

NORTH END BAKERY OYSTERS

We handle the Best Baltimore brands, select and reliable.

Everything in the line of

High grade and Choice Confectionery and Southern Fruits.

Our Wedding Cakes are winners as always.

If you enjoy a Choice Cigar we can accommodate you.

S. E. THOMPSON
Baker and Confectioner.

BELL Pianos and Organs

H. SCHLEMMER
Sole Agent For
Watford and Vicinity.

Read the Following

NOTICE is hereby given, that Mr. H. Schlemmer, of Watford, is the sole agent for Bell Pianos and Organs for Watford and vicinity, and the only person authorized to quote prices, and the only person to whom the company supplies their instruments for sale. All intending purchasers are warned against paying attention to the representations of others, who are not in any sense authorized by the company, to quote prices, or offer their goods for sale, and whose representations the Company will not be responsible for.—THE BELL PIANO & ORGAN CO., LIMITED.
Guelph, Ont. February 16th, 1910.

No One Can Undersell Us In

Sewing Machines.

INSURANCE

J. H. HUME.

AGENT FOR

FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

REPRESENTING

Five Old and Reliable Fire Insurance Companies

If you want your property insured please call on J. H. HUME and get his rates.

—ALSO AGENT FOR—

C. P. R., Telegraph and Canada Permanent Loan and Saving Co.

Ticket Agent For C. P. R.—Tickets sold to all points in Manitoba, Northwest and British Columbia.

THE LAMBTON Farmers' Mutual Fire Insurance Company.

(Established in 1876)

J. W. KINGSTON President.

THOS. STEADMAN, Vice-Pres.

JAMES ARMSTRONG, DIRECTOR.

A. G. MINIELLY, DIRECTOR.

D. SUTHERLAND, DIRECTOR.

JAMES SMITH, DIRECTOR.

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ALEX. JAMIESON, AUDITOR.

PETER MCPHEDRAN, Wanstead, P.O.

AGENT, for Warwick and Plympton.

OUR CLUBBING LIST.

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star with premium.....\$ 1 85

Weekly Mail-Empire with premium..... 1 85

Weekly Farmers Sun..... 1 85

Weekly London Free Press..... 1 85

Weekly London Advertiser..... 1 65

Weekly Globe..... 1 85

Northern Messenger..... 1 40

Weekly Montreal Witness..... 1 85

Hamilton Spectator..... 1 85

Weekly Farmer's Advocate..... 2 35

Toronto Saturday Night..... 3 50

Daily News..... 2 50

Daily Star..... 2 50

Daily World..... 4 00

Mail and Empire..... 4 00

Morning London Free Press..... 4 00

Evening London Free Press..... 3 00

Daily London Advertiser..... 3 00

A NATION OF MARKSMEN.

In Switzerland Rifle Shooting is Fostered as a Sport.

Every man in the peaceful and democratic country of Switzerland is a soldier in a modest way. The able-bodied Swiss enters the army at twenty years of age and serves sixty-five days in his first year. For the next twelve years he trains for three weeks every alternate year. At thirty-two he enters the landwehr and has eight to ten days under arms every fourth year until, at fifty, he retires and is required to furnish no further service except in case of war.

It is not too much to call the Swiss a nation of marksmen. The training periods are occupied only with drill and tactics; the all important matter of shooting is left to the individual soldier to carry out at other times, and he does it under the auspices of the shooting societies which are such a feature of Swiss life.

These societies, under Government control, are called Schützengesellschaften in the German and Societies de Tir in the French cantons. They are voluntary associations, varying in size and importance with the town or village they serve. Those in the larger towns possess completely fitted ranges and clubhouses; the small villages do their shooting in any field backed by a suitable hill. Every peasant and townsman has easy facilities for shooting, and each man has his service rifle always in his possession.

Every man between the ages of 20 and 32 must fire thirty-two shots in four compulsory exercises every year, and the societies receive a grant of 2 francs for every soldier shooting this course on their ranges. The income derived from the grants generally suffices for the current expenses of the society, supply of targets and pay of marker. There is no entrance fee nor subscription, as a rule, and heavy expenditures, such as that incurred by the construction of new ranges, is met by a special grant from the Government.

