

Brevity.

We all need brevity. We need it even in action. Most of us make too many movements where one would suffice. We waste muscle and nerve and energy and life in doing things that profit neither ourselves nor anyone else, especially in doing things in long and clumsy ways when a little thought would provide a simpler way to the same end.

But above all we need brevity in speech. It seems as if the world had never before been overwhelmed with such a flood of words. Every day in books and magazines the press pours forth millions of them that no one can read, or wants to read, or ought to read. Every day public speakers deliver vast volumes of talk on which they have reflected very little beforehand and on which one will reflect at all afterwards. The old saying was that speech was given us to conceal our thought, but it serves an even more useful purpose in concealing our lack of thought. For thought is difficult, and talk is easy.

It seems almost as if the wide diffusion of education had supplied chiefly words and enlarged our common, or uncommon, vocabulary without enlarging the thought behind it. It ought not to be so. The foremost, the only vital, function of education is to supply thoughts. And it may be taken for granted that the more we think the less we speak; for the more we think the plainer we see the huge significance and the danger of speaking. Especially is it true that the more exactly and carefully we think the less we speak. If we really have something to say, we try to say it with an exquisite and finished brevity.

Of course brevity can be carried too far, may be awkward and inarticulate and incomplete. We may be brief and tedious at the same time. Some one brought Voltaire, the master of brevity, an epigram in two lines. "Ah!" said Voltaire. "Very good, but it drags in spots." The old comic dramatist said of a dull cat, "This laconic ass makes brevity ridiculous." We do not want to make brevity ridiculous or let it make us so.

Nevertheless, we should all do well to cultivate and practice brevity, and we may be sure that we should be much more listened to if we spoke less.

Chalking It Up!

It is a little-known fact outside the coal-mining industry itself, that chalk is a large factor in assessing the wages of the coal-miner, says an English writer. The chalk for this purpose is bought by the miner himself in irregular-shaped lumps somewhat larger than a duck's egg.

When a miner is given employment in a particular section of the coal mine, he is also given a letter from the alphabet common to the district wherein he is employed, as a distinguishing number, such as 2D if he is working in the D district. As the tube come up from the pit they are carefully weighed, and the weight and numbers are properly entered in to a book under the heading 2D.

At the beginning of the miner's week he marks the chalk 2D 1, and then carries on throughout the week, each tub being numbered by him in rotation. At the end of the week his last tub may read 2D 28.

When an empty tub is put into the miner's working-place, he rubs out all the previous markings. He then puts on his own number, letter, and the number of his filling.

Only a high sense of duty ensures the smooth working of this chalk system, and woe betide any offender if the case can be proved against him. He becomes locally a social outcast.

The Groundhog.

Nobody knows where the groundhog got its "rep" as a weather forecaster, but belief in its powers in this regard seems to be very ancient.

It is a kind of marmot (therefore related to the prairie dog) and makes its home in a burrow twenty or thirty feet long, which descends obliquely four or five feet, and then gradually rises to a large round chamber, where the groundhog family sleeps and brings up the young ones.

In the daytime the woodchuck (as it is otherwise called) never goes far from its burrow. When angry or alarmed it makes a chattering noise, or sometimes utters a shrill whistle. Its bite is severe, and it will make a desperate fight against a dog.

The Deadly Jordan.

Bathing in the River Jordan, famous in sacred history, has lost its popularity as the result of the discovery by United States physicians, that it is a dangerous disease-germ carrier.

One of the first steps taken by an American Red Cross unit reaching that region was an analysis of the river water. It was found to be laden with the germs of skin diseases and other maladies.

There have never before been restrictions on bathing in the stream, regardless of the physical conditions of the bathers, but the revelations of the danger lurking in the Jordan's water caused the local authorities to place a ban on the unrestricted bathing.

Throw out the old oil and wick from the incubator lamp, test the thermometer and level up the machine.

The biggest cheese in the world was recently exhibited at a Chicago dairy show; it weighed fourteen tons, and nine men, aided by mechanical appliances, were required to move it.

PALE, WAN CHEEKS A SIGN OF ANAEMIA

To Have Good Color and Health
the Blood Must be Kept
Red and Pure.

