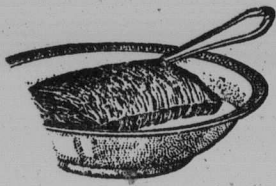


1 FEB. 1917
1917
P.7

Don't say "Breakfast Food"—say "Shredded Wheat"—for while you no doubt mean **Shredded Wheat**, you may get one of those mushy porridges that are a poor substitute for the crisp, delicious shreds of baked whole wheat—that supply all the nutriment for a half day's work. Two Biscuits with milk or cream make a nourishing meal at a cost of a few cents.



in Canada.

ails of a Dress

at from Russia great many con- les, not only in dresses, but in raised in front. are worn with des," to which a se dress, with a g to the knee and ated skirt, is one yles of the season. ade with high close- again, the open neck- ing sailor collar is



Distinctly Russian in Effect

used with it. With the high collar and closing at the side, these dresses give very much the impression of a suit. It has been observed of late that such dresses giving the appearance of suits have been very much worn at afternoon functions. A waist with a short pelum sometimes gives this effect, especially when the dress is developed in velvet, velours, or the other wool materials which are used both for suits and dresses.

Lace neckwear with high collars and long flowing jabots is again in style, and those who never were able to wear the low collars becomingly now have the chance to reveal in these. But the low collars are still numerous, made of fine linen, batiste, Georgette



Have a Bottle Handy!

Sloan's Liniment is assigned its place among the trusted family remedies in thousands of medicine closets. Confidence in it is based on the uniform effectiveness with which it banishes the pains of rheumatism, neuralgia, gout, lumbago, sore stiff muscles, bruises, sprains and strains. Cleaner and easier to use than mussy plasters or ointments. It penetrates and relieves quickly without rubbing. At all druggists, 25c. 50c. and \$1.00.



and net, embroidered ever so daintily and the edged with lace for further decoration.

Lingerie was never so irresistible as it is now. Of sheerest Georgette crepe and silk voile in delicate colors are garments of every type. Fine embroidered underwear, of course, is always correct. Wash satin and crepe de Chine are more favored than ever for lingerie materials.

These patterns may be obtained from your local McCall dealer or from the McCall Company, 70 Bond Street, Toronto, Ontario, Dept. "W."

A PINCH OF DUST.

Small Quantity of Coal Burst Shell When Heated.

We have often been told of the enormous amount of energy stored in coal which we are unable to use, and the truth of this statement has recently had the strangest proof at a Sheffield (England) munition works. A turner found a scrapper, imperfect shell on the waste heap in the yard, and placed it in the blacksmith's fire, intending to use it as a foot-warmer during breakfast-time. He didn't know that after the shell had been punched a small quantity of coal dust had entered the cavity, and in the fire this dust became converted into gas as the metal grew red-hot. Falling in its rapid expansion, to gain a sufficiently wide outlet, the gas burst the shell. A piece of the metal as large as a man's fist was blown completely through the body of a youth standing near, and, passing on, it knocked down a second man.

NERVOUS DISORDERS

Are Properly Cured by the Use of Dr. Williams' Pink Pills.

If your hand trembles or is unsteady, it is a sure and early sign that your nervous system is at fault. The trouble if not taken in time will develop slowly to a worse stage, and there is no person more to be pitied than one suffering from nervous trouble. You feel unaccountably weak after exertion, lose flesh, turn against food, and suffer palpitations and indigestion after eating. Sometimes sharp pains shoot down your spine and legs, and often neuralgia robs you of your sleep at night. These are some of the troubles that indicate the presence of nervous disorders. If they are neglected they result in a complete nervous collapse, sometimes in paralysis. Dr. Williams' Pink Pills have won a great reputation in curing all forms of nervous diseases. The nervous system depends entirely upon the blood supply for nourishment. Dr. Williams' Pink Pills actually increase the supply of rich, red blood; feed, strengthen and tone the nerves, enabling them to perform their functions and dispel all signs of a breakdown. Mrs. B. Wainlott, Beaver Bank, N.S., says:—"I was sick, run down and awfully nervous. The slightest noise would startle and annoy me. I suffered pains around the heart and every particle of color left my face and hands. I always felt tired, and slept poorly at night. I was so poorly that my friends thought I would not recover. I tried many medicines but they did not help me. Then I read of Dr. Williams' Pink Pills and decided to drop all other medicine and try them. It was fortunate I did for in the course of a few weeks I found them helping me. I continued taking the pills for some weeks longer and they completely cured me. I earnestly advise every weak woman and girl to give Dr. Williams' Pink Pills a fair trial, and I am sure they will not be disappointed."

