

dropsy. The oil of camomiles is mostly used for outward applications ; also, a poultice of flowers.

CELANDINE MAJOR is one of the best cures for the eyes, that is if it be made into an oil or ointment ; the most desperate sore eyes have been cured by it ; the herb boiled with a few anise-seeds and drank is good for dropsy, jaundice, itch and sores in the legs and other parts of the body. The juice dropped in to, or applied on, ulcers of all kinds, cankers and ring worms, cureth them cleanly and speedily ; it is good for tooth-ache, dropped therein.

CHERVIL, CALLED ALSO **CEREFOLIUM**, mirrhis chervil, sweet chervil and sweet cicely. The garden chervil being eaten as a salad doth moderately warm the stomach, and is a certain remedy to dissolve congealed or clotted blood in the body, or that which is clotted by bruises or falls, &c ; the juice or distilled water of chervil should be drank, and the bruised herb laid to the place ; being taken in broths it is held good to provoke urine, expel gravel and stone, and help to cure the pleurisy.

CHICKWEED.—The herb bruised and applied, removeth redness in the face, wheals, pushes, itch and scabs, convulsions, cramps, palsies, redness in the eyes, pains in the ears, sores in the legs and elsewhere ; it is very valuable applied as a poultice for running sores and hot diseases.

CLIVERS OR CLEAVERS, called also **aparine**, goose share and goose grass ; is very good if chopped small and boiled well ; in water gruel, to cleanse the blood and strengthen the liver, thereby keeping the body in health and preparing it for changes of season.

WATERCRESSSES are powerful against scurvy, and to cleanse the blood and humors, breaketh the stone, provoketh the urine and courses ; it is a restorative of color after sickness, they should be eaten as salad morning, noon and night ; the leaves bruised and applied to the face removeth freckles, pimples, spots or the like ; the juice mixed with vinegar and the forehead bathed therewith is good for dullness and drowsiness. Those who would wish to mend their health in the Spring should eat them as a salad ; it helpeth headaches and consumeth