In addition to these exercises, many competitions are held between different villages, towns and cantons. The whole system of Swiss shooting is a good example of co-operation between Government and individual. Every Swiss has his army rifle; he can use it when and where he will, provided he does not endanger other lives; he is insured by his Government against all accidents on the ranges, and through his society he can secure the services of qualified military officers to organize and control his shooting. By treating rifle shooting as a sport, and it is as popular as baseball or football with us and far more generally practiced, the Swiss have removed it from its usual warlike associations, but should occasion arise that which has been learned in sport would be used in earnest.

Shiloh's Cure

quickly stops coughs, cures colds, heals the throat and lungs. . . . 25 cents.

Names in Samoa.

Travelers visiting Samoa are puzzled at first by the fact that many boys bear feminine names, while girls as frequently have masculine names. The visitors learn after a while, however, that this confusing use of names instead of being due to ignorance is in reality the result of a native custom which is highly poetic. Thus if a girl is born soon after the death of a brother the latter's name is given to her in the belief that his spirit and all his good qualities have been transferred to her. On the other hand, if a boy is born after the death of a sister he takes the latter's name and, as the Samoans believe, all her lovely traits become his.—London Globe.

How To Stop Stubborn Cough

We don't mean just stop the irritation in your throat—but cure the underlying cause.

Cough syrups cannot do this. It takes a constitutional tonic body builder to do the work properly—and cure you to stay cured. Vinol is the remedy you need.

HERE IS PROOF

Mrs. Minnie Osgood, of Glen Falls, N. Y., writes: "After trying several remedies for a bad cough and cold without benefit, I was asked to try Vinol. It worked like magic. It cured my cold and cough and I gained in health and strength. I consider Vinol the most wonderful tonic and invigorator I ever saw."

If we cannot stop that cough with VINOL—our delicious cod liver and iron tonic—which is made without oil—we will not charge you a cent for the medicine you buy. This seems like a pretty fair proposition—and ought to be accepted. Don't you think so? With this understanding we ask you to try a bottle of VINOL.

T. B. TAYLOR & SONS, WATFORD.

We Pay Your Druggist For

your first 50c. bottle of Psychine

(PRONOUNCED SI-KEEN)

YOU GET IT FREE

It has only been within recent years that we have come to really know about the white corpuscles of the blood or the phagocytes and what their function is.

That they are the policemen or scavengers of the body.

Devouring every disease germ that enters the body when they are strong enough or in sufficient numbers.

Or being devoured in turn by these disease germs when inferior in strength.

It has only been within the last few years that scientists have found out that certain herbs strengthen and increase these white corpuscles, or bodily scavengers.

And these herbs largely compose Psychine.

For thirty years Psychine has been strengthening and increasing the white corpuscles of the blood.

For thirty years Psychine has been building up run-down vitality, curing many of apparently hopeless diseases.

We have sold millions of bottles of Psychine in that time.

We have cured hundreds of thousands.

And we have received hundreds of thousands of unsolicited testimonials.

All due to this marvellous power of strengthening and increasing the white corpuscles of the blood.

Here are the diseases in the treatment of which Psychine is indicated.

Here are the diseases of which Psychine has cured many thousand cases:

La Grippe
Bronchitis
Hemorrhages
Sore Throat
Anemia
Female Weakness
Indigestion
Poor Appetite
Chills and Fevers
Sleeplessness and Nervous Troubles
After-effects of Pleurisy, Pneumonia and La Grippe.

Bronchial Coughs
Weak Lungs
Weak Voice
Spring Weakness
Early Decline
Catarrhal Affections
Catarrh of Stomach
Night Sweats
Obstinate Coughs
Laryngitis and Dyspepsia

Now, we don't ask you to take our word for the tremendously beneficial effect of Psychine. Fill out the coupon below, mail it to us and we'll give your druggist an order (for which we pay him the regular retail price) for a 50-cent bottle of Psychine to be given you free of cost.

We will undoubtedly buy and distribute in this manner hundreds of thousands of these 50-cent bottles of Psychine.

And we do that to show our entire confidence in this wonderful preparation.

A confidence that has been based on our 30 years' experience with this splendid preparation, with a full knowledge of the hundreds of thousands of cures it has made.