You can get these pills through any medicine dealer or by mail at 50 cents a box, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

WOMEN AND THE ANDES.

Life Along Well-to-do Largely Follows Tradition.

It is a far cry from the western slopes of the Andes to the dawn of women's rights, emancipation and the vote, but the morning star of duty as wife and mother, even in their limited conception of its meaning, shines all the brighter in comparison. In their own wide ramified family circles their influence is felt, while their outside interest centres in the Church.

The wealthy senora is looked up to by her poorer sisters, and in the small towns and haciendas (ranches), where her numerous family connections are the leading people of the community, she extends a kindly and charitable beneficence to them and to all who serve them in any capacity. When these women come of old Spanish stock they are extremely exclusive, and ancient rules of etiquette guide their social relationships. Their daughters go to the convent schools, receive a limited education, and return home to continue the same regime as has held sway since the day when their forbear left Spain.

In family life there is much affectionate generosity and contentment; life for them is simpler and less intense than in Anglo-Saxon countries. There is a lack of realization of the seriousness and meaning of life, an habitual inclination to take things lightly. With no struggle to better their lot in life or fight against untoward circumstances, they calmly resign themselves to the fate of the unseen hand.

Not His Hat.

With a wild sweep the wind tore round a sudden corner and removed the hat from the head of a respectable and near-sighted citizen who chanced to be passing.

Peering wildly round, the man thought he saw his hat in a yard, behind a high fence. Hastily climbing over, he started to chase it, but each time he thought he had caught it, it got yet another move on.

Then a woman's angry voice broke on his ears.

"What are you doing there?" she demanded shrilly.

He explained mildly that he was only trying to retrieve his hat, whereupon the woman said, in wonder:

"Your hat? Well, I don't know where it is, but that's our black hen you're chasing!"

WINTER HARD ON BABY

The winter season is a hard one on the baby. He is more or less confined to stuffy, badly ventilated rooms. It is so often stormy that the mother does not get him out in the fresh air as often as she should. He catches colds which rack his little system; his stomach and bowels get out of order and he becomes peevish and cross. To guard against this the mother should keep a box of Baby's Own Tablets in the house. They regulate the stomach and bowels and break up colds. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

BLACK DIAMONDS.

Carbons Used as Dull Points, Worth From \$15 to \$85 a Carat.

Commerce offers no story more interesting than that of the black diamond. This stone is known commercially as the "carbon" and is used for drill points—for piercing solid rock where a point of particular strength is needed. Because of the extreme hardness of its cutting edge extra long service is obtained from it one drill now in use still carrying the diamond point that was placed in it more than eighteen years ago.

The diamond point is set into the drill with a brass solder and the bit is in the shape of a hollow cylinder with the carbon as the cutting edge. Consequently, the drill cuts a cylindrical piece of rock an inch or less in diameter, which is brought to the surface for examination. The core of rock thus obtained is analyzed to determine the value of the deposit being drilled.

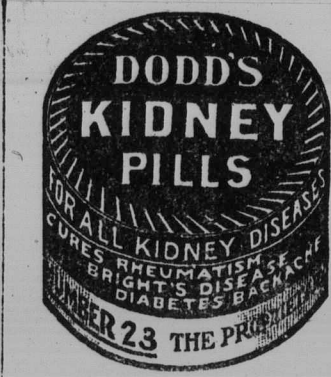
The ordinary black diamond drill of the sort used in the granite quarries of Vermont, is worth about two thousand dollars, while those for testing the copper deposits of the Lake Superior region are more expensive.

The bit containing the black diamonds is attached to a long shaft made up of a series of pipes which screw together, new sections being added as the drill penetrates farther and farther. Depths of one mile have been reached with these drills.

