

Cause of Early Old Age

The celebrated Dr. Michener, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Kidney Syrup" after meals makes your digestion sound. 10

J.A. CREAGHAN, LL.B.

Barristers, Solicitors, Notaries

MORRISON BLDG, NEWCASTLE

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BENSON'S BOOKSTORE
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Dr. J. D. McMillan

DENTIST

Lounsbury Block, Newcastle

N. B.—Out of town one week beginning the first Monday of each month. 15-3-17

The Advocate has in stock all the time more than one hundred thousand envelopes, which are ready to be printed for Advocate patrons. Advertisements appearing in the Advocate are being high class and of Advocate prices are reasonable.

Remit by Dominion Express Money Order. If lost or stolen, you get your money back.



MENTHOLATUM

A Healing Salve

Quickly Relieves

Headaches
Neuralgia
Hay Fever
Catarrh

Anyone troubled with sore, tired or aching feet should use Mentholum according to the directions with the jar.

Always keep a jar handy.

Mentholum is sold and recommended by the leading druggists throughout the Maritime Provinces.

2 sizes—25c and 50c

Send 3c in stamps for a generous size sample.

The Mentholum Co.
Bridgeport, Ont.
11-4-17.



MINARD'S "KING OF PAIN" LINIMENT

Extract from a letter of a Canadian soldier in France.

To Mrs. R. D. BAMBURGH:

The Rectory, Yarmouth, N.S.

Dear Mother:—

I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.

Have you any patriotic druggists that would give something for a gift overseas—if so do you know something that is good for everything? I do—Old MINARD'S Liniment.

Your affectionate son,

Manufactured by the

Minard's Liniment Co. Ltd.
Yarmouth, N.S.

Former Resident Dies At Portland Me.

The death of Frederick W. James occurred at his home, 361 Cumberland Ave., Portland, Me., on Friday, Dec. 28th, after an illness of two years and a half with Arthritic Plurisy, of which he was a great sufferer but bore it with the greatest of patience.

Mr. James was born at Fredericton, N. B., and was the son of Joseph and Elizabeth Coyle James.

Mr. James married Miss Victoria Harris of Blackville, N. B. He went to Portland in 1905 where he had since resided. Mr. James leaves behind his wife, three daughters, Pamela S. and Mrs. A. Philip Seavey of Presque Isle, Me., and Stella E. at home, also an aged mother, four sisters, Mrs. James Machum, Mrs. David Bailey, Mrs. C. F. Mullin, Mrs. Richard Hull, all of Fredericton, four brothers, Joseph A. of Missoula, Montana, Alfred B. of New York, Lewis P. of Portland and Charles A. of Fredericton.

Mr. James was greatly devoted to his home and highly respected by all who knew him.

Funeral services were conducted by the Rev. Charles King of the Advent church followed by the service of the Independent Order of Foresters of Court Gorges 4263 of which he was a member. The pall-bearers were C. F. D. Stoughton, W. Hay, Charles Harris and Fred Bustin, brothers of his order.

The floral offerings were many and beautiful, which testify to the esteem in which he was held.

Burial at Forest City Cemetery Sunday Dec. 30th at 2 o'clock.

Mr. James resided in Newcastle for nine years, living opposite the Advocate office.

(Leader please copy)

Important Changes in Train Schedules

General Time Changes on Canadian Government Railways on January 6th—Maritime Express is the Daily Through Train

Important changes in the train schedules of the Canadian Government Railways went into effect on January 6th, 1918.

The Ocean Limited now running daily between Montreal and Halifax will after that date leave Montreal daily except Saturday at 6.40 p.m. instead of at 7.00 p.m., and arrive at Halifax daily except Sunday at 11.40 p.m. The Westbound Ocean Limited will leave Halifax daily except Sunday at 7.45 a.m., and arrive in Montreal at 9.45 a.m. daily except Monday.

The Maritime Express will be the daily through train, leaving Montreal at 9.15 a.m. and arriving at Halifax at 4.00 p.m., and leaving Halifax westbound at 3.00 p.m., and arriving in Montreal at 7.40 p.m. It will be seen that the schedules of both trains have been lengthened slightly so as to give a little more running time during the period of difficult operating conditions.

