THE TRUE WITNESS AND CATHOLIC CHRONICLE.

cool.

small boy who persisted in staring



Friendship is a word the very sight of which in print makes the heart warm. Augustine Birrell.

3

YOUNG WOMEN LEAD.

Has the American Catholic young man no brains? Does he lack edu-cation? Has he no genius? asks the Catholic Sun of Syracuse, N.Y. These questions would seem per-tinent just now. Writing mathematical Katherine L. Conway, editor of that thought-provoking weekly, ccm-ments on the fact that two out of the three prizes recently offered for short stories by the Extension Ma-gazine were won by wome. The first prize, \$100 in gold, was won by Miss Mary Katharine Sy-non, whose parents are Irish. The second prize, \$50 in gold, was won by Miss Louise M. Whalen, also of Irish descent on both sides.

of Irish descent on both sides. The third prize, \$25 in gold, was won by "Will Scarlet," a non-do-plume which hides the identity of a Christian Brother who lives at Oak-land, California, and who is like-wise of Irish descent wise of Irish descent. There were nearly 3000 MSS. en-

tered, the tered, the same coming from every section of the United States and section of the United States and Canada. It is significant that two of the winners should be women. Miss Synon is a department editor of the Chicago Daily Journal. Mis Whalen is an expert standard of the Chicago Daily Journal. Mis Whalen is an expert stenographer in the same city. Both of the women are under twenty-five Both of the young This is the fourth or fifth literary

This is the fourth or fifth hterary contest of which we have learned, in recent years, in which young wo-men won the leading prizes. What are our young men doing? Fo they mean to let the Catholic young wo-men of this country do all the ar-tistic work-all the creative work-all the brain work while they sit around at "smokers" and pokers and finally go to their graves un-known? They ought to get to thinking and

They ought to get to thinking and that right soon. It does not look well to see women winning all the prizes in contests where braies ount.

+ + +

I CAN'T DO ANYTHING.

The girl who "cannot do anything The girl who "cannot do anything with her hair" and who dislikes to wash it too frequently would do well to purchase, of any reliable druggist, a package of orris powd-er. By means of this she may have a dry shampoo which is pleaant and does not injure the hair, while it cleanses it and leaves it soft and fluffy. Shake the powder onto the bair from the package, or better fluffy. Shake the powder onto the thair from the package, or better still, put it on with a powder puff, which will distribute it more oven-ly. It must get all through the hair thoroughly. Then take a clean brush and brush it all out again. Be careful in brushing it that you do not brush it into the roots, as it might dry them too much. Other-wise there is no danger at all in oc-casional use of the powder. + + +

THE INDISPENSABLE FLATISON

The needle is not the only implement required in the making and keeping of clothes. A flatiron is and

close second. The tailored skirt especially is in constant need of being pressed. The pressing of a suit requires some skill—but more patience and