Black diamonds, or "carbons" in their natural state range in size from a fraction of a carat to eight hundred carats. Since the carbons come in irregular shapes it is necessary to "split" them into approximate cubes, the most desirable sizes ranging from three to six carats. They are worth from fifteen to eighty-five dollars a carat when in cube form, and from six to eight cubes are required for a bit.

Because black diamonds often have cores of a honeycomb character they do not always "split" perfectly and for that reason the splitting of the diamonds is a very important item and upon its success depends the value of the stone. The splitting is accomplished by the aid of a pneumatic tool consisting of two knives set at an angle of about seventy-five degrees to each other, and to which presents is applied at the rate of 8,000 pounds a square inch.

It is the custom that when the carbon is too large to be set into a drill without splitting, the buyer and the



seller divide the risk in the splitting of the stone into pieces small enough for practical use. A maximum figure is agreed upon, which is to be paid for the diamond if it proves to be solid and splits according to expectations; if the splitting is not successful and the diamond shows a defective interior then only a fractional part of the maximum price is paid. The owner has some anxious moments as the work of splitting is done.

Almost if not all black diamonds come from the State of Bahia, in Brazil. The mining region is about two hundred and seventy miles from the city of Bahia and is reached after a long, hard, and tedious journey, of several days, in which the mule is the practical means of transportation. The mining methods employed are very crude, the work being done by native miners. The diamonds are found in a gravel known as "cascalho," which is obtained on the sides and slopes of the mountain ranges and in the Paraguassu River and its tributaries.—W. F. French in Illustrated World.

ROYAL INCOMES.

Provision Made by Parliament For Maintenance of Royal Family.

In addition to the £470,000 a year King George receives from the State, he has a personal income of \$61,000 a year from the Duchy of Lancaster. The latter was presented by Edward III. to his son, John of Gaunt, and with the accession to the throne in 1399 of John of Gaunt's son as Henry IV., the duchy became a crown possession, and is now a valuable property in lands, royalties, fees, etc., and forms part of the income of the King.

The Prince of Wales is not provided for in the civil list, the name given to the sums of money voted by Parliament for the maintenance of the royal family. His royal highness receives about \$87,000 annually from



THE NATION'S FUTURE Depends Upon Healthy Babies

Properly reared children grow up to be strong, healthy citizens

Many diseases to which children are susceptible, first indicate their presence in the bowels. The careful mother should watch her child's bowel movements and use

Mrs. Winslow's Soothing Syrup

It is a corrective for diarrhoea, colic and other ailments to which children are subject especially during the teething period.

It is absolutely non-narcotic and contains neither opium, morphine nor any of their derivatives.

Mrs. Winslow's Soothing Syrup

Makes Cheerful, Chubby Children

Soothes the fretting child during the trying period of its development and thus gives rest and relief to both child and mother.

Buy a bottle today and keep it handy

Sold by all druggists in Canada and throughout the world

the Duchy of Cornwall, which was also originated by Edward III. for the support of his eldest son, and the eldest son of the sovereign has, since that time, derived his income from the valuable property in lands, royalties, fees, etc.

In the event of his marrying, the wife of the Prince of Wales will receive £10,000 a year, to be increased to £30,000 a year if she survives him, while each of the King's younger sons will receive £10,000 a year when he is 21 years old, to be increased to £25,000 at marriage. Princess Mary, who is now 19, will receive £6,000 a year when she is 21 years old or at her marriage. Pensions and annuities to various members of the royal family amount to £146,000 a year.

What They Did For One Family

Dodd's Kidney Pills Cured Where Doctors Failed.

Mr. and Mrs. Sawyer, After Years of Suffering, Found the Remedy They Sought in Dodd's Kidney Pills.

Capreol, Ont., Jan. 22nd (Special).—Firm believers in Dodd's Kidney Pills are Mr. and Mrs. Adolphe Sawyer of this place. They have their reasons and are quite willing to make them public.

"I was a complete wreck when I started to take Dodd's Kidney Pills," Mr. Sawyer says. "I had suffered for ten years. I tried five doctors altogether. Some said it was rheumatism. Others called it lumbago, but none could give me any permanent relief. Dodd's Kidney Pills made a new man of me.