The new time table will not greatly affect the local train service, and but few changes are predicted in the branch lines, excepting to alter the schedules of the connecting trains with the through expresses.

The service between Prince Edward Island and the mainland is now via Cape Tormentine, and on and after December 31st the car ferry "Prince Edward Island" will leave Port Borden, P. E. I., after the arrival of the morning express train from Charlottetown and Summerside and arrive at Cape Tormentine to connect with a train leaving there at 10.30 a.m., and arriving at Sackville at 12.05 noon; connecting there with the Ocean Limited westbound, and with No. 15 express for Truro. The afternoon passenger train to connect with the steamer, will leave Sackville at 1.00 p.m., arriving at Cape Tormentine at 2.30 p.m., affording a connection for passengers for the Island on trains No. 199, 4 and 18.

The changes of January 6th will all so bring about the start of a direct passenger service between Quebec and Montreal via the new Quebec bridge. The local express train No. 45 and 46 will perform this service for the present, No. 45 leaving Quebec at 3.45 p.m., and arriving in Montreal at 10.35 p.m. daily except Sunday, No. 46 will leave Montreal at 7.15 a.m. and arrive in Quebec at 1.55 p.m. These trains will run in and out of the Palais Station. The daily express trains between Edmundston and Lewis will henceforth run in and out of Quebec via Diamond Junction and the Bridge and will not touch at Lewis. The Ocean Limited and the Maritime Express will continue to make their regular stops at Lewis and the Quebec connection with these trains will be by the ferry as usual.

Listless, Peevish Girls

When a girl in her teens becomes peevish, listless and dull; when nothing seems to interest her and dainties do not tempt her appetite, you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks, frequent headaches, and breathlessness and heart palpitation will confirm that she is anemic. Many mothers as the result of their own girlhood experience can promptly detect the early signs of anemia, and the wise mother does not wait for the trouble to develop further, but at once gives her daughter a course with Dr. Williams' Pink Pills, which renew the blood supply and banish anemia before it has obtained a hold upon the system.

Out of their own experience thousands of mothers know that anemia is the sure road to worse ill. They know the difference that good red blood makes in the development of womanly health. Every headache, every gasp for breath that follows the slightest exertion by the anemic girl, every pain she suffers in her back and limbs are reproaches if you have not taken the best steps to give your weak girl new blood, and the only sure way to do so is through the use of Dr. Williams' Pink Pills.

Now, rich, red blood is infused in the system by every dose of these pills. From this new rich blood springs good health, an increased appetite, new energy, high spirits and perfect womanly development. Give your daughter Dr. Williams' Pink Pills and take them yourself and note how promptly their influence is felt in better health.

You can get these pills through any dealer in medicine or by mail post-paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont. (adv.)

Letters From Soldiers

Sapper Thomas J. Young of Douglastown, writes his mother from the Canadian Convalescent hospital at Bear Wood, Wokingham, England on Dec. 1st, in part, as follows:

Dear Mother,
Just a few lines to let you know that I am in the best of health and my wounds getting on well. I can walk pretty well now. I think I'll be over in France again for the spring. But I had a good time in the hospital. I suppose you thought that I had no one to come and keep me company, but I had every Sunday, and last night I was invited down to supper and I had a good time. I got wounded up in Belgium, on Nov. 14th, about 2 o'clock in the morning and I never got out till that night, but I didn't think I should ever get out.

Sapper T. Young, No. 793851

DERBY SUPERIOR SCHOOL

Following, in order of merit, is the standing of the pupils in the advanced department of the Derby Superior School, on the December examinations:

Grade VI.—Joseph Scammell, Charles Doran, Grace Langan, Audrey Parker.
Grade VII.—Margaret Crocker, Olive McEachern, Jean Campbell.
Grade VIII.—Flora Russell.
Grade IX.—Audrey Simpson, Gladys Vanderbeck, Zella Parker, Annie Archibald, Josephine Cliff, Ella Parker.