tastes, imprint after pressing. and to make them unhappy ally not fit for the life which and When a skirt is put over the pad-ded board, place a chair or small table beneath it to lift the skirt to prevent it from stretching. Provide two hot irons-heavy irons are best-and cover the portion to be pressed with a piece of doubled unbleached muslin thoroughly wet. Do not "iron," but literally "press," lifting the iron from place to place rather than rubbing it over the surface. The iron should not be allowed to remain too long in one place, or it will leave its im-print. on every landward hill, There shines a star of twilight that is watching evermore The low, dim-lighted meadows by the long, dim-lighted shore, For there, where vagrant daises weave, the grass a silver crown, The lads and lasses wander when the dark comes down. it in the pression on their respective Six months' notice should be given the Co Dominion Lands at C tention to apply for po W. W Six m ings, when the younger boy turned to his companion. "Tom," he said, softly, "somehow I wish old Dick hadn't 'a' died. Don't you?" regular way. If you have a lot of Irish lace jais before them .- President Taft If you have a lot of Irish tace ja-bots or collars, after they are wash-ed pick out each figure and ojoot with a fine crochet hook. That's what the professionals do. Chamois gloves may be washed in a lukewarm lather of white soap-suds. Wash through soapy water twice, pat and succese, but do uct. Deputy Minister of + + + N.B.-Unauthorized p this advertisement will POET'S CORNER SUGAR COOKIES. Palpitation of the Heart. Cream together three-quarters of a pound of butter and one pound of fine granulated sugar; add alternaty-ly one cupful of cold water and two cupfuls of flour in which has been suds. Wash through soapy water twice, pat and squeeze, but do net wring hard; rinse well in lukewarm water, wrap in a heavy towel until most of the water is out, then hang up to dry. Do not wring or squeeze the water out. When they are dry rub between the hands until they are soft and pliable, stretch with the fore laundering. It will save a lot like naw. One of the first danger signals that an-nounce something wrong with the heart is the irregular beat or violent throb. Oftes "all gone" sinking feeling; or again, there may be a most violent beating, with thusings of the skin and visable pulsa-tions of the arteries. The person may ex-perience a smothering sensation, gasp for breath and feel as though about to die. In such cases the action of Milburn's Heart and Nerve Pills in quieting the heart, restoring its normal beat and im-perion all question, marvellous. They give such prompt relief that no one need uffe. Mrs. Arthur Mason, Marlbank, Ont., When the dark comes down, oh. the When the dark comes down, oh. the children fall asleep,
And mothers in the fisher huts their happy vigils keep,
There's music in the song they sing and music on the sea.
The loving, lingering echoes of the twilight's litany.
For toil has folded hands to dream and care has ceased to frown.
And every wave's a lyric when the dark comes down.
-L. M. Montgomery. HEADA one place, or to many print. The seams of coats and sleeves may be pressed over a broomstick which has been evenly padded end covered with muslin. TO-MORROW mixed one-half a teaspoonful of salt. Stir in one scant teaspoonful of soda dissolved in a little warm wa-ter, then add flour enough to make a very soft dough. Turn on a well-floured board, roll out, cut in small rounds and bake in a quick oven. If a crisp cookie is wanted add flour enough to make a stiff;r dough and roll very thin. 444 TOMATO SOUP WITH STOCK. mixed one-half a teaspoonful of sait To-morrow never comes ? Yet hold it dear-The try-again and furtherchance of In all cases of headach to do is to unload the b relieve the afflicted orga full blood vessels of the the same time to resto system, re-establish the mote digestion and invig body. men, and the international of men, and the international of the bit'rest tear. Setting the task, and dancing on again. like new like new. If you have dropped grease on a white dress and there is no cleaning stuff at hand, rub the spot with tal-cum powder, brush out, rub the powder in again, and leave the srot overnight. liberally covered with talcum. It will take it almost all out Don't scold all the time. Give some words of praise once in a while. To-morrow never comes ? Be't as it + + + give such prompt relief that no one nex-suffer. Mrs. Arthur Mason, Marlbank, Ont., writes:—"Just a few lines to let you know what Milburn's Heart and Nerve Fills have done for me. I have been troubled with weakness and palpitation of the heart, would have severe choking spells and could scarcely lie down at all. I tried many remedies but got none to answ.r my case like your pills did. I can recommend them highly to all with heart or nerve trouble." Price, 50 cents per box, or 3 boxes for receipt of price, by The T. Milburn Ca. Limited, Toronto, Ons. REALITY. may; Yet dreaming still of its elusive Take the bones and trimmings from a roast beef dinner and any other scraps of meat or bone you may chance to have. Put them is a lettle and cover with cold 'water, twice as much water as meat. Add two ostons, two whole cloves, six peppercorns, a bit of celery root if you have it and a tablespoonful of salt. When it has cooked four hours, skim off all the fat, and add THE WELL-BRED GIRL. Close thy tired eyes to shadows on the blind, FOR THE charm, out. Run a basting thread with long stitches in your plaited jabots be-for laundering. It will save a lot of troubic when they are ready for iconing. out. May nerve us through reality's To-day; And if it comes not ever-where's the harm? A well-bred girl always thanks the blind. Ward thy strained ears from life's unordered din, Chase the earth-spectres from thy harassed mind, And shut God in. A well-brea girl always that a man when he gives her a cett in a control of the seat to an elderly woman or man, or woman carrying a child, and does it in a quiet and not in an effusive will remove the cause of restore the system to hea buoyant vigor. If your pink linen dress shows signs of fading, boil it with a square of turkey red calico and it will come out like new. Iron rust steins must be rubbed with lemon and salt and held in the steam of a rapidly boiling ketrestore the system to hese buoyant vigor. Mrs. J. Priest, Aspdin, "I was toubled with head years and tried almost e out results, until a friend ty Burlock Blood Bitts bottles, but before I hac was completely sured. I too much for B.B.B." prow never comes ? Ay, come manner. She does not accept any valual.le presents from any man unless she expects to marry him. She never talks loud in any pub-he place. to stay, When at the last, Time ceases for Sight is the soul's prerogative alone Only in spirit dwells the hearing ear. The pearly gate to faith is open thrown. The far is near. each one ; And at its edge, who so life-tired as salt. When it has cooked four hours, skim off all the fat, and add six tomatoes. sliced or one quart of canned ones. Cook another hour, then skim out the bones and meat say, out regret: "This old To-day is done?" With For sale at all dealers, saly by The T. Milbur Toronto, Ont.

