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Migration to Southern Lands

There is no more promising sign for the southern states, and we may say for the country as a whole, than appears in the quiet migration of the people from the central west and the northwest, and even from Canada, to farming lands in this section," says the Journal of Commerce. "The Bureau of Immigration at Washington is receiving information of the return to the states of American farmers who have settled in western Canada, though the current still appears to set in that direction, but the most significant part of the movement is found in the fact that many of these, and others who are shifting from our western farming districts, are going south to Alabama, Georgia, the Carolinas and other states where there is much uncultivated or poorly cultivated land. Nothing could be better for those states than to have these lands occupied and developed with a variety of crops and a diversified industry. In the far north there is a narrow range of production, mostly wheat, oats, hay and hardy fruits, chiefly apples. The southern lands are susceptible of producing a large variety of

crops, and especially those fruits and vegetables which are in constant demand in growing industrial communities and cities. The farming possibilities of the southern states and the benefit to be derived from them are not fully appreciated even there. They need immigrants in the south, and if they can get them fully Americanized instead of in the raw state from Europe, so much the better. The benefit will not be merely economic and material; it will be social and political as well. The difference between the sections caused by slavery and the barrier which it raised, to be torn down in bloody conflict, are slowly disappearing, which is natural. They have left problems and difficulties to be overcome, requiring a human change which comes slowly with generation on the soil. It will be hastened by a mingling of the people, and those from the north and west ought to be welcomed with open arms. The south needs help and sympathy with its peculiar problems, and nothing can do so much for it as immigration of the right kind. It can assimilate much from abroad, but if with it will come a large element from the northern part of this country, the process of adjustment in the national life will be hastened in wholesome way."

Daily Hints For the Cook

STUFFED TOMATOES.

Select smooth, round tomatoes of equal size. Cut a slice off the stem and remove the pulp carefully and fill the shell with the following mixture:

Chop fine the chicken or veal left over; use equal parts of the meat and crumbs of bread; add the yolks of two hard-boiled eggs, season with chopped parsley, a little onion juice, pepper and salt. Moisten with the pulp taken from the tomatoes or stock, or with both of them.

Cover the top of the stuffing with bread crumbs moistened with melted butter, bake them about an hour or half an hour until they are tender, but not fallen out of shape.

CHERRY PUDDING.

Beat two eggs lightly, add one cup milk, little salt, tablespoon sugar and sufficient flour to make a thick drop of batter, adding one teaspoon baking powder to each cup of flour.

Lastly, stir in one cup of stoned cherries. Turn into a buttered mold and steam two hours until done. Serve with a hard sauce.

BEEF A LA MODE.

Order three to five pounds of round beef and have the butcher skewer it and tie the roll with stout twine. Make five or six incisions and stuff them with fragments of salt pork. Then put the meat in the vessel in which it is to be cooked, add salt, six peppercorns, two bay leaves, a little mace and two Bermuda onions.

Pour over all two tablespoonsful of cider vinegar, cover the vessel and let it stand over night in a cold place. This is done to permit the seasoning to permeate the meat. It must be cooked not more than one hour—that is, without water, so pour off the juice that has drawn during the night and start the roasting with a piece of salt.

When this shows signs of cooking away, put in more stock and add the water spinach and start the roasting with a piece of salt.

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CREAM OF SPINACH SOUP.

Two quarts spinach, small onion, butter size of egg, pint of milk, salt, pepper, paprika. Thoroughly wash and pick apart the spinach. Put to boil in two cupsful of water, with the onion cut up in three or four thick slices. Stew for one-half hour; take out onion now and drain water from spinach and set aside. Chop spinach fine, put through a puree sieve and add to the puree the water the spinach was boiled in. Bring milk to a boil.

BLUEBERRY PANCAKES.

While sour milk is best for these, sweet milk and baking powder will answer. It is a good idea to make the batter of flour and sour milk in the evening and let it stand over night, adding the soda, salt, berries and eggs in the morning. To make them, mix together two cupsful of sifted flour and two scant cupsful of sour milk.

