

HOUSEHOLD.

How Can Children be Interested and Amused on Sunday

Practical Views of a Distinguished Woman.

'How can parents interest and amuse their children on the Day of Rest?' That is a question which seems to cause a great number of religious parents trouble and anxiety at the present day, when Sunday amusements and Sunday games are becoming so popular, and the day is losing much of its old religious character.

Mrs. Pearsall Smith, whose name is associated with the British Women's Temperance Association as one of its leading officials, writes with reference to this subject as follows:

'In my opinion,' she begins, 'the only certain means of making Sunday happy for children are a sympathetic mother and father, who know how to enter into the feelings of their children, and who will give up their whole time and thought to them for that day. They must not go by rules, but must try to get into the shoes of each child, and to look at things from the child's standpoint, and not from their own.'

'We sometimes forget that children are human beings, not merely creatures who may sometime become such, but that they are already human beings, with the same impulses and the same needs as ourselves, and that the treatment which makes us happy or miserable will have very much the same effect on them.'

'I say the treatment emphatically, for I do not mean the things. The things that interest a child will, of course, be very different from those which interest an adult, but it is never the things that make either child or adult happy, but only the treatment that accompanies the things.'

'A gift given or an amusement suggested in a cold, unsympathetic spirit will give but little joy to an adult, and still less to children.'

'Children are peculiarly sensitive, although they do not know how to express clearly the lack of sympathy and comprehension, or its presence, and will be happy in the duller places or with the simplest occupations if only they are accompanied with the loving sympathy and comprehensions of their caretakers. You can make a child happy with a piece of string or a few buttons, if you put your whole heart into it, with a sympathetic understanding of the child's point of view.'

'My one recipe, therefore, for happy Sundays would be the self-forgetful devotion of the time, and the inventive faculties of a loving and sympathetic mother or father.'

—Selected.

Selected Recipes.

QUEEN'S PUDDING IS MADE THUS:—Slightly heat a full half-pint of milk; dissolve one ounce of gelatine in a gill of water; and when dissolved strain into the milk; add a teaspoonful of essence of vanilla, the yolks of four eggs, and two ounces of castor sugar; stir over the fire to cook the eggs, but do not let the mixture boil or it will curdle; let it cool, and then add half a pint of whipped cream; whisk together, and when cold pour into a china mould.

A NICE DESSERT.—Cut a pineapple into very small pieces and sprinkle with sugar. Mix half a pint of cream with a quarter of a pint of milk, strain into it a teaspoonful of the pineapple juice in which half an ounce of gelatine and two ounces of sugar have been dissolved. Lastly add the pineapple. Place the cream in a wetted border mold, and, when set, turn out and fill the centre with whipped cream. This can equally well be made with peaches or apricots, and a thick custard substituted for the cream.—New York 'Globe.'

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