COUPON No. 122

To the Dr. T. A. SLOCUM, Ltd.

193-195 Spadina Ave., Toronto.

I accept your offer to try a 50c. bottle of Psychine (pronounced Si-keen) at your expense. I have not had a 50c. bottle of Psychine under this plan. Kindly advise my druggist to deliver this bottle to me.

My Name.....

Town.....

Street and Number.....

My Druggist's Name.....

Street and Number.....

This coupon is not good for a 50c. bottle of Psychine if presented to the druggist at must be sent to—We will then buy the 50c. bottle of Psychine from your druggist and direct him to deliver it to you. This offer may be withdrawn at any time without notice. Send coupon to-day.

Horse Distemper

Prince Edward Farmer Sol- emnly Declares "Nerviline" Is a Specific.

"After fifty years' experience in raising horses I can safely testify that no remedy gives such good results for an all-round stable liniment as Nerviline." Thus opens the very earnest letter of J. J. Evanston, who lives near Wellington, P. E. "I had a very valuable horse that took distemper a month ago, and was afraid I was going to lose him. His throat swelled and he had a terrible cough. I tried different remedies, but was unable to relieve my horse of his pain and suffering till I started to use Nerviline. I mixed a bottle of Nerviline and sweet oil and rubbed the mixture on the throat and chest three times a day and you would scarcely believe the way that horse picked up. Nerviline cured him. I also have used Nerviline for colic in horses and cows, and earnestly recommend it to every man that is raising stock."

For strains, sprains, swellings, colic, distemper, coughs, and colds, no liniment will prove so efficacious in the stable as "Nerviline"—it's good for man or beast, for internal or external use. Wherever there is pain, Nerviline will cure it. Refuse substitutes. Large bottles 50c, trial size 25c, at all dealers, or The Catarrhose Co., Kingston, Ont.

Nerviline CURES QUICKLY

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CORNS CURED

IN 24 HOURS

You can painlessly remove any corn, either hard, soft, or bleeding, by applying Putnam's Corn Extractor. It never burns, leaves no scar, contains no acids; is harmless, because composed only of healing gums and balsams. Fifty years in use. Cure guaranteed. Sold by all druggists, 25c bottles. Refuse substitutes.

PUTNAM'S PAINLESS CORN EXTRACTOR

Lemon Rind.

When using lemons it will be found a good plan to scrub thoroughly and grate off the yellow rind. This, mixed with an equal quantity of sugar and kept in an air tight box, will be delicious for flavoring custards, cakes and everything where lemon extract is used and is much more delicate in flavor.

Banana Cocoa.

In Switzerland there is a factory which turns out a "cocoa" preparation made from bananas. It is said that it is highly nutritious and has a fine flavor.

Market Days in Portugal.

Wednesdays and Sundays are market days in Portugal. The natives travel hundreds of miles on mules to dispose of their goods. These consist chiefly of goats' milk, cheese, bread, live chickens and fruit. Shiploads of the small cheeses are exported annually to their countrymen in Brazil.

Mexico's Interior.

Mexico's interior is a high tableland upon which are located nearly all the populous cities, and the climate is so cool that the Mexicans have not yet acquired the habit of drinking cold water.

Then They Talked in English.

A couple of Cleveland business men visited Mexico. In Mexico City their train was switched from one station to another. One of the Clevelanders went to the first station to make inquiries. Approaching a pair of dark visaged employees, he culded his memory for the proper words from the phrase book.

"Donde esta?" he hesitatingly asked and paused.

The two dark visaged persons listened attentively.

"Gracias," stammered the Cleveland man. "Donde estan?"

Then one of the men looked at the other.

"Say, Bill," he growled, "what in merry blue blazes is this fellow talkin' about?"

And after that it was easy.—Cleveland Plain Dealer.

The Donkey's Choice.

The vexed question of the future life of animals has troubled the Mohammedan, as it has other religions. The question, it seems, was considered by Allah a long time ago, and all the animals were asked if they wished to enter paradise. They at once said yes, except the donkeys. These were cautious and asked if little boys went to heaven. The answer being yes, they replied, "In that case we prefer to go to the other place." S. H. Lederer vouches for the fable in "The Desert Gateway."