"My wife got the same good results from them. She also had been to several doctors. A specialist from Sault Ste. Marie advised her to stay in bed for a month. But she tried Dodd's Kidney Pills instead with splendid results.

"Do you wonder that we both praise Dodd's Kidney Pills? No one can speak too highly of them."

Dodd's Kidney Pills are purely and simply a kidney remedy. If the disease is of the kidneys or from the kidneys they will cure it.

Philippine Fancies.

A sweet lady among thorns—Pineapple.

If you chop it, it heals at once—Water.

I saw two boats, only one person was aboard—Shoes.

"Come here!" he says, but has no mouth—Forefinger.

When held in goes, where let loose it lies down—Pen.

A slender tree, which bears only one leaf—Lighted candle.

There are two princesses who live on the two sides of a mountain; when one cries both cry—The eyes.

His words are difficult to understand; when look in his face you understand what he says—Clock.

Minard's Liniment Co., Limited.

Sirs,—I have used your MINARD'S LINIMENT for the past 25 years and whilst I have occasionally used other liniments I can safely say that I have never used any equal to yours.

If rubbed between the hands and inhaled frequently, it will never fail to cure a cold in the head in 24 hours. It is also the Best for bruises, sprains, etc.

Yours truly,
J. G. LESLIE.

Dartmouth.

Food Cast Up By The Sea.

At Cleethorpes a steamer which was recently driven ashore began to break up in the fierce rollers, and large quantities of margarine, butter, and cheese were washed ashore, says London News. Hundreds of people with wagons, barrows and handcarts were busy on the beach removing the valuable flotsam and jetsam. Some of them have now a store sufficient to last some months.

Minard's Liniment Cures Distemper.

Juvenile Logic.

It was at a private entertainment, and a lady had just risen from the piano.

"Would you like to be able to sing and play as I do, dear?" she queried of a little five-year-old miss.

"No, ma'am," was the unexpected reply.

"And why not?" asked the lady.

"Cause," explained the small observer, "I wouldn't like to have people say such horrid things about me."

Minard's Liniment Cures Colds, Etc.



High Praise

"Is he the kind of man you'd invite up to your house to dinner?"

"I should say he is. He's the kind of man my wife would insist on having at least 48 hours' notice to prepare for."

Minard's Liniment Cures Diphtheria.

Careless.

"Yes, aunt; John is so careless of his appearance. His buttons are always coming off."

"But perhaps they aren't—ch—sewed on properly."

"That's just it, John is careless with his sewing."

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by MURINE Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. MURINE Eye Seltzer Tubes 25c. For Book of the Eye Freack Druggists or Murine Eye Remedy Co., Chicago

This Actually Happened.

Caller—Is Mrs. Blank in?

New Irish Maid—No, ma'am, she's not at home, and may God forgive the awful lie I'm tellin' ye. (Slams the door.)

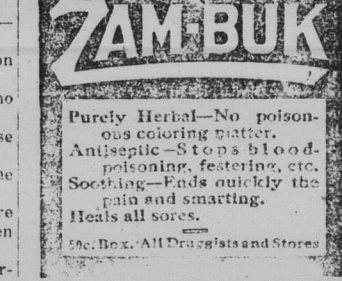
Minard's Liniment Cures Garget in Cows.

Business is Business.

When Billy Bennett applied for a job as office boy he produced testimonials from two clergymen who knew him well. But the hard-hearted business man was not particularly impressed by them.

"We don't want you on Sundays, my lad," he said. "Haven't you a reference from somebody who knows you on week days?"

The slower you eat, the less food you require.



NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB OFFICES for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 72 West Adelaide Street, Toronto.

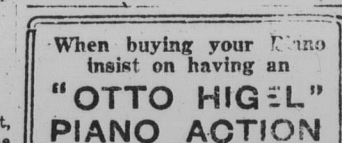
MISCELLANEOUS

CANCER, TUMORS, LIMBS, ETC., treated internally and externally, cured without pain by our home treatment. Write us before too late. The Billman Medical Co., Limited, Collingwood, Ont.



PATENTS IN ALL COUNTRIES

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