Perfect attendance during term—Joseph Scammell.
The half yearly examination was held on the afternoon of Dec. 20th. After the regular program of work, the two departments joined to hold a very interesting program of songs, recitations, dialogues, drills, etc. A large number of visitors were present, several speeches were made by those present in which the advisability of and need for Consolidation was discussed.

OFFICERS OF DERBY LODGE 100 F

The following officers of Derby Lodge 100 F, Millerton, were installed on Wednesday night, 2nd inst. C. C. Crocker, N. G., Chas. Burill, V. G., Geo. Ite, R. S., Raymond Vanderbeck, F. S., W. G. Thurber, Treas., Jas. Carter, R. S. N. G., Wm. Simpson, L. S. N. G., Rev. Alex. Bettie, Warden, John McKay, Conductor, John Betts, Chaplain, Albert Colclark, I. G., Wm. Parks, O. G., W. R. Crocker, R. S. S., Percy Quail, L. S. S., Nathan Miller, R. S. V. G., G. Roper, L. S. V. G.

touch at Lewis. The Ocean Limited and the Maritime Express will continue to make their regular stops at Lewis and the Quebec connection with these trains will be by the ferry as usual.

An Urgent Appeal For Stricken Halifax

To the Members of the Order of Sons of Temperance of North America Greeting:

A sudden and awful calamity has brought death and destruction to the City of Halifax. Help is needed now and for days to come.

With homes destroyed, children orphaned, men and women killed or maimed for life—food, shelter and medical aid are imperatively needed. The rigors of which have increased the suffering and made more urgent the need. Our Halifax members have royally supported the Order during the past 70 years. We have no doubt that some of them are now in want and suffering terribly. This is an hour when the principles of our Order can be practically demonstrated by giving our help.

Therefore in the name of the National Division, we call upon our Members and Divisions throughout our jurisdiction to telegraph or mail such contributions as their sympathy and generosity prompts, to our Most Worthy Treasurer, MARVIN M. EAVENSON, Camden, N. J., who will transmit them to Grand Division of officials at Halifax to be used in their discretion.

We call upon all Grand Scribes to immediately transmit a copy of this Appeal to their several subordinate Divisions and urge prompt action thereon.

Where action will be delayed by waiting for Division meetings, W. P. and R. Scribes should bring this Appeal to the attention of their members direct.

In order to insure safe transmission of funds, all moneys should be sent to the M. W. Treasurer, as stated above, at Camden, N. J.

Anticipating a hearty cooperation and generous response for this worthy purpose, we subscribe ourselves, Faithfully and Fraternally in L. P. & F.

E. G. HOENHATH, W. M. Patriarch
E. S. HENNIGAR, M. W. Associate
ROSS SLACK, M. W. Scribe
M. M. EAVENSON, M. W. Treasurer
Philadelphia, Pa., December 8, 1917

For printing that is first class in every particular, try the Advocate Job Department. Service excellent and prices reasonable.

THE AUSTRALIAN VOTE

Latest reports give the result of the Australian referendum of Dec. 20th, on Conscription, as follows: the vote not all counted yet:

	For	Against
Civilians	89,000	1,085,000
Soldiers	52,000	58,000
Totals	945,000	1,212,000
Majority against Conscription	176,000	

My Limbs Would Twitch

And Waken Me—Unable to Rest or Sleep, I Walked the Floor in Nervous State—When Specialists Failed I Found a Cure.

This is the kind of cure that has set Windsor on thinking and talking about Dr. Chase's Nerve Food. The action of this food cure is so radically different to the usual treatments for the nerves that everybody wants to try it. Gradually and certainly it nourishes the starved nerves back to health and vigor and the benefits obtained are both thorough and lasting. M. M. Smithson, 27 Arthur street, Windsor, Ont., writes: "I was suffering from nervous breakdown, which was caused by a shock when fire broke out in the adjoining house. My nerves were in such a state that, after going to bed I could not get my nerves quieted down sufficiently to go to sleep. I used to get up and walk around the room, or go downstairs. Even when I would be dropping off to sleep my limbs would twitch and waken me. I used to have cold, nervous, night sweats, sometimes would become unconscious and lie that way for quite a little while. I was always cold and it seemed impossible for me to get warm or keep warm. When on the street I would see two or three objects at once, and did not want any person to speak to me or bother me. Any little noise irritated and annoyed me very much. I had consulted specialists and tried many remedies during this time, but could not gain relief. At last I tried Dr. Chase's Nerve Food, and before long could see that this treatment was proving of benefit. I am now feeling so much better that I can go out on the street without any difficulty, can go across the river and go about the same as usual. I sleep well at night, and am feeling more like myself every day. I am pleased to be able to write you to tell you how much good the Nerve Food has done me. It has strengthened and built up my whole system. I am recommending it to everybody I find suffering from nervousness of any kind."