Beat well. In the morning stir in one teaspoonful soda, a teaspoonful of salt, two cupsful of berries dredged with flour and the yolks of two eggs well beaten. If the batter seems too thin, add a little more flour. Lastly, fold in the stiffly beaten whites and bake on a hot griddle well greased. These cakes may be made without eggs and be the more tender for the omission.

Court Welford, I. O. F., will hold the annual Foresters' excursion and blueberry picnic at Welford on Saturday, Aug. 27.

The City Cornet Band will furnish music for dancing in the beautifully decorated pavilion. The usual games and sports will be on the programme of amusements. The ladies of the Church of England will furnish excellent meals.

GRAND MID-SUMMER SALE

ENTIRE STOCK OF Summer Dry Goods To Be Slaughtered

Read Our Price List and Take Advantage of Our Sale Prices

35c. Summer Dress Goods,	15c. yard.	1.25 Black Sateen Underskirts,	89c. each
75c. Venetians, Worsteds, Poplins and other Suitings, 47c. yd.		1.50 Black Moirette Underskirts,	98c. each
40c. Fancy Plaids and Checks,	25c. yard.	Sample lot of Lawn Waists,	69c. each
14c. English Print, 32 inches, inches wide, only,	10c. yard.	Emb Embroidered Waists,	89c. and 88c. each
9c. Canadian Prints, only,	7 1-2c. yd.	1.00 Ladies' Underskirts,	75c. each
14c. Scotch Gingham,	9 1-2c. yd.	1.25 Men's Self-opening Umbrellas,	98c. each
18c. Anderson's Dress Gingham,	12 1-2c. yd.	Ladies' Vests,	3 for 25c.
18c. Motor and Dakotan Suiting,	12 1-2c. yd.	35c. Knee-length, Knit Drawers,	22c. pair
Tucked Apron Lawn,	14c., 16c. and 18c. yard	25c. Corset Covers,	15c. each
English White Cotton,	9c. yard	35c. Corset Covers,	25c. each
14c. Nainsook, only,	1 1/2c. yard	Japanese Floor Mats, 3 x 9 feet,	49c. each
Swiss Spot Dress Muslin,	10c. and 13c. yard	Japanese Floor Mats, 6 x 9 feet,	\$1.98 each
12c. Heavy Unbleached Linen Towelling,	8 1-2c. yard	Men's Duck and Sateen Working Shirts,	49c. each
14c. Pure Linen Roller Towelling,	49c. yard	Men's 75c. Regatta Shirts,	45c. each
Oxford Shirting Gingham,	10c. and 12c. yard	Men's \$1.00 Regatta Shirts,	69c. each
Colored Dress Muslins, 35 per cent. less.		15c. Tooke's Collars,	3 for 25c.
Pretty Art Sateens,	16c. yard	35c. Men's Fancy Braces,	22c. pair
Double Width Reversible Cretone,	18c. and 20c. yard	35c. Men's Balbriggan Underwear,	20c. each
8c. Black and Colored Sateens, only,	12 1-2c. yard	50c. Men's Balbriggan Underwear,	65c. suit
Unbleached Table Linen,	29c., 35c. and 40c. yard	Boys' and Girls' Cotton Hosiery, cheap	
Full Bleached Damask,	35c., 40c. and 45c. yard	18c. Ladies' Fast Black Cotton Hose,	2 for 25c.
Sample Lace Curtains, soiled, Half Price.		25c. White Embroidered Wash Belts,	15c. each
P. C. Corsets, new styles,	39c., 47c. and 69c. pair	35c. Elastic and Tinsel Belts,	19c. each
\$0.65 White Cotton Underskirts,	47c. each	35c. and 50c. Children's Wash Hats,	23c. each
1.00 White Cotton Underskirts,	69c. each	Babies' Embroidered Muslin Bonnets, 19c., 29c. and 35c. each	
1.25 White Cotton Underskirts,	89c. each		

SALE STARTS TODAY. Stores Open Saturday Afternoon and Evening

I. CHESTER BROWN

32 and 36 King Square



The men who uphold the standard of sport today are clean men—clean of action and clean of face. Your baseball star takes thought of his personal appearance—he starts the day with a clean shave—and like all self-reliant men, he shaves himself.

Wagner, Jennings, Kling, Donovan, Chance—each of the headliners—your local "South Paw"—your home-run hitter—owns a Gillette Safety Razor AND USES IT.