Many women who had good color and bright eyes in their girlhood grow pale and colorless and lose much of their charm when they become wives and mothers. Why is it? When the fading color in the cheeks and lips is accompanied by a loss of brightness in the eyes and an increasing heaviness in the step and a tendency to tire easily, the cause is to be sought in the state of the blood.

Many causes may contribute to the condition of the blood known as anaemia. Care of the home, overwork, lack of outdoor exercise, insufficient rest and sleep, improper diet, are a few of them. The important thing is to restore the blood, to build it up so that the color will return to the cheeks and lips, brightness to the eyes, and lightness to the step. To do this, nothing can equal Dr. Williams' Pink Pills. They begin at once to increase the red corpuscles in the blood, and this new blood carries strength and health to every part of the body. The appetite improves, digestion becomes perfect, and energy and ambition return. Proof is given in the statement of Mrs. Alex. Archambo, Cornwall, Ont., who says: "Two years ago my health began to fail. I was suffering from headaches, pains in the back and sides, and a constant tired out feeling. I had used a lot of medicine, but instead of it helping me I seemed to be growing weaker. My friends urged me to try Dr. Williams' Pink Pills, and while I felt disheartened at my experience with other medicines, I decided to do so. To my great joy I soon found the pills were helping me, and their continued use for a time fully restored my health. I feel that it would be ungrateful if I did not give my experience with Dr. Williams' Pink Pills, in the hope that it may point the way to health to some other poor sufferer."

Dr. Williams' Pink Pills can be obtained through any medicine dealer, or may be had by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

From All Quarters.

Only one man in 262 is six feet in height.

The full equipment of a diver weighs about 175 pounds.

One grain of indigo is sufficient to affect the color of a ton of water.

Coal used for household purposes in England amounts to 30,000,000 tons a year; industries use nearly 100,000,000 tons annually.

The most expensive and the scarcest precious stone nowadays is the emerald. One was sold recently, at Christie's, for £700 a carat.

Italy's perfume manufacturers consume 1,850 tons of orange blossom, 320 tons of roses, 150 tons each of jasmine and violets, and fifteen tons of jonquills annually.

In Siam a declaration of marriage is very simple. It is considered a proposal merely to offer a lady a flower, or to take a light from a cigarette if she is holding it in her mouth.

Beginning life as a bobbin-carrier nearly fifty years ago at Hindley, Lancashire, Mr. Peter Taylor has been appointed manager of the same mill which he entered as a boy.

Not So Hard to Understand.

A teacher, who believed in co-operating with the parents of her pupils called, at the home of a small boy whom she had caught in a number of falsehoods in order to take counsel with his mother.

"I can't see how you can say that," the boy's mother objected. "John never tells me lies. I'm mighty particular about it myself. He's out in the yard now." "Annie," she said to his small sister, "you go out and tell him to come right in this minute!"

Annie went, but in a few minutes she returned without the small parrot. "He won't come," she announced proudly. "He says he won't."

"Did you tell him who was here?" inquired his mother.

Annie shook her head.

"All right," said the truthful parent, "Go back and tell him his grandmother's here and has some candy for him. That'll bring him!"

—Emerson.

A Morning Dish Of Grape-Nuts

certainly does hearten one up for the day. Why shouldn't it? Grape-Nuts is ready-cooked, ready-sweetened, and contains just those good elements nature requires for the strength to do things.

Make Grape-Nuts your home cereal
"There's a Reason"

USEFUL MODELS



8531

Sketches from
Germans made from
McCall Patterns



9102

No. 8531—Ladies' and Misses' One-Piece Nightgown. Price 20 cents. In 3 sizes; small, 32, 34; medium, 35, 36; large, 40, 42 ins. bust. Medium size with pockets, shorter sleeves, 2 1/2 yds. 32 ins. wide, or 3 1/2 yds. 36 ins. wide; without pockets, 3 1/2 yds. 32 ins. wide, or 3 1/2 yds. 36 ins. wide. Width around bottom, 1 1/2 yds. No. 9102—Ladies' Negligee or House Gown. Price 20 cents. Cut from one width of material; instep length. Cut in 3 sizes; small, 34, 36; medium, 38, 40; large 42, 44 ins. bust measure. Small size requires 3 yds. 40 or 45 ins. wide. Width around bottom, 1 1/2 yds. These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Ont.

MONEY ORDERS.

When ordering goods by mail send a Dominion Express Money Order.

Eucalyptus Fuel.