She does not speak of her father or mother in a sareastic way, and she shows them the loving deference that is their due

she shows them the foving deterence that is their due. She doesn't want to be a mur, and she doesn't try to imitate kim. She doesn't say she dislikes wo-men, and she has good, true friends awang them. among them

wear shoes without She doesn't buttons or a dress that needs mending.

* + + STOP-

Gossiping, fidgeting, grumbling, air-splitting. Saying that fate is against you. Finding fault with the weather Anticipating evils in the tuture. Pretending, and be your real sef. Fault-finding, nagging and worry

ing. Taking offense where none 1s in-terded. Dwelling on fancied slights and

wrongs. Talking big things and doing small

Boasting of what you can do in-

Thinking that life is a grind and to worth living. Talking continually about your-

olf and your affairs. Depreciating yourself and making light of your abilities. • Saying unkind things about your

Saying unkind things about your acquaintances and friends. Exaggerating and making moun-tains out of molehills. Lamenting the past, holding on

on to disagreeable experiences.

TWENTY RULES FOR THE IDEAL HOME.

First-A contented mind. Second-Neither poverty nor riches

Second-Neither poverty nor riches -just enough. Third-Lack of pretentiousness, show and sham. Fourth-Simplicity of life. Fifth-Honesty of purpose in all things-even the smallest. Sixth-Father and mother co-rulers in the household.

Seventh-Father and mother equal guardians of the children before the

Eighth-One code of morals for nan and woman. Ninth-Political and industrial, as nan

well as social equality for man and voman

woman. Tenth-Much charity. Eleventh-Good domestic service. If you can not get it individually rou can get it co-operatively. Twelve-Some good sentiments and you

no sentimentality

Thirteen-a good deal of comm

Fourteen-Quick decisions

Fifteen–Punctuality, particularly t meal times. Sixteenth–Standards put in practice, not in preaching.

Seventeenth-A knowledge of house

keeping as a trade. Eighteen—System. Nineteen—Consistency. Twentieth—The saving grace of umoi

HOW TO KEEP THE SUMMER WARDROBE FRESH.

Lingerie waists should be pressed when they are mussed and not soil-ed, but if they are stained with perspiration, be it ever so little, do not press them. Wash them at once, and if they are delicate or old sew

of

to dry landward valleys fill, Like brimming cups of purple, on every landward hill, pations which are suited to :heir If you get grass stains on cotton or linen fabric rub it black molasses, then wash it

tle. This is much quicker and Let-ter than, the old way of laying the tle. spot in the sun

spot in the sun. Most, people know that one can touch up faded artificial flowers with water color paints or oil paints mixed with gasoline, but pink flow-ers can be touched up with rouge and look much better than do checks peinted with the sum state painted with the same stuff.

Blue linen frocks should be put through a dark blue water and have a little blueing put into the state to keep them looking unfaded. All colored clothing should be dried in the shade

Silk and lisle gloves wash readily in lukewarm suds made of good white soap They should be well

hung up to dry. A soiled chiffon veil or scarf may be laundered in exactly the same way as the gloves, taking care not to wring or squeezo it. The dirt matty patted out. While way as the gloves, taking care not to wring or squeze it. The dirt must be gently patted out. While still wet it must be pinned in its proper shape on a table or bed, and after it is dry the edge may be pressed with a warm iron. If one will carefully darn the toes and heels of the thin fisle and sikk stockings with a fine silk thread be-fore wearing they will wear much

and the sun never shines so stead'ly and brightly as when you are young. + + +"Doctor," said the patient, who had been ailing for a long time, "be frank with me. Why do you .de-mand such a large fee for cutting out my appendix?" "Well, the truth is," explained the frank M.D., "when I removed that appendix I cut off my chief source of revenue." and the sun never shines so fore wearing they will wear muc longer. The stitches must be take much only once up and down, in paraller rows, not across.

HINTS FOR HOUSEWIVES.

