

MOTHER OF SCHOOL GIRL

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health.

Flover, Iowa.—"From a small child my 13 year old daughter had female weakness. I spoke to three doctors about it and they did not help her any. Lydia E. Pinkham's Vegetable Compound had been of great benefit to me, so I decided to have her give it a trial. She has taken five bottles of the Vegetable Compound according to directions on the bottle and she is cured of this trouble. She was all run down when she started taking the Compound and her periods did not come right. She was so poorly and weak that I often had to help her dress herself, but now she is regular and is growing strong and healthy."—Mrs. MARTIN HELVIG, Flover, Iowa.

Hundreds of such letters expressing gratitude for the good Lydia E. Pinkham's Vegetable Compound has accomplished are constantly being received, proving the reliability of this grand old remedy.

If you are ill do not drag along and continue to suffer day in and day out but at once take Lydia E. Pinkham's Vegetable Compound, a woman's remedy for woman's ills.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Guide-Advocate

Watford, Ont.

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ADVERTISING RATES.

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Advertisers without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS.

Guide-Advocate

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WATFORD, JULY 23, 1915.

NOTE AND COMMENT

Germany gives a semi-official denial to the Russian report of the destruction of a German battleship. In view of past events we're inclined to believe Petrograd.

Buffalo Express: The captain of the American liner Philadelphia gives this information about the way British vessels hunt for submarines. Two fast patrol boats take each an end of a steel wire net which sinks about 25 feet below the surface. When the hawseers show a heavy strain the boats turn inward toward each other and thus wrap the net around the submarine which it is supposed to have caught. Then they cut it loose, and net and submarine go to the bottom. It is said British officers believe that more than a score of German submarines have been destroyed.

An invalided officer, a man of sober mind and mature judgment, a man who has lived for months in the Valley of the Shadow of Death, and who has come home seared to the very soul with the foulness of Hell, tells of how in France and Belgium every house visited by German soldiers was violated. Not a woman, not even the young girls escaped the clutches of the miscreants. Girls were even carried to the trenches and kept there by these men who are built in God's image. There are things which cannot be written, but they may be visualized. They will never be forgotten.

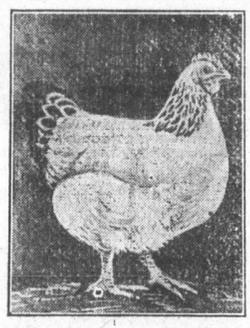
Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

POULTRY and EGGS

CAPONIZE COCKERELS.

Fowls So Treated Give Better Returns Than as Spring Broilers.

Caponizing the cockerels is the efficient method of handling, writes H. M. Cullerley in the American Agriculturist. A capon is an unsexed cockerel. The advantages of caponizing are about the same as those gained by altering cattle or swine—that is, the fowls grow larger, the young males are quiet and more easily fattened, and the flesh is more tender and of better quality. Although capons are only a little larger than cockerels of the same age during



The Columbian Rock breed of hen appeared in 1807 and is a single comb sport from the Columbian Wyandotte, which originated in a cross of White Wyandotte male and a Light Brahma hen. The Columbian has the beautiful markings of the Light Brahma and the size and characteristics of the Rocks. It has a yellow, juicy, meaty carcass and lays a goodly quantity of eggs. The hen shown is a Columbian Rock.

the first part of their growth, when put on the market they sell for a higher price to the pound. They will not get tough and starchy as cockerels will when mature, but stay tender and can be sold when the market is most advantageous.

The best fowls for caponizing are the large, rapid growing breeds such as the Plymouth Rock, Rhode Island Red, Wyandotte, Orpington and Brahma. The latter breed is used by specialists in capon growing. It is sometimes crossed with the Plymouth Rock breed. Very often the cross makes a capon weighing from twelve to fifteen pounds. However, the smaller birds, such as Plymouth Rock, weighing from six to nine pounds when eight months old, are more in demand. It is uncertain and not desirable for the average person to cross breed. Plymouth Rock capons grow fast, have a large breast and the desirable yellow skin and legs. Then, too, Plymouth Rock pullets which can be conveniently raised at the same time are good layers and early maturing, combined with good weight when killed.

