PAINS SO BAD STAYED IN BED

Young Mrs. Beecroft Had Miserable Time Until She Took Lydia E. Pinkham's Vegetable Compound.

Hamilton, Ont. - "I have suffered for three years from a female trouble and consequent weakness, pain and irregularity which kept me in bed four or five days each month. I nearly went crazy with pains in my back, and for about a week at a time. week at a time I could not do my work. saw Lydia E. Pinkham's Vegetable Compound advertised in the Hamilton Spectator and I took it. Now I have no pain and am quite regular unless I overwork or stay on my feet from early morning until late at night. I keep house and do all my own work without any trouble. I have recommended the Compound to several friends."—Mrs. EMILY BEECROFT, 269 Victoria Ave. N., Hamilton, Ontario.

For forty years women have been telling how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It is made from native roots and herbs and contains no narcotics or harmful drugs. For special advice women are asked to write the Lydia E. Pinkham Medicine.

MOTHER!

years experience is at your service.

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your training mindedness. He said, in part: "I child is having the best and most harm- sul mit the following as the farmer's

Aug. 21, Sept. 18......*Caronia Aug. 14, Sept. 11, Oct. 9...*K.Aug.Vict.

N. Y.—Ply., Cher. and London. et. 18, Oct. 25, Dec. 4......Card N. Y .- Cherbourg, South pton.

N. Y., Naples, Dubrovnik & Trieste. for rates of parsage, freight and furthe particulars apply to local agents or

THE ROBERT REFORD CO., LTD. GBNERAL AGENTS
50 KING STREET EAST

"WET"OR"DRY"

Milk is the food of chil-

dren and old people.

Combined with cereals

it makes the ideal ration-

but if your stomach does

not take kindly to milk

pour a little hot water

over two Shredded

Wheat Biscuits, put

a small chunk of butter

on each Biscuit, allowing

it to melt into the shreds

If you like the Biscuit "dry"

split it into two halves and

crisp them in the oven and

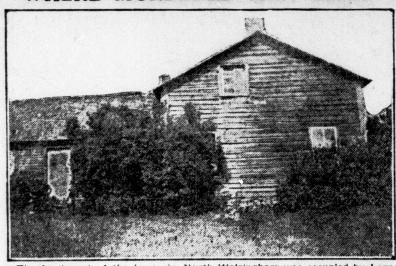
eat them with butter —

a real whole wheat toast,

wholesome and nourishing.

MADE IN CANADA

WHERE MURDERED MAN LIVED



Co., Lynn, Mass. The result of forty

heritage handed down to us by our fathers.

The speaker was very outspoken in deploring the decay of Canadian family life due to the selfishness or unregeneracy of its people. As a consequence the country is becoming peopled by the offspring of the slums and criminal districts of the old world who are creating a Boishevistic problem in practically every large centre in Canada.

child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

"First, production of food for the world: second, protection of their own interests in commerce and in legislation: and lastly, citizenship. The second of these aims may be styled intelligent self-interest. The other two, if properly understood and carried out, are in a high degree unselfish. How many callings are there with such a large incentive to unselfishness? It is this, coupled with intelligent action, that constitutes the real dignity of farming, its title to respect among other callings.

Aug. 7. Sept. 11, Oct. 16... Cassandra
Aug. 2. Sept. 25, Oct. 30... Saturnia
New York—Glasgow (Via Moville).
Aug. 2. Sept. 11, Oct. 9, Nov. 6, Columbia
New York—Liverpool. Save it unless piety is associated with an instructed moral sense. Education, state education, education for the state, must include ability to earn an honest living, and conscience to discern what is an honest living.
"The hope of agriculture lies in edu-

ation is to be obtained, whether by exercience, by reading, or in school and ollege. The essential things are skill in Children Cry FOR FLETCHER'S CASTORIA

President J. B. Reynolds, of the O. A. C., Tells Rural Leaders' School—Dean Tucker of London Speaks On Canada's Great Heritage.

GUELPH, Aug. 3.—The rural leaders at the work of farming, acquaintance with the science of it. and a condition of the people of Canada and their responsibilities connected therewith. He referred to Canada's splendid ancestry in the people of Canada and their responsibilities connected therewith. He referred to Canada's splendid ancestry in the contemptible Bills service of the contemptible Bills service and that the farm homes may be efficient producers and that the farm homes may be efficient producers and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least and wilds of Canada rather than live under an alien flag, and more particularly in the pioneers of the past at least the education of the past at least the defence of the producers and buying and made our land moral, industrious, heattiful and prosperous.

These men and women, he declared, are the hereove of Canadian history, and it was their descendents who so trium, it was their descendents when the producer is an annotation of the past at least the foreign of the United States, officiated.

These men and women, he declared, and also to receive the producers of the past the foreig

HIGH HONORS ON **NEWSPAPERMEN**

McGill Head Pleased That Universities Recognizing Journalism.

ACADEMIC CEREMONY

Four Members of Press Conference Receive Degree of Doctor of Laws.

MONTREAL, Aug. 3 .- (By Canadia Press.)-The first occ asion on which Gill upon four newspapermen, delegates to the British Press Union, which met

this week, at Ottawa. Sir Arthur expressed his pleasure that, as a soldier who had fought side by side with so many men of the Empire, it was now his duty to honor the men who controlled the public opinion of the Empire. He expressed his pleasure that at last the universities were recognizing the value of the present that the state of the present that a last the universities were recognizing the value of the present that a last the universities were recognizing the value of the present that the pres

his pleasure that at last the universities were recognizing the value of the profession of journalism, and especially that McGill, as Canada's imperial university, should take the lead in imprinting on the public mind the university's appreciation of the service to the Empire of the fourth estate.