Eucalyptus trees planted on tropical mountain sides would produce fuel at the rate of twenty tons, dry weight (sixty pounds to the cubic foot), per acre annually. This is the case in the plantations where cut reproducing themselves without further expense. Such is the declaration of a scientist who says that by this means the sun's heat in hot latitudes can be economically stored, the dry eucalyptus timber being heavier than coal and possessing more heating power, bulk for bulk.

An acre of eucalyptus in the tropics, he asserts, would produce the equivalent of at least twenty tons of coal per annum, the only requirements being powerful sunshine and heavy rainfall to insure rapid growth. So, with such a possible resource available, why worry about the threatened exhaustion of the coal mines?

A Bold Bird.

The chickadee will eat out of your hand if you show him that you have something good to eat and he is not already pretty well satisfied, for he is a sociable, fearless and responsive little fellow. Another thing is that if you whistle to the chickadee he will invariably respond, which is more than can be said of most other birds. The chickadee braves the winter cold and remains even when the snow makes it hard for him to find much food. The top and back of his head is jet black and there is a big black spot also on his throat, while the rest of the bird is shaded from white to gray and buff.

"One single idea may have greater weight than the labor of all men, animals, and engines for a century," —Emerson.

BITS OF HUMOR

FROM HERE & THERE

AN ACUTE OBSERVER.

Natural history was the subject of the lesson, and the teacher asked, "Who can tell me what an oyster is?"

A small hand, gesticulating violently, shot up into the air, and a shrill voice called out, "I know—I can tell, teacher!"

"Well, Bobby," said the teacher, "you may tell us what an oyster is."

"An oyster," triumphantly answered Bobby, "is a fish built like a nut!"

Orders of the Day.

I was being shaved the other day, says a writer, when a grizzled chap in a captain's uniform came in. He saluted smartly and seated himself in the chair next to my own.

"Hair cut," he said in gruff tones. "How would you like it cut, sir?" the barber asked.

The captain, who was baldish, answered gruffer than ever: "Line up the hairs and number off to the right. Odd numbers each want half an inch. Dress smartly with bay rum and brillianine. Then dismiss."

MARCH WEATHER DANGEROUS TO BABY

Our Canadian March weather—one day bright, but sloppy, the next blustery and cold—is extremely hard on children. Conditions make it necessary for the mothers to keep the little ones indoors. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against these colds and to keep the baby well till the better, brighter days come along, a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. The Tablets are a mild but thorough laxative which never fail to regulate the stomach and bowels and thus they relieve colds and simple fevers and keep the baby fit. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Everything Right in the End.

I want to believe in the happy old way that all will come right in the end. That life will be better and days will be sweet.

That roses will carpet the world for men's feet.

That love and affection and honor and trust.

Will lift us from sorrow and shadow and dust.

I want to go tolling with this in my heart.

That every day brings us the joy of a heart with endeavor and duty and truth.

As we swing to our tasks with the vigor of youth.

Singing the music of love and of cheer.

Till clouds drift apart and the storms disappear.

Minard's Liniment Co., Limited.
Have used MINARD'S LINIMENT for Croup; found nothing equal to it.
CHAS. E. SHARP.
Hawthorn, N.B., Sept. 1st, 1905.

Whence the Sleighbell.

Not least curious among objects of antiquity dug up in Central America and Columbia are golden images of reptiles with tiny sleighbells for eyes. At all events, we should call them sleighbells because, in miniature, they are exactly like sleighbells, the slit serving to represent the opening between the eyelids.

Full-sized sleighbells, mostly gold-plated, with metal pellets inside to tinkle, are found in ancient graves all over Central America. Usually they are of copper, and have a loop at the top to hang by.

What they were used for is a mystery. Presumably for adornment, though they may have had a religious significance. Unmistakably they were cast in molds.

The prehistoric inhabitants of those regions were exceedingly skillful metal workers, copper and gold being their favorite materials. They had a process for plating with a gold wash that is not understood at all to-day.

But it would be most interesting to know how it came about that sleighbells exactly like our own in pattern were made on this continent centuries, and probably thousands of years, before the New World was discovered.

Value of Coal Gas.

English experts are carrying on extensive tests of the value of coal gas for annealing, tempering, hardening and melting metals.

