

her shadow when it fell on his pillow as she passed through the ward on her nightly visit."

INFLUENCE OF KINDNESS.

Kindness makes sunshine wherever it goes; it finds its way into hidden chambers of the heart, and brings forth golden treasures; harshness, on the contrary, seals them up for ever. Kindness makes the mother's lullaby sweeter than the song of the lark, the care-laden brows of the father and the man of business less severe in their expression. Kindness is the real law of life, the link that connects earth with heaven, the true philosopher's stone, for all it teaches it turns to virgin gold—the true gold wherewith we purchase contentment, peace, and love.

A LITTLE MORE WISDOM.

We must live and learn. Those of us who have made ourselves at all familiar with natural history, have taken to our bosoms the belief that flying insects make the humming noise in which they indulge by beating the air with their wings.—Buffon says so, and so does Goldsmith. So do later authorities. But we are all wrong it seems. A mosquito sings just as we do, it appears, although his vocal organs are not deposited in his throat, but along the sides of his body. It uses, and so do all similar insects, as well as mankind, a wind-pipe, the outlet to which is furnished with a vibrating valve like that employed on the accordion; but then a man has only one of those arrangements out of which to manufacture, by modulation, all the harmonious sounds of the "harp of a thousand strings," while most of the insects in question have as many as a dozen, through each of which, by the rapid movement of their wings in flying the air is made to rush with prodigious effect and energy. This will be new to most of us, we repeat; but we do not know that we have any reason to dispute its authenticity. Recent applications of the improved microscope to an investigation of these delicate phenomena, and assisted by the daguerreotype to fix the enlarged image on a plate for repeated observation, have made tolerably certain the fact in question. So it turns out, after all, that the locust whom we love to hear so much in the trees, and whom cruel boys tie to a string to make him furnish them with a tune, is actually a tiny musician, and goes about with a full orchestra of wind instruments under his wing to serenade his love, hymn the praise of his creator, and supply us with gratuitous entertainment.

IF YOU HAVE ANYTHING TO DO, DO IT.

There is no lesson which people—men, women and children—have more need to learn than this,—do what they have to do at once. Young people cannot calculate the benefit of it, while the want of it will hang upon them all their lives long, like an incubus. Our advice to boys and girls always is, if they have but a smart hour's work to do, do it in an hour, and not sozzle over it all day. In our business, if we had a boy who must be lazy, we should urge him, by all means, to work while he did work, and make a business of it; and then if he must stop, and make a business of that too. If a boy is allowed, or allows himself, to play the lobbolly through the day, he is just as sure to be a drone as long as he lives, as he is sure to live. Indolent habits in youth are never overcome in manhood. The world is brim full of illustra-

tions of the truth of this. The same rule applies equally to girls. The girl who does housework, and we hope there are some—allows herself all the forenoon to poke over the breakfast dishes, and finds scanty time to get her dinner, is just as sure to make a miserable slattern of a housekeeper as she is to be a housekeeper at all; and we caution young men against the girls who keep their breakfast dishes round till noon. The only way is, if you have anything to do, do it.

THE VALUE OF DIFFICULTIES.—The greater the difficulty the more glory is there in surmounting it. Skilful pilots gain their reputation from storms and tempests.

THE POLE STAR OF YOUTH.—The young should never hear any language but this—You have your own way to make, and it depends upon your own exertions whether you starve or not.

THE FUTURE.—It has been beautifully said, that "the veil which covers the face of futurity is woven by the hand of mercy."

A POWERFUL EXCUSE.—An attorney, on being called to account for having acted unprofessionally in taking less than the usual fees from his client, pleaded that he had taken all the man had; he was thereupon honourably acquitted.

ADHERE TO TRUTH.—One of the most fatal temptations to the weak is a slight deviation from the exact truth for the sake of apparent good.

Every man who lives beyond his own means must of course live, in part, on the means of others; and this is fraud, whatever the offender may call it.

Men's happiness springs mainly from moderate troubles, which afford the mind a healthy stimulus, and are followed by a reaction which produces a cheerful flow of spirits.

Industry is essentially social. No man can improve either himself or his neighbours without neighbourly help, and to better the world is to set the world to work together.

OFFICIAL.

Halifax, N.S., Dec. 15th, 1856.

The Grand Division S. of T., of the Province of Nova Scotia, will meet in Quarterly Session, at South Rawdon, Hants County, on Wednesday, 28th of January, 1857, at 10 o'clock, A. M., of which the Officers and Representatives will please take notice and govern themselves accordingly.

The D. G. W. Ps. are earnestly requested to forward the Returns and *per capita tax* to the Grand Scribe before the 15th of January.

The Recording Scribes of such Divisions that have admitted Female visitors, will please acquaint the undersigned, and also state the number of visitors in their respective Divisions.

Recording Scribes are requested to be careful in making up their Returns; they will also minute on their Returns the number of Representatives to the G. D., and see that the Seal of the Division is attached.

PATRICK MONAGHAN,
Grand Scribe.

The Grand Scribe would direct the attention of Divisions to several errors in Journal of Annual Session of G. D., viz:

Page 24, ninth line from bottom, for "to take up," read "to be taken up."

Page 27, last line, for "non-beneficiary" read "non-beneficiary."

Page 29, eighth line from bottom, for "dismissed" read "discussed."

Page 32, for "22nd January" read "28th January."

Page 34, after G. T.—John A. Bell, for "P. W." read "W. P."

PATRICK MONAGHAN, G. S.

The Grand Scribe acknowledges the receipt of the following amounts on account of the *Abstainer*—

R. G. Freeman, Milton, Q. Co., 33,	£4	0	0
Southampton Division, 20, on acct.	2	0	0
Columbia do., 10,	1	5	0
Flowing Fountain do., 15,	1	15	0
J. K. Blair, Truro, 24, on acct.	1	10	0
John Whitman, Beal's Mountn., 10,	1	5	0
Victoria Division, 10,	1	5	0
Charles Bill, Liverpool, 50, on acct.	2	0	0
John Locke, Ragged Islands, 13,	1	12	6
John McKenzie, Esq., Durham, 10,			
on acct.	10	0	0
Coldstream Club, T. W., 12,	1	10	0
E. T. Harvie, Newport, 14,	1	15	0
Willow Division, 25,	3	2	6
C. H. Harrington, Sydney, C. B.,			
30, on acct.	3	0	0
J. W. Dauphency, Lunenburg, 23,	2	17	6
H. B. Mitchell, Chester, 3 additnl.	7	6	
Amora Division, Cornwallis, 30,	3	15	0
Gough Club T. W., New Glasgow,	2	0	0
Father Mathew Division, Lower			
Stowiacke,	5	0	
Single subscriptions,	15	0	
	£36	10	0

Form of Application for a Charter for a Division of the Sons of Temperance.

The undersigned, inhabitants of ———, believing the Order of the Sons of Temperance to be well calculated to extend the blessings of Total Abstinence, and promote the general welfare of mankind, respectfully petition

THE GRAND DIVISION OF THE PROVINCE OF NOVA SCOTIA,

to grant them a Charter to open a new Division, to be called the ——— Division, No. ———, Sons of Temperance of the Province of Nova Scotia, to be located in ———, and under your jurisdiction.

We pledge ourselves, individually and collectively, to be governed by the rules and usages of said Grand Division, and also by those of the National Division of North America.

Enclosed is the Charter fee, \$5, Books, &c.
Address Mr. P. MONAGHAN, Grand Scribe of Grand Division, Halifax.

THE ABSTAINER.

ORGAN OF THE GRAND DIVISION OF THE SONS OF TEMPERANCE OF N. S.

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