FOS: opportunity, experience and education

There will be 15 seminars from July 2 through September 2

By BRYAN MacDONALD Gateway Staff Writer

A Freshman Orientation Seminar is an opportunity. An opportunity to understand what makes the U of A tick, to see and appreciate the services available to you, and to understand the overall picture of the university.

FOS is an experience; in meeting future fellow students, in finding out the problems that the varsity way of life poses, in living on the university campus, and in investigating your part in the whole process.

what is called learning at university, in the new responsibilities placed on university students, and in analyzing the complex and impersonal relationships at the U of A.

A \$19 investment can save the prospective university an \$1,800 loss should he happen to blow his first year because university is not meant for

From the techniques developed over the summers of 1966-68 FOS has become a viable and much needed organization. No longer need a

FOS is an education; to see freshman be dumped into the chaos of university life ignorant and unprepared for the university life.

> A usual orientation seminar lasts over the space of four days. On the first day registration takes place from 7:30 to 9 p.m., followed by the opening exercises, a pizza break and a film, usually "No Reason to Stay." Discussion of the film usually lasts until about 3 or 4 a.m.

> The second day consists of a visit to a typical class, a three-hour campus tour, lunch, a visit and tour of

Cameron Library, discussions of university calendars with faculty representatives, a recreation period, supper, a faculty night, a movie along the lines of "Nobody Waved Goodbye" or "Winter Kept Us Warm" and a discussion of the movie.

The third day offers a student counselling session, a director's speak-out, lunch with a representative of the civic or provincial government, a discussion on the role of the student, supper, a panel discussion with representatives from various extra-curricular activities, how to manage your finances and related matters and a dance at room at the top.

The last day features a mock registration process, lunch, and a general final meeting and evaluation of the seminar.

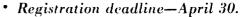
The seminars are at all times informal. The average number of delegates is 15 to 25 split up between 5 or 6 leaders in addition to the three directors. This breakdown allows the delegates to get to know one another as well as breaking down nervous strain and tension and building up self confidence.

The delegates also get used to the sense of freedom that the university student has. For a large number of the delegates a seminar is their first experience with freedom from their families, but they soon realize that there is a great deal of responsibility that accompanies this free-

This summer there will be 15 seminars running from July 2 to Sept. 2. As stated previously the total cost is \$19 which could make a world of difference to a prospective university student. Information can be obtained by phoning 432-4392 or 432-4241.



The University of Alberta SUMMER SESSION 1969





- Late registrations may be accepted from students wishing to repeat a course from the preceding Winter Session.
- Calendars and registration forms are available from the Registrar's Office.

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