The Gillette wins the pennant in the Razor League every year and undoubtedly is the World's Champion.

The Gillette is typical of the Canadian spirit. It is used by capitalists, professional men, business men—by men of action all over this country.

Its use starts habits of energy—of initiative. And men who DO for themselves, think for themselves.

Be master of your time. Buy a GILLETTE.

Standard Set, \$5. Pocket Editions, \$5 to \$6. Sold everywhere. The new Gillette Sign is the thing to look for. It denotes the dealer who handles both Gillette Razors and Blades. Look for the Sign.

GILLETTE SAFETY RAZOR CO. OF CANADA, LIMITED,
MONTREAL.

The Evening Chit-Chat

By RUTH CAMERON

THE time when half a dozen professions were all that were open to women is now left in the dim past and is almost as unthinkable as stage coach transit.

Women daily are entering new fields of endeavor and making good at new lines of work.

It is good for other women in conventional positions to hear about their more original sisters, both as a matter of human interest and because of the germ of suggestion that may await them there.

For that reason I devote this column occasionally to telling of some of the "other things" that women are doing.

If there are any women among my readers who have unusual occupations I wish that they would write and tell me about them so that I might pass on the story.

Be sure to tell the advantages and disadvantages of your occupation, how you started in it, what education is necessary and what the compensation is apt to be.

One of the most interesting methods of earning a livelihood with which I ever happened to come into personal contact, was a bird boarding house.

The keeper of this establishment made a fairly comfortable living by boarding birds whose owners were travelling and by treating sick birds. She also raised a few canaries.

She had no especially built aviary, but simply devoted three large sunny rooms in her home to her birds. Canaries and parrots were the chief of her guests, but she also had many less common birds such as Japanese nightingales, thrushes and bullfinches.

For a well canary she charged twenty-five cents a week; for a parrot fifty. Sick birds cost according to the care they required.

Although she is very fond of her work, she says it is by no means as easy as it sounds.

There is much responsibility, as many of the birds are very valuable. One beautifully plumed parrot, which she was treating was valued at \$300. One hundred dollars is a very common price to pay for a good bird.

Then the diet of the sick birds, most of which are being treated for indigestion is a great care. Of the fourteen parrots that she had when I visited her, no two were being fed alike.

But, then, of course, there are responsibilities and difficulties in all kinds of business and the lady of the birds thinks that for anyone who has a home where she can keep the birds so that she need not reckon rent, and who loves and understands birds, there is a comfortable living in the business.

In talking with this woman about the diet of her guests, I stumbled upon a business as much more unique than hers as hers is than school teaching or any ordinary profession.

My lady of the birds has to have a certain kind of meal worms for some of the soft billed birds.

"Where do you get them?" I asked.

"From a New York dealer," she said, "but I used to get them from a woman a few miles from here who raised them for a living."

Don't you think that caps the climax?

These worms are merely ordinary meal worms—the kind that come in your meal creak if you aren't careful. Certain birds have to have them. The raising is done by putting meal and two or three other things into a dark creak and letting the worms breed. When ready for the market they are sold for eight cents a dozen. This woman not only supported herself, but educated her two children and sent them abroad on the money earned by raising meal worms.

Can you beat it?

Now don't neglect to let me know of that unusual thing, perhaps more unusual than any of these, that you are doing.

A Good Place to Buy Good Clothes.

Men's Clothing Ready-to-Wear

If you like snap and vim a-plenty in clothes that gracefully drape your figure.

Like style and individuality in distinctive garments that have all the little personal touches supplied by the handiwork of experts.

Like shapeliness and serviceability in a suit, built on the latest mode, in attractive patterns.

Then Our Mid-Summer Sale will interest you. The savings are like buying a ton of coal for two-thirds the price.

A few items:—Suits that are regularly sold for \$20.00 to \$25.00, now \$15.00; Blue and Black Coats and Vests, now \$10.00—were \$14.00 and \$15.00; Worsteds and Tweed Suits at discounts of 20 per cent. and over. Many price inducements in other lines.

Sole Agency 20th Century Brand Clothing

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CLOTHING and TAILORING

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