The caponizing operation is simple and can be done by the farmer with a little practice. A good set of instruments may be purchased directly from manufacturers of surgical instruments or through poultry supply dealers. Complete directions for caponizing are furnished with the instruments.

The average farmer raises about 200 chickens a year, about half of which will be cockerels. If they are sold as spring cockerels the farmer has about 500 pounds at 22 cents a pound, or \$110, but if they are caponized he has about 700 pounds at 28 cents, or \$196. That will be \$86 additional receipts for the two or three days' extra work in caponizing the fowls. Professionals will caponize for 5 cents a bird, and an expert operator will caponize from forty to sixty fowls in an hour. The above figures are conservative. Moreover, the fact that capons eat less than cockerels must be considered.

Animal Food For Poultry. Remember that until the bugs and insects come the laying hen must be fed something in the way of animal food. Fresh ground bones with some meat on them is the best food of this kind. Then come good beef scraps. In lieu of either of these skim milk or buttermilk will take the place of meat. All grain and no meat for the laying hen spells the difference between failure and success in the poultry business.—Kansas Farmer.

Ashes in the Hen Yard. Coal and wood ashes are good things to carry to the poultry houses these days. From the coal ashes and clinkers the hens can pick many a piece that answers the purpose of grit, and if the

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores—60c box.

Zam-Buk

FOR ALL SUMMER SORES.

coal ashes are sifted they make the best kind of a dust bath for the hen. From the wood ashes the fowls can pick lots of good in the way of a blood purifier.

Millet For Poultry. Millet seed is an excellent poultry feed, especially when you want the hens to do some exercising. The seed is so small that it takes quite a time for them to pick up any great quantity of it. It should be scattered in the litter of chaff, cut straw or hay. It will keep the hens bustling, and it is the busy hen that does the laying. It is also fine for young chicks.

WOMEN SOLDIERS.

They Posed as Men and Fought With the British Army.

The British army has had its women soldiers, and two of them are buried in the cemetery of Chelsea hospital. One of these dames—Hannah Snell, a truculent looking person, whose portrait is preserved in the great hall of the hospital, served in the siege of Pondicherry and was badly wounded, her sex being discovered when she was removed to the hospital. She became a pensioner and wore on occasions the three cornered hat and uniform coat of Chelsea and was at her own request buried in the graveyard of the hospital.

Christina Davis was the other female soldier buried in this cemetery. She is described as a "fat, jolly woman." Another Englishwoman who successfully posed as a man and enlisted as a soldier was Phoebe Hessel, who was a private in the Fifth foot regiment and fought at Fontenoy in 1745, under the Duke of Cumberland, being severely wounded. Ultimately she died at Brighton in 1821 at the age of 108.

The most famous Englishwoman "soldier," however, was "Dr. James Barry," who joined the medical corps in 1813 and served at Waterloo and in the Crimea. In 1853, after many promotions, she became inspector general, and it was not until many years later that the fact that she was a woman was discovered.—St. Louis Post-Dispatch.

ELECTRICITY AND WATER.

Little Danger in Turning a Hose on Heavily Charged Wires.

The slight danger that firemen run through the electric current passing from heavily charged wires up the stream of water they are squirting is proved by an experiment conducted by Ugo Tartaglini and reported in La Scienza per Tutti.

A trolley car wire charged with a direct current of 525 volts had one end grounded; on the other end he directed a stream from a hose with a nozzle fifteen millimeters in diameter. At 2.20 meters distance a voltmeter attached to the nozzle registered twenty volts. At sixty-five centimeters distance it registered seventy volts and at twenty centimeters 210 volts. The average man can stand a current of fifty volts without serious shock, so a fireman who holds his nozzle five or six feet from a live wire runs no great danger.

Mr. Tartaglini made the same experiment on two lines of alternating current, one with 2,300, the other with 4,600 volts, and the voltmeter did not register any current in the stream of water, although a slight shock was perceptible when he put his hand into it. With a chemical extinguisher he got a current of 1,550 volts at 225 millimeters from a wire with a current of 2,050 volts.

