## avoid ations

 Tell How They adful Ordeal of ns.| saray inditutions. but they |
| :--- |
| men |
| mot suffer with ills |







 Mhar fort tak kith






 chin

insurance
J. H. HUME.

ACOIDENTAND AND SIOK BENETIT
 Want yourmpanies R. Telegrraph and Canada Permanent
Loon ana Saving Co.

HE LAMBTON ners' Mutual Fire Insur.

Nicixi


 : ELLIOT,
 and Plympton. P . O Addressing of Mail rder to facilitate the handing of
t the frot and to inare promet prompt
ty tit is requested to that aull mail be sed as follo ws:-
Regimental
Rumber
 ANADIAN CONTINGENT
Britist Expedioiony Force.
Army Post office, LIONDON, Eng-





GUUIDE ADVOCATE WATFUKO, APRIL

## "Paint My House, Too"

The spirit of neighborhood improvement fills the very air. The glad, bright colors of spring have replaced the somber hues of winter. Grass is green is providing a beautiful setting. Is your house in har-mony-or do the fresh-looking surroundings only serve -is it well painted?
Now's the time of all times to dress up your home in fresh, new
colors. The first essential in home improvement is good paint, and colors. The first essential in home improvement is good paint, and

## Lower Another LIGHID. PAINT

 will do. Forty years of experience and count- face in perfectly protecting coats-that fails
less exposure tests have made this knowledge
only by gradual wear and leaves a good surface less exposure ests have made this knowedge
definite. Chemical analssis ot the rawter-
ials and thorough machine mixing insure a for repainting
It actually costs less to use this better paint and
get its perfect protection. It goes so much farr


## T. DODDS \& SON WATFORD

|  |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |



|  |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

TESTING A FREIGHT CAR.
Shower Baths Are Usod For Dotootins
Shower beaky Roofs.
tainty. freight cars? Cer
Treatitig the cars to a goo
Shower tatas for freight cars? Cer-
tainly. Treating the cars to good
bath every now and then st tie method
which railroads have devised to preWhich railroads have devised to pre-
vent having op opy for freight dam-
aged while in transit by water leakisig
throwbt en

 damage caused by roots which were
supposecaly im thebest of ondition
To overcome this difficulty on several
and large railroad systems every car
given at reaular intervals aserve tes
for leaks by means of shower bathe


In The Spring Soldiers on the Battlefield.


PIANOS

## Organs

Sewing Machines
 Renfrew Standard Gasoline Engtnes
Start withowt cranking Renrrew stanarart cream soo

H. Schlemmer

OUR CLUBBING LIST Pamilg Forad and $W$ eekly Star

 Worthern Messenger.....
Weekly Montreal Wiues
Hamilton S Spectator Hamiton spect
Wailly Narmer's
Daily
Daily News..
Daily
Daily Worrid.
Din
Mail and Empiro..... Evening London Free Pr
Morning London Adverti


## WOMAM ALL RUN DOWM

Haie strong and Well By Viniol
 in my
friend
it tudil
and
Ihat
Ihad
thbin

## Bough, Waynesboro, Pa. . R. Hop Vino creates an an tion

Taylor \& Son drugkists, Watfor

