

CLUBS CLUBS CLUBS CLUBS

Clubs? Man do we have clubs! There are sports clubs, political clubs, faculty clubs, religious clubs and clubs that defy description. At present, there are at least 127 clubs on campus and that number will undoubtedly grow considerably before the Sept. 30 clubs registration deadline.

To form a club, you can talk to either Clubs Commissioner Barb Higgins (Rm. 271 SUB, ph. 432-5166) or Scott Richardson, VP Internal (Rm. 259 SUB ph. 432-4236).

However, the purpose of this blurb is not to provide a do-it-yourself guide on club formation, rather it is to help provide an ongoing guide to clubs and their activities on campus.

For this inaugural attempt, we have decided to allow some of the sports clubs to tell what their mission is and to provide information to our readership so they can choose whether or not they wish to get involved with a particular club.

In the Thursday, Sept. 26 Gateway, we would like to extend the same opportunity to departmental and faculty clubs to blow their own horns (that includes the Engineers!) and other groups of clubs in issues to follow.

Hopefully we will have a schedule drawn up so that all you clubs out there will have ample notice for submission deadlines.

Feedback from both clubs and our general readership — so we know whether this feature is actually helping people — would be appreciated. You can direct your comments to: Bill Doskoch, News editor, *The Gateway*, ph. 432-5168 or you can deliver your compliments or harangues in person — about this or any other aspect of the Gateway — to our office, Rm. 282 SUB.

The following clubs were asked for submissions and for whatever reason were unable to get one to us by press time. So, for your information, here is the club's name and the phone number of a person to contact:

- **Akido:** Gerald Hildhie 433-9068, 432-3702
- **Alpine Skiing:** Peter Noyen, 436-4385
- **Badminton:** Bill Gosinet, 434-5330
- **Mixed Curling:** Daryl Chomay, 478-6089
- **Fencing:** Craig Land, 433-4703
- **Men's Field Hockey:** Brent Hladky, 435-2652
- **Women's Ice Hockey:** Lesley MacKinnon, 467-1044
- **Judo:** Ron Senda 433-5454, 432-3884
- **Karate (Wado Ryu):** Susan Collins, 488-4333
- **Paddling Society:** David Hornford, 439-1184
- **Rowing:** Kelly Kucey, 435-8383
- **Rugby:** Al Hancock, 434-8335
- **Team Handball:** Rick Wagner, 434-3580

