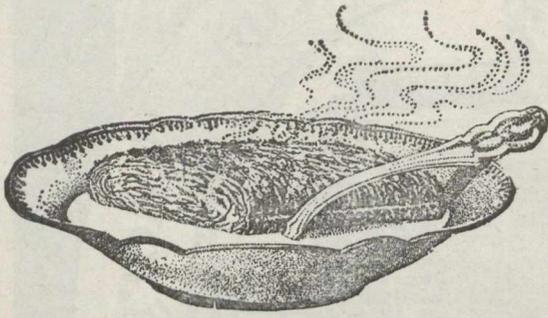


## Woman's World and Work



grow larger with increasing freedom from household drudgery. Food sense and food knowledge have taken her out of the kitchen into the larger realms of home-making. When cooks fail and servants fail there is

# SHREDDED WHEAT

to lean upon in every emergency. Being ready-cooked and ready-to-serve it is so easy to prepare in a few moments a delicious, nourishing meal with Shredded Wheat Biscuit.

Simply heat the biscuit in an oven for a few moments to restore crispness, then pour over it hot milk, and salt or sweeten to suit the taste.

Made of Choicest Selected Canadian Wheat  
A Canadian Food for Canadians

Made by

The Canadian Shredded Wheat Company, Limited  
Niagara Falls, Ontario

Toronto Office: 49 Wellington Street East

L-76

## Say Farewell to Every Corn

Don't pare off the top layer and let the real corn go. That's simply folly.

It is dangerous, too. A slip of the blade often means an infection. Sometimes it means blood poison.

That form of home surgery doesn't belong to these intelligent times.

The treatment used by millions is this:

Apply a Blue-jay plaster. It is done in a jiffy. The pain ends instantly—the corn is forgotten.

Then the B & B wax gently loosens the corn. In 48 hours the whole corn comes out, root and all. No soreness, no discomfort.

Fifty million corns have been ended in this way since this famous wax was invented.

Let it remove one for you. That will show you the end of corn troubles forever.

- A in the picture is the soft B & B wax. It loosens the corn.
- B protects the corn, stopping the pain at once.
- C wraps around the toe. It is narrowed to be comfortable.
- D is rubber adhesive to fasten the plaster on.

## Blue-jay Corn Plasters

Sold by Druggists—15c and 25c per package

Sample Mailed Free. Also Blue-jay Bunion Plasters (150)

Bauer & Black, Chicago and New York, Makers of B & B Handy Package Absorbent Cotton, etc.

## PEOPLE AND PLACES

### To Boost New Brunswick.

ABOUT 400 delegates attended New Brunswick's first immigration congress, which was held recently, and the result is expected to have a marked effect on the policy of the Provincial Government.

Some of the practical suggestions made by the speakers, and upon which the delegates set the seal of their approval, were the following:

1. Organization of a New Brunswick league along the lines of the Canadian clubs, membership fees to be used for advertising the Province.
2. Business men's excursions to New Brunswick from Ontario and the West to be arranged through the Boards of Trade.
3. A central bureau for giving information to newly-arrived immigrants and officials to visit them and give advice.
4. Immigration officials to take legal options on lands for disposal to newcomers.
5. An agricultural loan commission to assist new settlers in the Province.

### A Rival For Banff.

THE accompanying illustration shows the preliminary drawing of the "Chateau Miette," an hotel which the G.T.P. railway will build at Miette Hot Springs, Jasper National Park, in the

have been," we say, for, happily, that unfortunate state of affairs must now be referred to in the past tense. Be it here known unto all Scots that the cult of Burns is no longer absent from Vancouver, and that now a man may forsake the strange gods of the West and return to the love of h's youth. The altar has been reared and zealous indeed are the worshippers already assembled.

