NOTES AND COMMENTS

We are apt to indulge too easily and freely in the assumption that this is the most wasteful war, the world ever knew and that the cost of it will be enough to keep nations at peace forever more. This is to be the last war because it is the most destructive war. Considering the destruction of capital and the loss of life without relation to any other facts it is the most wasteful war, but the world is better able to stand it, better organized for and against it, and, consequently, is likely to emerge from it less disturbed than would seem possible.

With comparisons and propor tions kept in mind, the hope that this war will be preventive becomes illusory. The Thirty Years war was more wasteful. It was almost one of extermination. It went over one of extermination. It went over Germany like fire. It devastated like a pestilence. Armies of corate with a maraschino cherry.

Swedes and Saxons, Spanish and

Dutch Date Cakes.—Use one cup Swedes and Saxons, Spanish and Dutch and Bohemians, of many nationalities and great brutality, had traversed the country, subsisting flour, one-half teaspoonful of salt, thaking and the country of the off it, getting their pay by tortur-ing folk to reveal hidden gold, by the second levying indemnities, by loot, highway robbery, and

govern humanity. With their women children and with camp followers and brigands, they went across the land like a scourge and ed. Armies were tattered rabbles poverished did the country become that even the military was barred from entering certain regions because life could not be supported. Humanity was sunk in a pit of bar-

Bohemia had a population of 2,-000,000. It was reduced to 700,000 and half the houses were vacant a cup of and falling in decay. Half the soil was untilled. In central Germany conditions were no better. The county of Henneburg had lost 75 per cent. of its population, 65 per cent. of its dwellings, and 80 per cent. of its live stock. Germany as a whole lost half of its population and two-thirds of its movable property. The waste and destruction were such that a day's ride might not find a human being or means of subsistence for one. For means of subsistence for one. For half a century after 1648 Germany towards strength and

fied in thinking that this war will be the end of wars. More wisely, we shall read what Admiral Mahan, just before his death, wrote to a friend: "I have no quarrel with any method that will minimize the occurence of war, but I have much quarrel with the charlatanism that water from time to time. So that be the end of wars. More wisely, ignores facts and bases statements as confident as they are absurd apon misrepresentation. At present and probably for several vears—perhaps a generation—the suffering and social disturbance attending this war will disincline people to a renewal. But the grass will grow over the graves, the troubles be partly forgotten, and new causes of offense will cause new wars until the spirits of men undergo a change. The human heart, acting upon sentiments and interests, is the cause of war; no methods can upon misrepresentation. At present the cause of war; no methods can avoid it except as they deal with the inner man. I agree with you the inner man. I agree with you and two-thirds cupfuls of confecthat a council of defense is an imextremists on either side."

"What is your most valued pos-session, Miss Sharpe?"
"My self-possession, of course!"
"Then I suppose there's no chance of giving vourself away?" "Oh, George; taus is so sudden!"

abundant negatives, a correspondent of the London Chronicle quotes the inquiry of the navvy looking for work: 'I say, mate, I s'pose you don't know nobody what don't want nobody to do nothin', do yer?''

. Tested Recipes.

Cocoanut Puffs .- Mix two cups of grated cocoanut with one cup of powdered sugar and the pyramids, put on

and bake in a quick oven.

Beef Loaf.—To two cupfuls of chopped meat add one mediumsized onion and one tart apple. Chop both fine. Add a little nut-meg if this is liked and salt to taste. Put into a greased pan and spread a little sweet drippings over the top. Bake in a hot oven or forty minutes.

Banana Splits.—Prepare one ba

tre, cover it with a generous amount of whipped cream and de-

ities, by loot, highway robbery, and extortion. They pillaged until there was hardly an article of value remaining in the land. The suffering peasantry had no safety except in flight, and yet returned as the pressure was lifted to ruined farms and tried to find a living in the ruins only to be swept over by a fresh horde of savages.

Honeycomb Pudding.—Use one-half of a cupful of flour, one-quarter of a cupful of sugar, one-half of a cupful of milk and one-quarter of a cupful of sugar, one-half of a cupful of sugar, one-half of a cupful of sugar, one-half of a cupful of milk and one-quarter of a cup Ate oven.

Honeycomb Pudding.—Use one with foamy sauce.