SCIATICA

Would you be rid of that sickening pain—that sharp knife-like thrust along the sciatic nerve—caused at every movement?—Thompson's have found lasting relief in

Templeton's
Rheumatic
Capsules

Many doctors prescribe them.
Write Templetons, 142 King St. W., Toronto, for free sample.
Sold by reliable druggists everywhere for \$1.00.

ASTHMA

Templeton's RAZ-MAN Capsules guaranteed to relieve ASTHMA. Don't suffer another day.
Write Templetons, 142 King St. W., Toronto, for free sample.
Reliable druggists sell them at \$1.25 a box.

Musical Milking.

Farmers will be interested in the statement that cows milked to music give more milk than those milked in silence.

The experiment is said to have been conducted at the Electrical Exposition in New York, where the cows were not only milked to music but milked by electricity; and sceptics will perhaps wonder what would be the result if the cow were milked by hand while the farmer's boy played a fiddle. Mozart and Beethoven were among the composers whose work dignified the hour and increased the flow of milk.

Keep Minard's Liniment in the house.

Shovels Ore Into Cars.

Operated by compressed air directed by one man, a new implement for use about mines literally shovels ore from piles into cars.

THEY do not
lose coughs,
colds and all
other ailments
complaints. For
over 60 years they
have relied on

GRAY'S SYRUP
OF
RED SPRUCE GUM

for prompt results. With the lowered strength and vitality of age they realize more than ever before the importance of having Gray's Syrup on hand for immediate use.

They always keep the Large Size
Montreal D. WATSON & CO., New York

"SYRUP OF FIGS"

CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels.

Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."



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—Emerson.

ACUTE ECZEMA ON BABY'S HEAD

Face, Neck, Arms. Terrible
Sight. Itched And Burned.
Cuticura Heals.

"Baby was two months old when I noticed little pimples on her head. They kept getting worse and spread till her head, face, neck and arms were one mass of eruptions, burning, itching, and bleeding. I was told it was eczema. I had to sew up her arms and legs in linen. She was a terrible sight. For one year I had no rest night or day."

"We got Cuticura Soap and Ointment. In less than two weeks she began to mend and in a few months she was healed." (Signed) Mrs. Bloomer, 243 McDonald St., Peterboro, Ont., April 19, 1919.

Stop the use of all doubtful soaps. Use Cuticura for all toilet purposes. Soap 25c, Cuticura 25c and 50c. Sold throughout the Dominion. Canadian Depot: Leavitt, Limited, 31, Peel St., Montreal.

Cuticura Soap shears without tang.

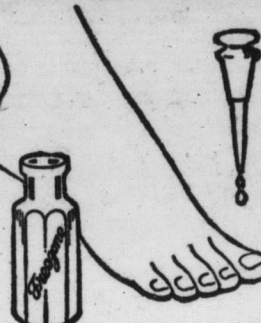
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Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift off bothersome corn or callus right off, root and all, without one bit of pain or soreness. "ruly! No humbug!"

Send Prisoners' Home.

One hundred and thirty thousand prisoners of war, including 42,119 officers, have been repatriated from the French camps since January 20th, according to an announcement from the French War Office.

Ask for Minard's and take no other.

Pensions granted to disabled soldiers range from Canada's 47s. 11d. a week, at the head of the list, to Germany's 20s. 9d. at the foot. In Great Britain such a man is entitled to 40s. weekly.

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Classified Advertisements.

AGENTS WANTED.

PORTRAIT AGENTS WANTED. Good prints and business—lowest prices on frames—ask for catalogue. United Art Co., 4 Brunswick Ave., Toronto.

WANTED—RELIABLE, ENGLISH, or others who can devote some of their spare time to represent us as Salesmen for Nursery Stock. We supply up-to-date canvassing outfit free of charge and offer liberal remuneration. Apply immediately to Maple Grove Nurseries, Winona, Ont.

SMART, ENERGETIC YOUNG MAN wanted to handle mining stocks, bonds and debentures, to represent Toronto House, Liberal commission. Apply Box 4, Wilson Publishing Co., Toronto.

DISTRIBUTORS WANTED

RESIDENT DISTRIBUTORS WANTED in every city town, and Province in Canada; very small capital required, and you handle your own money. Shipments all duty paid, f.o.b. Montreal. Send for agency proposition. Gasline Co., Bridgeton, New Jersey, U.S.A.