

We need hardly spend any time in arguing that the cheerful and happy performance of these duties is the manifest destiny of woman, and that any general disinclination to undertake them, or any attempt to shirk them when undertaken, will inevitably throw the whole world's machinery out of gear, and bring disaster upon her and upon the race. Nature indeed has a summary way of punishing either men or women, who from motives of selfishness, or from physical inability, do not marry and raise a family; she simply extinguishes that breed and replaces it on the earth by a race of people less highly educated, but which knows enough to propagate itself.

It is true that an infinitesimal number of people, mostly women, deny that it is the destiny of women to become wives and mothers, and would even lead them in a rebellion against nature, telling them that these duties are degrading, and that they should abandon the profession of homemaking and launch out into political or business life. But the whole common-sense of the world is against them, because it sees that when they do succeed, as they undoubtedly do, their success absolutely fails to bring them the happiness and the satisfaction which the poorest laborer's wife obtains from her houseful of hungry but happy little ones.

The writer admits that every child should receive an elementary education, which should, up to puberty, be the same for boys and girls, provided that it be given in such a manner as to not interfere with their physical development. A large part of every day should be spent in the open air, either at drill or in play, and there should be no homework to keep them up late at night, which is one of the great mistakes in modern methods of bringing up children. Our mothers and grandmothers, when children, were in bed at eight o'clock at the latest, while our children are allowed, on various pretexts, to remain up until ten or eleven. Does it not seem folly to allow, or urge, a child to fill its brain so full of work during the evening that it keeps on working all night, even repeating its lessons during its restless sleep? A great improvement has taken place during the last few years by the introduction of manual training, or Sloyd, for boys, and in a few schools the girls are being taught cooking and domestic science. Of this, however, I will have more to say later.

At the age of puberty, boys and girls should have a different course of education. The menstrual function makes great demands upon a girl's strength, and if her brain is worked up to its