White pepper will be found pre-ferable to black in seasoning chick

For cleaning down stairs a ctiff plain brush is better than a whisk broom. A few chopped almonds added to :

custard or bread pudding will great-Ly improve its flavor. A cereal pan is much more easily cleaned if cold water is allowed to run in it as soon as the cereal is removed. Hot water hardens the

mixture. Canvas shoes may be cleaned with

soap and water if one works quick-ly, so that the moisture does not penetrate the canvas. Make a thick lather with pure white soap and warm water. To clean white marble, wash it

the output white matcher, was it there and water then brush it over well, especially in the crevices, with whiting mixed with a little blue as used for ceil-ings. Allow it to dry thoroughly and then polish with a clean, dry cleth cloth To clean suede gloves put the

To clean succe groves put the gloves on "trees" or on your hands and rub them well with fine oatmeal which should be finally brushed off with a soft nail brush. Any obstin-ate stains may be removed with benzine applied on a piece of clean flagned

flannel CORN FRITTERS

Take one pint of tender grated green corn and mix with half a cup of sifted flour; warm half a cup of sweet milk and melt a tablespoonful of butter in it; add the corn, stir hard and let cool; season with salt and pepper; then stir in two eggs, the yolks and whites beaten separ-ately. Work into small come balt Work into small oval ball ately and fry in boiling fat. Drain and serve hot.

TAPIOCA FLUFF.

(1) At least six mc upon and sultvation each year for three ye (2) If the father (the father is descand) when the is descand when the is descand a when the is descand a state of the land a No race would be better off if they were educated as university men. The great body of people must depend for their livelihood upon their manual labor, skilled or un-skilled, or upon some occupation which requires less education than not press them. Wash them at once, and if they are delicate or old sew them up in an old pillowslip while you are doing it. Clean your white shoes with gas. line, then when it has wholly evu-porated wash them in peroxide of hydrogen and set them in the sun to dry. With many a jest and many a shout from fishing grounds afar. So furl your sails and take your rest, ye fisherfolk so brown. REMORSEFUL. Minute taploca is best used for taploca fluff. Scald one pint of mikk, add two tablespoonfuls of ta-ploca and stir frequently until the latter looks clear. Beat together the yolks of two eggs with a half cupful of sugar and a pinch of salt, add to the boiling mixture and stir until thickened, then add the whites whipped to a froth. Cook and stir for two minutes longer, take from the fire, add one teaspoonful of vanilla and one tablespoonful of sherry and pour into a dessert dish. Serve very cold. Minute tapioca is best used equirements as to ran atisfied by such per with the father or more (8) If the settler h A man tells of a dinner he once had at a farmhouse, on which oc-casion the piece de resistance was which requires less education than that which is conferred by a univer-sity. If it is too widely extended the effect of it is to put a lot of men into life who do not find occu For task In the case of a pleated skirt, first baste in place each pleat its entire unstitched length with fine cotton; coarse thread will leave its and quest are ended casion the piece de resistance was literally a very tough chicken. Among those at table were the frr-mer's two younger sons. These, as well as the guests, were struggling unsuccessfully to make some imthe dark comes down. (c) if the settler is nent residence upon is owned by him in the homestoad the require residence may be sadd dence upon maid land. Six menther When the dark comes down, wh, the

quired

'Yes, I do that, too.'

TOO MUCH HIGHER EDUCATION

Wash Day" Cut up two good sized chickens, cover with water and let 'simmer gently until dony. Remove some of the larger bones and set aside to Means: To make the dirt drop out, Surprise Soap l. To two quarts of flour add scant tablespoonful of salt and one scant tablespoonful of salt and stir in sufficient cream to make a soft dough. Holl the dough thin and line the bottom and sides of a deep earthen dish with half of it. Fill the dish with the prepared chicken, sca-soning well with salt, pepper and butter; add the liquor in which the chicken was concident to a star " way without boiling or clothes. Its a new way b, easy method of doing Surprise is all S chicken was cooked, put on a crust, dot with bits of butter bake for two hours in a mod moderate Read the directio LEMON PIE. Pare, core and slice three tart ap-Pare, core and since three tart ap-ples and boil in three cupfuls of water and one and one-half cupful of sugar until soft, stirring and beating often. Moisten three table-spoonfuls of corn starch and a pinch of solt with a little acid meters So let us plan our fair To-morrow of salt with a little cold water and turn quickly into the apple, stirring

turn quickly into the apple, stirring and cooking until thickensd sund clear. Take off and set aside until cold, then add four well-beaten eggs the grated rind of one 'emon and the juice of two. Line two deep pie tins with pastry, prick well and bake until almost done. Pour in the filling, bake until set, then finish with a meringue made with the And build our palaces of Love and Fame, And if To-morrow laughs at all our

dreams Our toil To-day shall turn the laugh to shame ! Stephen Chalmers in New York limes

"Child's Play

THURSDAY, SEPTEMBER 2, 100

15

5

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carefully selected cocoa

beans, roasted by a

special process to

perfect the rich choco-late flavor. Cowan's is

most delicious and most

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Dur senses are our soul's antipodes, The body's midnight is the ερi-rit's noon,

Are out of tune. -A. W., in London Chronicle.

