

MARITIME MEDICAL ASSOCIATION.—This society met at Halifax on July 3rd, Dr. A. P. Reid, of Halifax, presiding. Only routine business was transacted. The officers elect for 1896 are: President, Dr. R. H. A. McKeen, Glace Bay, C.B.; 1st Vice-President, Dr. J. F. McDonald, Hopewell, Pictou; 2nd Vice-President, Dr. C. A. Foster, Bridgewater; Secretary-Treasurer, Dr. W. S. Muir, Truro, N.S. The next meeting will be held at Sydney, C.B., on the first Wednesday of July.

Miscellaneous.

“WORDS of cheer are words of help; words of gloom are words of harm. There is a bright and a dark side to every phase of life and to every hour of time. If we speak of the bright side, we bring the brightness into prominence; if we speak of the dark side, we deepen its shadows. It is in our power to help or hinder by a word any person with whom we have any dealings. A look or word can help or harm our fellows. It is for us to give cheer or gloom as we pass on our way through life, and we are accordingly responsible for the result of our influence.”—*Ex.*

A GENERAL FEELING OF BUOYANCY.—Dr. J. M. Reese, of Phillipsburg, New Jersey, reports an interesting case as follows: “Miss N—, school teacher, came under my care in April. Anæmic, nervous system very much depressed by reason of extra work and the strain attendant upon preparing for the annual examination. She was suffering from sub-acute laryngitis, the vocal chords relaxed. She would not give up her work, which required great exertion of the vocal organs. I used a course of tonics and other customary remedies without giving relief. I then put her on maltine with coca wine and she responded promptly. The hoarseness disappeared and she has improved constantly ever since she began to use this preparation; her general condition improved in every respect; increase in weight was marked and she often spoke of a general feeling of buoyancy. It appears to me that we can always depend upon getting good results in this class of cases from maltine with coca wine. The tonic and sustaining effect of the coca, added to the diastasic properties of the maltine, makes it just exactly what we need in so many diseases of modern life.”