Academic Ceremony.

The ceremony of presenting the degrees of LL.D. to Viscount Burnham, Sir Henry E. Brittain, British delegates; H. S. Ward Jackson, South Africa, and Thomas Wilson Leys, New Zealand, was carried out with a wealth of academic ceremony and color. The special convocation was presided over for the first time by Sir Arthur Currie, with the full representation of the for the first time by Sir Arthur Currie, with the full representation of the faculties and governors, wearing their scarlet robes of office. The front three rows of seats were reserved for the Empire Press delegates, who attended in a body, while the hall at the Royal Victoria College was filled with representatives of Montreal's acamedic and business life, with a large number of ladies present.

The McGill staff marched in procession to the hall escorting those to be

n to the hall escorting those to be nored, who were already vested in their scarlet robes, awaiting the hoods their scariet robes, awaiting the hoods denoting their elevation as doctors of laws, Sir Arthur having Viscount Burnham on his right, with the other candidates for honors on either side. After Rev. Dr. Rexford had opened the ceremony with prayers, and Sir Arthur Currie had made the opening address, Dean F. D. Adams presented Viscount Burnham as president of the Empire Burnham, as president of the Empire Press Union, to receive his degree of

Burnham Is Hooded. Burnham Is Hooded.
Viscount Burnham then was hooded by Dean Adams, signed the roll and was formally welcomed by Sir Arthur Currie, with the academic Latin phraselogy, amidst much applause.
Sir Henry (Harry) E. Brittain was
hen presented to receive his LL.D. by
Prof. R. F. Ruttan, director of the de-Prof. R. F. Ruttan, director of the department of chemistry at McGill.

Dr. Eve then introduced Mr. R. S. Ward Jackson of South Africa, to receive his honorary LL.D., as a Yorkshire man, who had trained for the army at Sandhurst, then had gone to Ceylon, and later been appointed secretary to represent Hon. Arthur Balfour, after which he had made a name for himself as editor of the Rand Times in South Africa. After Mr. Ward Jackson was honored and given the official welcome, Dr. H. S. Birkett presented Mr. Thomas Wilson Leys of Auckland, New Zealand, to receive the degree of LL.D. for his services as a journalist for 50 years with the Auckland Star; secondly, as a distinguished litterateur and author, and thirdly, as a leading educationalist in New Zealand, where he had founded the Leys Institute, and presented it with a splendid library of 15 000 years. in New Zealand, where he had founded the Leys' Institute, and presented it with a splendid library of 15,000 volumes, while he had for some years been chan-cellor of University College at Auck-

nd. This concluded the conferring of the

DRIVE AROUND CITY.

Montreal, Aug. 3.—The delegates to the imperial conference from Britain and the Far East, who landed at Sydney on July 27, and who arrived in Montreal last night from Grand Mere, where they inspected the plant of the Laurentide Pulp and Paper Company, were this morning taken for a driva

around the city as the guests of the Automobile Club of Canada. After the drive the entire party, which number over a hundred, were entertained at luncheon on Mount Royal by the city, and addresses were delivered by Sir Henry Brittain of England; Mr. G. E. Fairfax, chairman of the Australian delegates, and Mr. Robert Donald of England. Mayor Martin presided at the luncheon. **SUE RUSSELL TO** RECOVER MONEY

SUPREME CONVENTION TO CANCEL PATENTS

Order Placed 350,000 Men in Govt. Has Also Seized Pulp-**Employment Without** Charge.

The front part of the house in North Walsingham was occupied by Lorne Heimer and his wife, and in the rear lived James Learn, the murder victim.

Hope of Nation Lies In

Education Which Includes

Ability To Earn a Living

President J. B. Reynolds, of the O. A. C., Tells Rural Lead
ars' School—Dean Tucker of London Speaks On

KNIGHTS OF COLUMBUS AT NEW YORK FOR Raney Will Enter Suit Soon, Result of Timber Scandal.

wood Belonging To Russell

EDDY'S TOILET PAPERS are the most satisfactory and convenient on the market to-Whether it be in shape of Rolls, Ovals, or Packages, look for Eddy's name as a guarantee of quality. THE ONLIWON-Special paper for a special fixture. The Onliwon nickel cabinet is found in leading hotels and institutions as well as in many private homes. It is a hadsome fixture in any well appointed bathroom. Makers of Canada's famous Matches HULL, Canada The E. B. EDDY CO., Limited,



Sweet and pure—through summer's heat

Your appetite will not pause before a glass of Carnation Milk.

For you know that it is pure—and fresh.

You know that it is guarded against Sealed Carnation Milk is certainly

the safe milk for warm summer weather. Pour out a third of a glass of this

rich, creamy milk. Then fill up the glass with cold, pure water. There you have milk better than

you can usually obtain for table

Without the water, Carnation Milk is served as cream for breakfast tea or coffee.

It is fresh because it is sealed, while perfectly fresh, in the very heart of Canada's dairy lands.

It is pure—because it is first rigidly tested, then STERILIZED.

It is rich—because it is "whole" milk-not a separated or skimmed milk.

Imagine milk of such quality being kept safely on your pantry shelves during summer weather.

What a joy to have milk—fresh whenever you want it, always safe, always pure.

Use Carnation Milk for Table Use Children's Drink Baby's Bottle Cocoa Cereals Ice Cream Icings Candy -for Every Milk

What a Convenience!

Phone the Carnation Milkman-Your Grocer. FREE RECIPE BOOK For Puddings, Custards, Pastry, Sauces,

Gravies, Salads, Candy-100 Tested Recipes -many new-all delightful additions to your

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The uniform purity

and absolute safety
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baby's bottle.

collection. Write for a copy.

The label is red and white