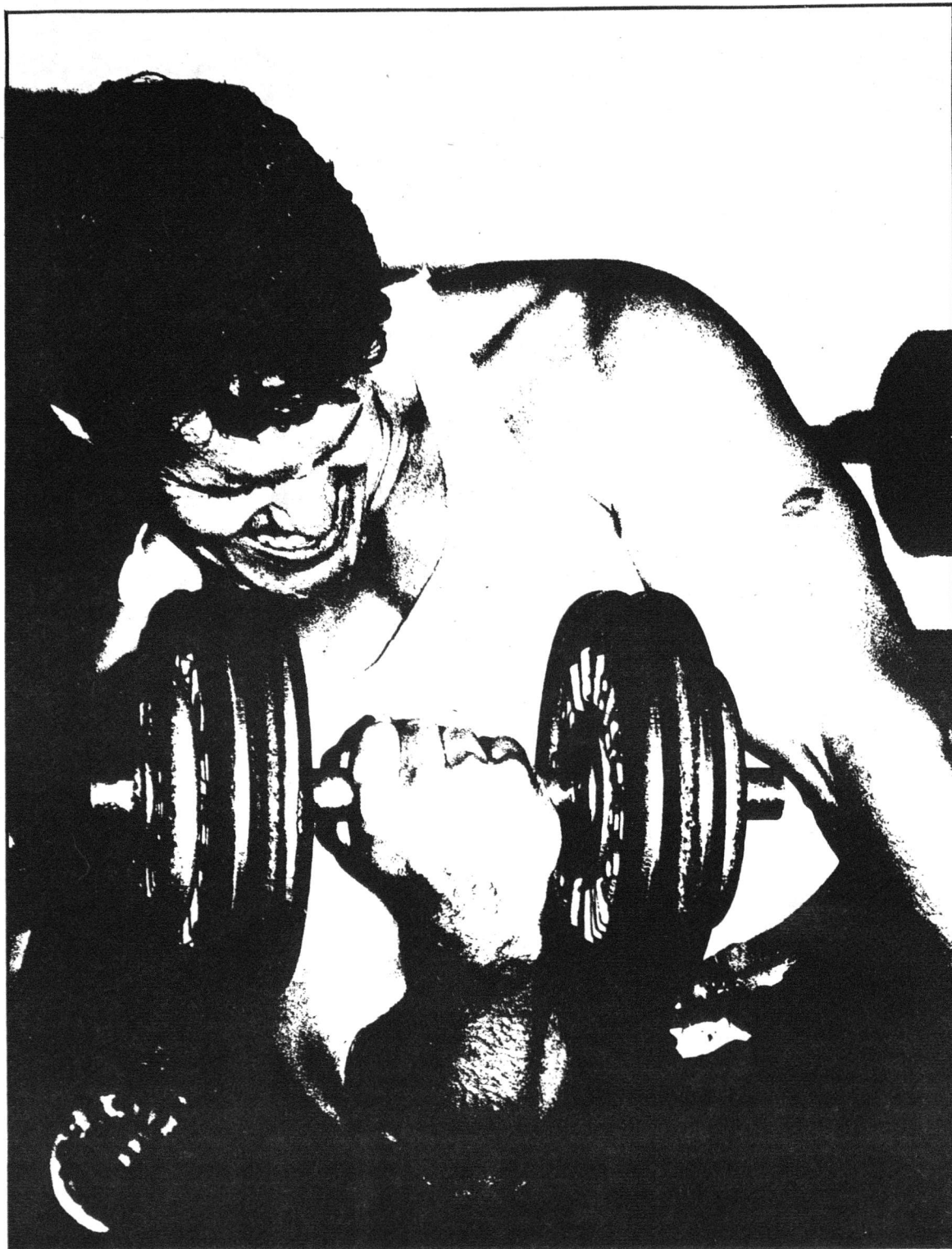


Photo Bill St. John

Weight Training

The Weight Training Club was formed during the 1981-82 academic year in order to provide a voice for facility users in dealing with the Faculty of Phys. Ed.

Since the University was then (and still is) one of the few universities in North America without a Strength Training Coach, no voice was present to raise concerns governing the weight training facility. In its infancy, the Club's sole purpose was to serve as a liaison between users and Faculty decision makers.

Skating

Since its inception in the 1977-78 Winter Session, the U of A Figure Skating Club's has offered a club geared toward people who have some type of active background in the field of figure skating and wish to continue their involvement in the sport.

The club is operated on a social-recreational level with the aim of skating for both enjoyment and conditioning. The experience and levels of active participants varies considerably therefore the emphasis is placed on a fun rather than a competitive format.

There is a no formal instruction offered but generally the skaters tend to work together to make corrections and try to improve. Ice times for the first term are Tuesday and Thursday 2:30 - 4:00 p.m. in the ice arena.

Take a break from the books and check it out!

For inquiries contact: Denis Gibson at 459-8045.

The Club has grown from its small beginnings of 50 members to include 150 at present, and has incorporated Bodybuilding (male and female), Powerlifting and Weightlifting Divisions for serious strength athletes (these members constitute approximately 30 per cent of the total membership the rest being general trainees. There is at present a 60 to 40 male to female ratio.

Although the Club is gradually moving toward a competitive format, there is considerable room

Folkdance

Try your feet at cultural aerobics! The University of Alberta Folk Dance Club offers an opportunity to learn folk dances from all over the world. Bulgarian, Greek, Romanian, Hungarian, Israeli, Scandinavian, and French Canadian are just a sample of the dances taught.

The types of dances vary from line and circle dances to partner and single dances. They range from the very simple to more challenging one, but all can soon be mastered as they are broken down into their easily learned components.

The learning environment is relaxed and makes for a fun evening of socializing and exercise.

- **TIME:** Mondays from 7:30 to about 9:00
- **PLACE:** concourse level of pavilion (butterdome)
- **CONTACT:** Jo Weichman, 435-7811

and interest for novice trainees. Memberships are available through the Equipment Room (Phys. Ed. Bldg.) or through Club meetings as posted in the Weight Training Facility. For further information:

President: Glen Schneider 433-7622
Vice President: Leroy Latta 433-7333
Bodybuilding: Riccardo Finizia 477-7502

Powerlifting: Murray Ninowski
Weightlifting: Louis Couture

Kung Fu

Wing Chun-style Kung Fu was developed centuries ago in the Shao Lin temples of China and was studied by the late Bruce Lee himself.

For the past 12 years Chiu Lau, head of the Kung fu club on campus, has been an instructor of the sport on campuses across Canada.

Lau says there are over 50 members in his club at present and that he will have up to five assistant instructors this year.

The difference between Wing Chun and Tae Kwon Do, for example, is that Wing Chun concentrates on hand technique while Tae Kwon Do uses more kicks.

The workouts are held on Mondays, Wednesdays and Saturdays in Rm. W-07 of the Phys. Ed. building and are divided into three sections: flexibility, basic kicks and hand technique.

Lau said beginners were welcome. For further information, he can be contacted at 489-5094.