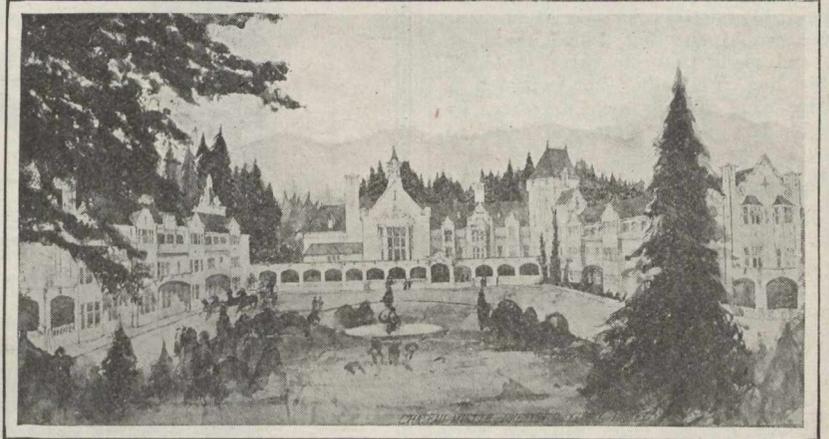
### Indians Cease Roaming.

ALL Indians around the city of Medicine Hat, 70 in number, have been ordered to go to the reserve this spring.

The action is taken on account of the fact that the country is now becoming thickly populated, and it has been decided that the roving of Indians on the prairie in the future must end.

It is considered that the change will be greatly beneficial. The Indians live practically from hand to mouth. They deal in horses, and some of them work. They own no land, and camp most of the time along the river, that is, whenever they are not roving over the prairie.

When the inspector of Indian agencies notified the Indians he told them that they had the option of going to



"Chateau Miette," a G.T.P. Hotel to Be Built at Miette Hot Springs, Jasper National Park.

Canadian Rockies. The site of the hotel is a very beautiful one. It is expected that construction will commence this spring, and the work will be pushed forward with all haste.

### May Blow Up Mountain.

TO consider the advisability of blowing up Turtle Mountain with dynamite in order to avert a second slide there, the Canadian Pacific Railway will make arrangements with the Federal Government in the near future, and after the report of an expert is secured, some action will probably be taken to protect the town of Frank and its citizens from a second slide.

In the meantime there is no immediate danger, and work in the mines and in the town is still going on as if there were no mountain there at all.

### A Burns Club at the Coast.

VANCOUVER has formed a Burns Club, and the Vancouver World tell, in part, about that event as follows:

Where two or three hundred Scots are gathered together you will find a Burns Club in the midst of them. Especially when they are far from Scotia's strand and the air is no longer warm with the breath of sentiment. Then they gather closely round the sacred ashes that they all carry with them from the auld hearth and warm their hearts by blowing the embers into flame.

Vancouver seemed to have been an exception to the rule, either because its scenery of hill and forest and shore satisfied the hungry souls, or because its real estate booming dulled their natural yearning. "Seemed to

any of the western reserves that they wished, where a piece of land would be provided for them to work. The majority of them chose the Battleford or Piapot reserves.

This action is one more and practically the last in curtailing the wandering of the Indians over the western prairies.

### Moose Jaw's Carnival.

A UNIQUE carnival has been arranged to be held at Moose Jaw on Easter Monday, to celebrate the opening of spring in the Northwest. There will be an automobile and agricultural implement show on the principal streets and a public wedding on Main Street. Valuable prizes are offered to couples coming forward, including a wedding ring, a license and the clergyman's services.

The programme also contains bands, concerts, Indian pow-wows, squaw races, a large procession and a confetti battle and other similar amusements.

### Doukhobors Won't Work Out.

AT a recent conference held at the Doukhobor ranch near Grand Forks, at which Peter Veregin, the leader of the society in Canada, was present, it was decided that the members of the local colony would not hereafter work for anyone in the district, but would put all their labour on their own properties located in this vicinity.

During the past couple of seasons these people have come in very useful at times to the ranchers of the valley, who were able to go to the colony and secure as many labourers as might be required. It is stated that by this means the men have been able to clean up about \$6,000 in outside work each season.