A.W. Allen & Son, A Word to Cooks. A careful cook seldom buys lard

A tarent toos serious puty start. ske saves the trimmings from all meats, and the drippings from all roasts [except lamb or mutton, of which the fat is too strong. A great many soups in France are made with Sashes, Doors, Mouldings. 6666

ALL KINDS OF BUILDERS' FINISH AND MATERIAL and Foreign Woods BOKES, STAVES. HEADING!

MIDDLETON, N.S.

50 YEARS'

Scientific American.

that may be test in it, and it this us not evaporated, the fat will not keep, and will not fry things crisp. Fat properly taken care of will keep in-definitely in a cool place. The jars should be emptied about once a month, well scoured and dried, and the fat melted and strained, before re-turning to the jars. May Will U CARRIAGES! turning to the jars.-Mrs Will H. Low in the February Woman's Home JUST RECEIVED I

A Ca load of Carriages made well known firm of To the Suffering. WILLIAM GRAY & SON. The following testimonial may be read ith i terest by suffe e s from skin erup of Chatham, Ont. Also

HARNESSES! d all kinds of Massey-Harris

Farm Machinery CALL AND SEE OUR GOODS J. W. SELFRIDGE.

"Hotel Central,"

firs. flacKenzle, Proprietress.

WOLFVILLE, . N S Excellent accommodation for transien and permanent guests. ET Rates for mished on application. 45

The Inverness Railway and Coal Co., 's worth.' Peter D. McFadyen, Riverdale, P. E. writes. 'I am very husy but just drop line to wry I highly recommend your arrh cure. It has do e g and work rune, I am so much better.'

INVERNESS, - CAPE BRETON "INVERNESS IMPERIAL



Drough. Dr Clarke's Sure Cure'.For Catarrh and Dr Clarke's Sure Cure for Ees First class, both for Domestic and Steam

wille, in Noble Signors, and Miss the transfer of the Berley wille, in Noble Signors, and Miss the transfer of the Berley and another of the Signors, and Miss the transfer prest compass of voice with rich and BUNK HER COAL or any case that it will not perma-ageing use.

Shipping facilities of the most mod-rm space at Port Hastings, C. B. for rompt loading of all closes and size of teamers and sailing vosels. And the Colon The Colonel's Lamness Grew. In a certain skirmish a Colonel-

The shove pre-arations, also Dr. 1 ske's Little Red Pila, seat by mail. me boxes for \$1.00. O they may be timed from your local druggist Ad-ress Canada Chemical Company, Peter-rough.

The Invervess Railway and Coal Co. INVERNESS, C. B, (general he called himself) got a slight scratch on his leg. The wound

Wm. Petrie, Agent, Port Hastings, C. Geo. E. Boak & Co., Halifax, N. S.

MME. ANDREWS FINE MILLINERY AND MODES,

Millinery Novelties. MILLINERY PARLORS, AIN STREET. WOLFVILLE N. S

WILLIAM F. PARKER, Barrister, Solicitor &c.

AGENT OF : The Nova Scotia Benefit Building The Phoenix Fire Assurance Co.,

The Promix Fire Assurance Co., London, Eng. The Home Place Glass Assurance Co., Ltd. WOLFVILLE, N. S.

1, Grey Maré 12 years bld, weight 1300 lbs. A

ur ankle, sir?

those savings. The stone jars should be kept—one for soup, one for frying polatoes and all sorts of fritters, and one for frying fish.' In the two frying jars pork fat cas be mixed with the fat of other meats, but in the jar for soups it must be omitted. Indeed, it would be britter to kean in it one the fat of the britter to kean in it one the fat of be better to keep in it only the fat of poultry, or poultry and yeal if you have enough of these two meats to keep a jar holding a pint about filed. The trimmings from the meat are c lice shape, put in a saucepan over a rather slow fire, and cooked unt melted; then the fat is strained hrough a sieve into the jars. NOT NARCOTIC The drippings from roasts must b ecooked. It is put in a saucepa wer a moderate fire until it has stop apa af Old BrSAMUE Pempkin Santa -Alix Sanna -Robollo Sala -Anian Santa -Anian Santa -Hiero Sala -Hiero Sala -Hiero Sala -Hiero Sala -Many Sa bed sizzling. The sizzling is pro-luced by the liquid juice of the meat that may be left in it, and if this is

900 DROPS

For Infants and Ch

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RAILWAY.