Ypres and Death.

In Holland and Flanders, according to the Manchester Guardian, Ypres is connected in the mind of the people with the idea of death. If a Dutchman or a Fleming wishes to describe a particularly lugubrious person he will say, "Hij ziet er uit als de dood van Ypres." "He looks like the death of Ypres." This expression has been proverbial since Ypres was ravaged by the plague in 1349; "the death of Ypres" is a vivid expression like our "black death." But it is also taken literally, for Ypres is in sober truth one of the dead cities of Flanders. It is more dead than "Bruges la morte," which owes its reputation in this respect more to George Rodenbach's novel and the verses of other artists than to actual fact. "Ypres sleeps and Bruges slumbers," says a Dutch writer of travel pictures.

Furniture That Satisfies

Is our hobby, and we know that our showing will please you, no matter how exacting your taste may be. We have the very NEWEST DESIGNS in

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If you need a new piece of furniture kindly call and see our spring stock.

PORCH AND LAWN CHAIRS are now required. Let us show you what we can do in this line.

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'DETROIT' VAPOR GASOLINE STOVES

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\$32.00 \$17.00

SEE THESE BEFORE YOU BUY

THE N. B. HOWDEN ESTATE

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WESTERN FAIR LONDON CANADA

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Prizes increased this year by \$3,000.00. Excellent Program of Attractions Twice Daily. Two Speed Events Daily. Fireworks Every Night. New Steel Grandstand. Midway Better Than Ever.

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SINGLE FARE OVER ALL RAILWAYS WEST of Toronto, and Fare and One-Third from outside points.

Prize Lists, Entry Forms, and all information from the Secretary. W. J. REID, President. A. M. HUNT, Secretary.

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Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY. CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait

PHONE 39



SOCIETIES.

Court Lorne, No. 17 C

Regular meet- Se-ond and F- Mond a y s of month at 8 o'clock Court Room Stapleford's store street, Watford. B. Smith, C. H. Hance R. Sec., I. E. Collier, F.

Voters' List-1915

Municipality of the Village of Watford, County of Lambton.

NOTICE is hereby given that I have to or delivered to the persons mentioned in 9 of "The Ontario Voters' List" copies required by said sections to be so delivered of the list, made pursuant to all persons appearing by the list, and to the said Municipality to be entitled to the said Municipality at election for members of the Legislative Assembly and at Municipal and that said list was first posted up at Watford on the 21st day of June, 1915, and there for inspection, and I hereby call voters to take immediate proceedings to correct or omission, corrected according to dated at Watford this 21st day of June, A. W. S. FULLER, Clerk.

OUR CLUBBING

THE GUIDE-ADVOCATE AND

- Family Herald and Weekly Star
- Weekly Mail and Empire
- Weekly Farmers Sun
- Weekly London Free Press
- Weekly London Advertiser
- Saturday Globe
- Northern Messenger
- Weekly Montreal Witness
- Hamilton Spectator
- Weekly Farmer's Advocate
- Daily News
- Daily Star
- Daily World
- Daily Globe
- Scientific American
- Mail and Empire
- Morning London Free Press
- Evening London Free Press
- Morning London Advertiser
- Evening London Advertiser

The Glory of the War

At this stage of the war the virtues demanded from the man who are vicariously bearing the burden of the active side of the war are those of patience and endurance. The latter is easily ed, the former, light to begin daily becomes more grievous home. Much of the anxiety in the current discussion of it is evidently due to the pat authentic information. The is beset with reports, usually that only partially reveal actually transpiring. Absolute cealment is less nerve-racking glimpses into the latest meth war.

There may be reason for the adopted by the British censoring to identify regiments and divisions of the expeditionary Many deeds of magnificent have been rewarded, but we doubt that many more have unwitnessed and unreported iments from all parts of the Isles and from all parts of the Empire have been practically out, have given their lives v that the cause of freedom a government may be saved glory of this war is big enough round and needs no particular state.

"Rough on Rats" clears mice, etc. Don't Die in the Ho and 25c. at Drug and Con mrl

The area of Canada's forests than double all of Europe's.