Friendships.

There are three friendships which are advantageous and three which are injurious. Friendship with the upright, friendship with the sincere and friendship with the man of much information—these are advantageous. Friendship with the man of specious airs, friendship with the insinuatingly soft, friendship with the glib tongued—these are injurious.—Confucius.

Cutting Down the Butcher's Bill.

"Isn't there any way to cut down a butcher's bill?" asked Tightwad, sarcastically addressing his meat man.

"Why, yes, Mr. Tightwad," said the latter. "You might pay a little on account now and then."—Harper's Weekly.

It is easier to enrich ourselves with a thousand virtues than to correct ourselves of a single fault.—Bruyere.

GOOD DIGESTION SHOULD WAIT ON APPETITE.

To have the stomach well is to have the nervous system well. Very delicate are the digestive organs. In some so sensitive are they that atmospheric changes affect them. When they become disarranged no better medicine is procurable than Parmelee's Vegetable Pills. They will assist the digestion so that the hearty eater will suffer no inconvenience and will derive all the benefits of his food.

Mrs. John Warren and son Kenneth, of Eastwood, tell from the second step of a neighbor's stairway to the bottom. The child was not hurt, but the mother was badly bruised and suffers from the shock.

Parents buy Mother Graves' Worm Exterminator because they know it is a safe medicine for their children and an effective expeller of worms.

If you trade in Watford you go home satisfied.

Beware of Ointments for Catarrh that Contain Mercury.

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten-fold to the good you possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood, and mucous surfaces (the system). In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c. per bottle.

Take Hall's Family Pills for constipation.

Rev. J. J. Jinks: "My hearers, I shall have to ask your indulgence for a few minutes. I forgot my manuscript, and have sent my little boy for it. His son (coming in): "Ma couldn't find the writing, but there's the book you copied it from!"

A baroness is coming across the ocean to marry an Ohio farmer. So the age of romance is not over! Oh, well, when they settle down after the honeymoon the baroness should be able to get a few cents more for her butter and eggs just on account of who she is.

IGNORANCE IS A CURSE.—"Know thyself is a good admonition, whether referring to one's physical condition or moral habits. The man who is acquainted with himself will know how to act when any disarrangement in his system manifests itself. Dr. Thomas' Electric Oil is a cheap and simple medicine for the eradication of pain from the system and for the cure of all bronchial troubles."

WATFORD merchants have the goods and meet all price competition.

FOR SALE OR RENT.

LOT 247, Ontario street, south, will be sold on reasonable terms, and possession given by June 1st next. With the house will be sold a range with water tank, bath tub, furnace, electric lights with meter. There is also a good stable with drive shed &c. Inspection by intending purchasers invited. If not sold may be rented.

m3-2m W. G. WILLOUGHBY.

Valuable Business Premises in Watford for Sale.

THE UNDERSIGNED offers for sale the south-west part of lot 33, Main street, Watford, the premises now occupied by Mr. W. E. Fitzgerald, bar-rister, with dwelling rooms above. Will exchange same for farm property. For further particulars apply to

124-44 A. J. MOFFITT, Box 409, Watford.

FARM FOR SALE

100 ACRES, being Lot West Half 6, Con. 1, N.E. 1/4, Warwick; 76 acres cleared, balance good; hardwood bush. On the premises is a good frame house, good barn on concrete foundation, drive-house and other outbuildings. Small orchard, good well and windmill, convenient to school and church. About 8 miles from Watford and 8 from Forest. All under grass except 15 acres. Well tile-drained. For further particulars apply on the premises, or to

d30 5m GEO. FENNER, Warwick Village.

FARM FOR SALE

THE UNDERSIGNED OFFERS FOR SALE THAT desirably situated farm known as the east half of Lot 19, Con. 4, S. E. 1/4, Warwick, consisting of 100 acres. On the premises are a large and comfortable frame house, good barn and stable and outbuildings in good shape. Well fenced and watered, and situated just outside the corporation of Watford. If sold will be rented on reasonable terms. A considerable portion of the property is freshly seeded down. For further particulars apply to the proprietor

n19-4d W. N. THOMPSON, Watford, Ont.