COULD WE FORGET.

py days Are hidden fast behind the veil of

Shall we recall old pleasures and old

Remember, too, the smiles, the bit-

Shall we remember these dear sum-mer nights, With our presences our one de-sire?

When we are old, will all the past delights

Inspire us, as now they do inspire!

Adown the future I can dimly see

You, with the crown of years upon your brow— And rises there a vision true to me, Beside you then, even as I am now?

While memories abide between us,

yet, Bright as the dawn will ever be our

past— Shall we remember? Dear, could we forget?

as undue laxness of the bowels may

Such

in

seize a man at any time. Sucl sufferer will find speedy relief this cordial.

we remember? Ah, vain Gues-

ways?

now Shall wa

ter tears?

tion asked!

eco iomical.

THURSDAY, SE

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ponding Secretary,

mingham; Recording T. P. Tansey; Asst cretary, Mr. M. E.

cretary, Mr. M. E. shal, Mr. B. Campt shal, Mr. P. Connol

Synopsis of Canadia

HOMESTEAD RE

ANY even numbered in Manito wan and Alberta, exec sot reserved, may be] any person who is that much a source of the source of t

Amily, or any male o age, to the extent of a tion of 160 acres, mo: Entry must be made the local land office f in which the land is g

Entry by proxy ma made on certain cond wher, mother, son, o her or sister of an in

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Estimates Jobbing Promptly

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Thone Main 1490

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97 ST ne Main 3114.

THE HILL O' DREAMS.

filling, bake until set, then finish with a meringue made with the whites of three eggs, half a cupfal of sugar and a half teaspoonful of lemon juice. Dust well with pow-dered sugar before browning. Make hay while the sun shines, out the sun payor shines a stard by My grief ! for the days by an' done, When I was a young girl straight an' tall, Comin' alone at set o' sun Up the high hill-road from Cush-

stead'! endall, thought the miles no hardship

then, Nor the road long weary to my feet-

For the thrushes sang in the cool deep glen An' the evenin' air was cool an'

sweet. My head with many a thought was And hearts of gold to ears as gross as these throng An' many a dream as I never told:

Not long ago a portly gentleman seated himself upon a bench in one of the public parks, drew forth a newspaper from his pocket, and was soon absorbed in reading. After a while he began to be annoyed by a small boy who persisted in staring My heart would lift at a wee bird's song, Or at seein' a whin-bush crowned

with gold. n' always I'd look back at the say Shall we remember when these hap-Or the turn o' the road shut out

the sight Of the long waves curlin' into the bay, An' breakin' in foam where the sands is white.

at him steadily. At last the man demanded sharply, "What are you looking at, boy? Is there anything funny about me?" "Not yet," replied the boy "but there'll be a whole circus full of fun when you get up. There here here when you get up. Them benches has just been painted." •••••• THE JEWELER'S DIAGNOSIS.

was married young on a dacent man, As many would call a prudent

choice, But he never could hear how the

"Can you tell me what's the mat-ter with this watch?" inquired 1/e Average Looking Man anxiously. The jeweler stuck a dice box in his eye and glanced at the instrument's innards. Then he looked up. "You find it necessary to shake it real hard every now and then to start it going, dor't you?" as ic-quired.

sut he never could hear how the river ran Singin' a song in a changin' voice. Nor thought to see on the bay's blue wather A ship with yellow sails unfurted, hearin' away of instal and the sails and the away a King's young daugh Bearin

ter Over the brim of the heavin' world

The hills seems weary now to my "That's right." "And you find that it gets dusty feet

feet, The miles be's many, and dreams be's few, The evenin' air's not near so sweet, The birds don't sing as they u ed And you had that it gets dusty, don't you? Perhaps you don't blow hard enough on the works" "Oh, yes, I do-every day." "Well, well! But are you care-ful to start the balance wheel go-ing with a toothold work house

to do An' I'm that tired at the top of the hill

ing with a toothpick every hour or two?" That I haven't the heart to turn at all, watch the curlin' breakers fill "And in spite of all your precau-tions, it needs about \$5 worth of repairs. It's very strange." For the jeweler possessed a Cry and sarcastic wit.—Cleveland Lead-

The wee round bay at Cushendall. -New Ireland Review.

the red reel's threnody, The boats are sailing homeward now across the harbor bar

Dr. J. D. Kellogg's Dysentery Cordial is compounded specially to combat dysentery, cholera morbus and all inflammatory disorders that change of food or water may set up in the stomach and intestines. These complaints are more common in summer than in winter but they WHEN THE DARK COMES DOWN. in summer than in winter, but they When the dark comes down, oh, ibe wind is on the sea With lisping laugh and whimper to are not confined to the warm month