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under its personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; delaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.



SYNOPSIS OF CANADIAN NORTH-WEST LAND REGULATIONS

The sole owner of a family, or any man over 18 years old, who was at the commencement of the present war and has since continued to be a British subject or a subject of an allied or neutral country, may homestead a quarter section of available Dominion Land in Manitoba, Saskatchewan or Alberta. Applicant must appear in person at Dominion Lands Agency or Sub-Agency for District. Entry by proxy may be made on certain conditions. Duties—Six months' residence upon and cultivation of land in each of three years.

In certain districts a homesteader may secure an adjoining quarter section as pre-emption. Price \$3.00 per acre. Must reside six months in each of three years after earning homestead patent and cultivate 50 acres extra. May obtain pre-emption patent as soon as homestead patent on certain conditions.

A settler after obtaining homestead patent, if he cannot secure a pre-emption may take a purchased homestead in certain districts. Price \$3.00 per acre. Must reside six months in each of three years, cultivate 50 acres and erect a house worth \$300.00. Holders of entries may count time of employment as farm laborers in Canada during 1917, as residence duties under certain conditions.

When Dominion Lands are advertised or posted for entry, returned soldiers who have served overseas and have been honorably discharged, receive one day priority in applying for entry at local Agent's Office (but not Sub-Agency). Discharge papers must be presented to Agent.

W. W. CORY, Deputy Minister of the Interior, N. B.—Unauthorized publication of this advertisement will not be paid for. 17-1-18

Dominion Express Foreign Cheques are accepted by Field Cashiers and Paymasters in France for their full face value. There is no better way to send money to the boys in the trenches.

MINIMIZE THE FIRE PERIL

By Using EDDY'S

Chemically Self-extinguishing

"Silent 500's"

The Matches with "no after glow"

EDDY is the only Canadian maker of these matches, every stick of which has been treated with a chemical solution which positively ensures the match becoming dead wood once it has been lighted and blown out.

the box.

Look for the words "Chemically self-extinguishing" on

Dr. Chase's Nerve Food, 25 cents a box, a full treatment of 6 boxes for \$2.75, at all dealers, or Edmanston, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

Classes will Re-open

WEDNESDAY

Jan'y 2,

and we hope to be able to show ourselves worthy of the very generous patronage we are receiving. Catalogues showing Tuition Rates, etc., mailed to any address.

W. J. OSBORNE, Principal
FREDERICTON, N. B.

The Winter Term

OF THE

FREDERICTON

BUSINESS COLLEGE

OPENS ON

Monday, Jan. 7,

1918

Pamphlet giving particulars of our courses of study, rates of tuition, etc., will be mailed to any address on application.

Address

W. J. OSBORNE, Principal

FREDERICTON, N. B.

Highest Prices Paid

FOR

All kinds of Junk,

Hides and Raw Fur

M. ARLANSKY

MCCULLAM STREET NEWCASTLE

45-1 yr

W. J. DUNN

HACKMAN

Back to and from all trains and boats. Parties driven anywhere in town. Orders left at Hotel Miramichi will be attended to.

NEWCASTLE, N. B.

Phone 100-21

BIG SPECIAL

Don't forget our Xmas sale from

Dec. 12th to Dec. 31st.

We try to sell our goods very cheap.

When you try you will find out.

Bring your furs and hides with you and get the best prices going.

JOHN O'BRIEN

Corner Henry and Gt. Sts. ...

PHONE No 134



Chas. Sargeant

First Class Livery

Horses for Sale in all times.

Public Works Phone 61