A Use for Stale Bread.—Break

pieces of stale crust into pieces the size of a large walnut, dip for a moment in milk to which has been added a pinch of salt and a dustacross the land like a scourge and nothing living or growing remaining of cayenne pepper. Place the break on a baking sheet, and bake ed. Armies were tattered rabbles in a moderate oven till they are suffering only a little less than the golden brown. When cold store in victims of their brutality. So im. a tin. These are excellent for tea

rusks.
Creamed Chicken and Sauce. Heat two cups cold, cooked chick-en, cut in dice, in sauce to which celery salt has been added. Make white sauce by putting butter in saucepan, stir until melted and bubbling. Add three tablespoonfuls of flour with one-fourth tablespoonful salt and a few grains of pepper and stir thoroughly. Boil a cup of milk two minutes. If a wire whick is used all the milk can wire whisk is used all the milk car

cheese Fondue.—Cover one cup

ing dish and bake in a quick oven until a delicate brown. A Wholesome Baked-Apple Des-sert.—Wash and core enough sound tart apples to fill a baking pan done by that war, the waste of this war is nothing. We are not justified in thinking that the with sugar, lay a raisin and some walnut meat on top of each, and sprinkle them all with cinnamon of there shall be sufficient liquid in

the pan to serve as a sauce. Chocolate "Hurry Cake." - Sift and two-thirds cuptule of confec-tioner's sugar to three teaspoon-fuls of cocoa and two tablespoon-fuls of melted butter. Mix the su-gar, cocoa and butter with hot coffee to the proper consistency to spread easily upon the cake. Work rapidly, for the frosting sets very quickly.

Uses For Old Newspapers. Those who are obliged to face the elements in bad weather will find a newspaper folded and placed between the shoulders and over the



Lieutenant Herbert Asquith and His Wife.

The second son of the Prime Minister is like his father and elder bro-The second son of the Frime Minister is like his tather and clud ther. Raymond, a barrister. He is thirty-four years of age, and since the outbreak of hostilities has joined the army. He married Lady Cynthia Charteris, the eldest daughter of the present Lord Wemyss, and has two children. Mr. and Lady Cynthia Asquith have a charming house in Sussex Place, Regent's Park. Inset is a new portrait of his wife, Lady Cynthia Asquith.

worth remembering, as it often THE SUNDAY SCHOOL LESSON happens when people are away from home that extra bed clothes at the top and bottom of your trunk

wrapped in several thicknesses of newspaper. The paper excludes heat as well as retaining it, so that summer and winter an old newspaper is a dependable friend.

Lesson XII. Jonathan and His Armorbearer. 1 Sam. 14, 1-46.

Golden Text, Rom. 13, 12.

very thin. Always brush the un-dercrust with water and be sure to

"Well, don't come to me for sympathy; you might know something would happen to you, hanging around here five nights a week."

The Essential Thing.

INTERNATIONAL LESSON. MARCH 21.

lay a wet cloth over it and 'pat' that of their enemies. It was heavy and cumbersome. The warrior army.

Paste for pies should be rolled needed a servant to carry his arms.

and combetomes. The warries of the process of the p

sary to cast lots. This was always done only in the presence of a priest who wore an ephod. (See verses 18-24ff.) Also compare 1 Sam. 2. 28; 23. 6, 9. As to the nature of the ephod, see Exod. 28. 6, 7.

The people knew not that Jonathan was gone—It seemed important for the narrator to state this

fact so that the people themselves would not be held responsible for anything that Jonathan had done. 4. The name of the one was Bo-zez, and the name of the other Se-neh—Bozez means "the shining."

trunk.

Ice will keep much longer if wrapped in several thicknesses of newspaper. The paper excludes heat as well as retaining it, so that summer and winter an old newspaper is a dependable friend.

Useful Hints.

Don't pick up broken glass but lay a wet cloth over it and "pat" it up.

MARCH 21.

Lesson XII. Jonathan and His Armorbearer. 1 Sam. 14, 1-46.

Golden Text, Rom. 13, 12.

Verse 1. The young man that bare his armor—The armor of the Israelite warriors was patterned on that of their enemies. It was heavy and cumbersome. The warrior warrior warrior warrior warrior warrior warrior was presented in the think that other Israelites also were near, and so they jumped to the conclusion that the whole Israelite army was coming out of the places in which they had hidden themselves.

