

upon which rheumatism depends, removes inflammation, soreness, and stiffness of the muscles. A short trial will convince the most discouraged that it is all that is claimed for it.

It Helps Chronic Cases.

Orono, Ont., Jan. 5, 1886.

A. J. WHITE & Co.

Gentlemen: I am trying Seigel's Syrup on the worst cases in the neighborhood, and it seems to help them all. It is, indeed, a wonderful medicine, and I am getting up quite a sale.

Yours truly,

SAAC WINTER.

Notre Dame, de Stanbri'ge, Quebec, Feb. 17, '86.

A. J. WHITE & Co.

I owe Seigel's Syrup and Pills the testimony that they have given full satisfaction in every case, and made some remarkable cures of long standing disorders. Please send some Almanacs, and oblige

Yours respectfully,

J. G. TRAHAN.

The Bowels and their Functions.

The bowels, in a healthy state, carry off all useless matter which can be carried off in solid form. Sometimes the main channel becomes choked up by slime on the coating of the intestines, which gives rise to constipation and irregularity of the bowels. If the bile is not thrown out from the liver in sufficient quantities, the bowels become costive, and the membranes of the bowels become weak and irritated. When much irritation exists, diarrhoea follows, because the bowels have not the strength to do what is required of them. Inflammation follows; the fundamental cause of this irregularity is indigestion. The effect of this constipation is something awful to contemplate. The foul gas that arises from the faecal matter becomes absorbed into the system, and acts as a slow but deadly poison. We all know the injurious effects of

SEWER GAS

when taken into the system, and we expend money and skill to so adjust the plumbing of our houses as to shut the poisonous gas out. We have carts going about the city pouring disinfectants into the sewers, so as to obviate the poisonous influence of this terrible pest, but we allow this same gas to

be generated within our own systems. If by constipated bowels we permit the formation of this sewer gas within the system (for this is what it really is), we expose ourselves to a slow but deadly poison. We should make use of Seigel's Syrup, or Shaker Extract of Roots, and remove the constipation, and with it the danger.

Horncastle, Ont., Jan. 26, 1885.

A. J. WHITE & Co.

Dear Sirs: It is with pleasure that I have to state to you that the Seigel's Syrup and Pills are doing wonders around here as far as it has been tried. The woman that I mentioned to you has taken three bottles of the Syrup; when I sent for her first we all thought she could not live much longer. She was completely prostrate and her appetite was clean gone, but after taking a few doses of the Syrup her appetite returned and she gradually gained strength until now she is able to leave her bed entirely through the day, some days she is out of doors. Before taking the Syrup, her menses were colorless, now they are regular and natural. I have not given the Syrup any puff, but resolved that it should stand on its own merits, and I have watched the result, and now I have the fullest confidence in it; the people here are coming for it from twelve miles.

Yours truly,

GEORGE SHARP.

SICK HEADACHE.

There are few persons who, at times, are not more or less liable to sick headache. Moderate and occasional use of Mother Seigel's Syrup is a sure preventive, as thousands who have tried it are willing to testify.

Would Not be Without It.

Head Jeddore, N.B., March 16, 86.

A. J. WHITE & Co.

Dear Sirs: I used one bottle of your Mother Seigel's Curative Syrup, and got so much good out of it that I would not be without it. I advise all to try it.

Yours truly,

ALFRED DAY.

Ensedale, Ont., Dec. 8, 1884.

A. J. WHITE, Esq.

Dear Sir: I have just had the Syrup in a few days, and have already sold one dozen, and all the Pills, and as I do not want to run out of stock, I re-order. Ship as directed at your earliest convenience.

Yours respectfully,

ARCHIBALD THOM.

A RICH BANKER IN THE CITY

said to us a few weeks ago, "Do you know I always keep Seigel's Syrup, or Shaker Extract of Roots, in my house, to prevent those awful sick turns of headache I used to have." We remarked, "We know that the Syrup possessed wonderful curative

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