD DUTIES.

 A settler who has been granted an entry for a homestead is required by the proditions connected therewith, under one of the following plans:-

 email of the Dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans:-

 email of the dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans:-

 email of the dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under the following plans:-

 email of the data enter of the settler of and cultivation of the land in each year dimension of this Act, resides upon a farm in the winty of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

 email of such patent, countersigned in the manner prescribed by this Act, and has obtained entry for a second homestead, the requirements of this Act as to residence may be satisfied by residence upon said land.

 endomestead is in the vicinity of the first homestead.

 mather who avails himself of the provisions of Clauses() (1) or (1) must cultivate patent who avails himself of the provisions of Clause() (1) or (1) must cultivate patent provisions of Stack, with buildings for their accommodation, and have besides 80 acres substantially fenced.

APPLICATION FOR PATENT

Should be made at the end of the three years, before the Local Agent, Sub-Agent or the Homestead Inspector. Before making application for patent, the settler must give six months notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention to do so.

Newly arrived immigrants will reserve at the lumigration Office in Winnipeg, or at any Dominion Lands Office in Manitaba or the North west Territories information as to the lands that are open for entry, and from the officers in charge, free of expense, advice and assistance in securing lands to suit them. Full information respecting the land, timber, 'coal and mineral laws, as well as respecting Dominion Lands in the Railway Belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, 'Ottawa', the Commissioner of lumingration, Winnipeg, Manitoba, or to any of the Dominion Lands in Manitoba or the North-west Territories.

JAMES A. SMART, Deputy Minister of the Interior.

N. B. In addition to Free Grant Lands, for which the Regulations above tated refer, thousands of acres of most desirable lands are available for lease or purchase from Railroad and other corporations and private firms in Western Canada.



Wouldn't be a "A First-class Cook" if she were to use poor materials, FLOUR is doubtless the most important factor in almost every class of baking and in order to do the best baking you must have the best flour. For over a century, 1801-1903, it has been "Ogilvie's." During that period we've grown from small dimensions to be "THE LARGEST MILLERS IN THE BRITISH EMPIRE.

The high reputation that Oglive's flour has attained and retained is accountable for such a result.

is accountable for such a result. OGIL VIF'S HUNGARIAN is the very best that's to be had in flour. It's an economical flour too: from employing more water in the mixing. It will make a larger quantity of bread per barrel than any other flour that we know of. This isn't a miracle, it is just the practical outcome of milling the choicest wheat by the latest and most improved process.

DR. SHIVES' INSECT POWDER

Kills all kinds Insects on Man, east and Fowl. All Lumbermen and Poultry Dealers) For the cramps, Id use this article { For the burns. should use this article

If your local dealer cannot supply, send 25 cents to The McDIARMID DRUG CO., and they will mail a package direct.