Come up to us, and we will show you a thing—This, of course, was said mockingly. The Philistines thought they could easily overcome not only Jonathan and his armor—bearer, but the whole Israelite army was coming out of the places in which they had hidden themselves.

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Come up to us, and we will show you a thing—This, of course, was patterned on the place in which they had hidden themselves.

Come up to us, and we will show you a thing—This, of course, was patterned on the place in whi

LACKS VITAL ELEMENT.

GOD IS THE COMMON FATHER

It was a crag toward the south which caught the full rays of the sun, and hence, whenever the sun shone, it was shining. Seneh means "thorns." Instead of Nations, Races or Religions, He Beholds Only Humanity

sun, and hence, whenever the sun shone, it was shining. Seneh means "thorns."

6. The garrison of these uncircumcised—This is a term of reproach used by the Israelites only of the Philistines. See Judg. 14. 3; 15. 18; 1 Sam. 17. 26, 36; 31. 4; 2 Sam. 1. 20, etc.

There is no restraint to Jehovah to save by many or by few—It was a well-established belief of the children of Israel that wherever the proper faith was shown the desired result would follow. Jonathan believed that the Philistines ought to be smitten, and that God would help him to smite them.

That he and his armor-bearer were two against a multitude did not spell defeat to him.

8-10. The Israelites believed in signs and wonders. They would consider certain things as desirable or possible, and then look for such things to come to pass. A splendid example is found in the twenty-fourth chapter of Genesis in the instructions of Abraham to his servant and in the meditation of the servant himself.

This shall be the sign unto us—servant and in the meditation of the servant himself.

This shall be the sign unto us—see Gen. 24, 12-26; Judg. 6, 36-40;

the peacemakers"—these alone could be rightly called "the children of God."

The reason for this will become apparent when we remember that, fundamentally speaking, all the hatred, discord, warfare of the world, have had their origin in sectional emotion and parochial viewpoint. The man who takes up arms and thus makes war against his fellows is the man who can see little good outside the borders of his own tribe or nation and feels nothing but hostility toward peone in the third that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that his fellows is the visit of the him rather glory in this, that he loves his country; let him rather glory in this, that he loves his country; let him rather glory in this, that he loves his kind." Hence he seeks to abolish strife and bloodshed and make all men to be one. He is a peacemaker!

Just here, now, is the explanation of the blessing pronounced by the Master in our text, "Blessed are the peacemaker!

Just here, now, is the sevil and make all men to be one. He is a peacemaker.

Just here, now, is the visit and bloodsh

servant himself.

This shall be the sign unto us—See Gen. 24. 12-26; Judg. 6. 36-40; Isa. 37. 30, etc. It will be remembered that Jesus once reproved the Jews because they were always looking for a sign, when, as a matter of fact, their eyes were not open to the things that were bappening all about them.

11. The Hebrews come forth out of the holes where they had hidden themselves — The Israelites had been so pressed by the Philistines that they had hidden themselves in caves, and in thickets, and in rocks, and in coverts, and in pits, or cisterns (1 Sam. 13. 6). The Philistines knew this, and when they saw Jonathan and his armorbearer coming up the hill, it doubtless looked to them as though they had come out of a hole in a rock. The boldness with which they came led them to think that other Israelites also were near, and so they jummed to the conclusion that the inherit the earth; and it is to this date with the earth; and it is to this date with the great Beatitude which the great Beatitude which we have taken for our text would seem at first sight to belong.

The Children of God.

A more careful examination of this statement, however, will indicate with clearness, I believe, that Jesus had in mind a perfectly distinct and inevitable relation between the virtue blessed and the conferred this title. Not "the poor in spirit," or even "the persecut ed for righteonsness' sake," but the peacemakers"—these alone could be rightly called "the children of God."

The reason for this will become apparent when we remember that, however, will indicate with clearness, I believe, that the virtue blessed and the reward assigned. He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase when He was guilty of no looseness of phrase wh

shoulder strap. And another graceful invention is the square, high back formed of colored chiffon finished with a picot edge extending to the tips of the fingers when the arms are extended. This is sometimes caught to the wrists with bracelets of crystals or left to wing back to the figure when the

arms are in repose. It is the first aid to the woman who has not a well-filled or a well-formed back.

The lazier a man is, the harder he tries to work for other people. Maid servants in Berlin earn on an average of \$5 per month.