

It is suitable for continuous use and is remarkable for its richness in its sodium and magnesium sulphates as well as for its uniform strength and composition.

The bottling of this water is under strict scientific and hygienic supervision.

It was awarded the Silver Medal at the Paris Exposition, 1900, and at Milan, 1903 ("Corso pro Infantia")! At the St. Louis Exposition, 1904, it received the Gold Medal.

"Sparkling Apenta Splits" were also displayed in this exhibit. This water, which is natural Apenta, but carbonated, was recently put on the market by the Apollinaris Company.

It is bottled at the Apenta Springs and is considered a pleasant and refreshing aperient for morning use.

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### FEEDING THE CONVALESCENT.

After days or weeks of medication, as the case may be, more than mere passing consideration is due the stomach of the convalescent.

The diet must contain not only the food elements necessary for repair of all the tissues, but it must be appetizing.

The addition of EGG-O-SEE, the flaked whole-wheat food, to a diet of milk, eggs and fruit, is a most welcome departure and will be not only eagerly acceptable, but will materially aid the reconstruction processes by supplying to the cells the diversified food elements which are more abundant in wheat than any other product of the soil. Order Egg-O-See for your patient and witness the resultant satisfaction.

If you have not eaten EGG-O-SEE address the Egg-O-See Cereal Co., Quincy, Ill., and receive full-size package free of cost.

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### PEPTO-MANGAN.

This is an arbitrarily coined word, and is the exclusive property of the M. J. Breitenbach Company. For twelve years we have been advertising the fact that Pepto-Mangan (irrespective of the name Gude) is a trade-mark name, registered October 13, 1891, and is our exclusive property.

In order that there may be no misunderstanding, we call attention again to the fact that Pepto-Mangan is not a synonym for any other iron preparation, for there is only one Pepto-Mangan.