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"BOSTON"

LEAVE YARMOUTH ay, and Saturday on the favo, Halifor

wharf, Boston, Tuesdar, and Fi d 200 p. m.

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St. John and Digby, Leaves St. John Monday, We Phursday and Satarday at 7.45 a rive in Digby 10.45 a. m; i.eave i arrival of express train from Hi

Buffet Parlor Cars.run each wa n Express Traias between Halif

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LADDERS for Fire Departments, Railroa ings, and Extension Laiders ers, for Barns, Step-Ladders

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Weddings Promptly Attanded. TERMS MODERATE TELEFHORE No. 58.

have leased the Mill Prop longing to the late George Coldbrook, and will manufact

On and sfterWednesday Mar.

ess from Yarmouth ass from Halifax ...

A perfect Remedy for Co ion, Sour Stomach, Dia ss and LOSS OF SLEEP. Fac Simile Signature of Chat H. Flitcher. NEW YORK

> **GLEANED BY THE WAY** DOMINION ATLANTIC First Politician-I believe

tions or aczema Janu vy 29th, 1902. Doar Sirs, –I zotice your solvering-ment i. s paper about your solvederin scema cure and I feel it my duty to el you that I was i duced to try it as I had been afflicted wich skin troble in my lands for 14 years. I have tried several doctors and they dow me no good. I o ly used one box of Dr. Clarke's sure Cure for Exerma. It has made a com-plete eurs. I recomme d it to all auffe-ing from skin disease. My hand was ao had that the rails used to come off. You on use any n me if you wish. Yours ruly. MR. JOHN WOOD. flice seeking the man Second Policician-That's all right, f you don't want the office. You don't mean to say you girls ave started a secret society ? 'Yes: 's a society whose members pledge

EXACT CORY OF WRAPPER

Yours truly. Yours truly. MR. JOHN WOOD. I sake St. tior. P. F. I. Dr. Clarke: Su g Curr fo Catarth is one of the best remedies on the amarket We are daily i receit to f letters troll is how much they have do e for the afflich how much they have do e for the afflich d. Miss Savah Hill, 42 Front Steed of Miss Savah Hill, 42 Front Steed The second Structure of the use of the second Structure of the use of the second Structure Structu themselves to tell all the secrets they know. CASTORIA.

of Chart H. Flitchers She--Why do you toy so nervously ith that fan ? Are you afraid of it ? He (gallantly)--1 am afraid of any-

ing that could produce a co TRAINS WILL LEAVE WOLFVILLE. (Sunday excepted) (Sunday excepted) (Frees for Halfas . 6 57, s m press for Yarmouth . 10 96, s m pross for Halfas . 6 60, p m row for Kontville . 6 60, p m rom for Halfas. . 2 20, p m First Moth-Let's get off ; this co ond Moth - Mothballs? First Moth-No, but the dude can ied perfumed cigarettes.

The Evidence You Value.

Pollowing the Sila paration of inestimable value and people end it knowing that it is a certain cure.

'Pa,' said little Tommy, getting a bright idea, 'I can do something you an't. 'What ?' demanded papa

'Grow,' replied the youngster.

ever near to him. One day late in life as he sat pon-dering the glorious past, a young man, visiting the tanily for the first ime, approached and sympathetical-'Tame, general ?' Visi' a burg starter.

remarked : 'Aune, general ?'. 'Y sir,' after a pause, and with an expressible solemmity, 'I am lame.' 'Been riding, sir ?' 'No,' with rebuking sternness, 'I by diseased or un Reserve Force, The healthy body has a certain an strength reserved in case of cameraceus by diseased or unusual physical exh Without the power of restance a pers-easy prey to every ill that comes abare whether the second seco

ave not been riding.' 'Ah! Slipped on the ice, general?' 'No, sir,' with actual ferocity. 'Perhaps, then, you have sprained

picking, and Swing Chairs. Al al shop work, Ladders in Stabb s Coal Shed. Team on livering, For further informat. your ankle, sir?² With a painful slowness the old man lifted his pet teg in both hands. Slowly from his chair, and, looking down upon the unfortunate york but sisses the slow and a defendences blowly from his chair, and, looking down upon the unfortunate york but the she had ordered as man clothes this season as she would with mingled pity and wrath, burst forth in the sublimiter of the stars.

WOLFYILLE, N. S. FOR SALE, Grey Mare 19 years bid, weight 1920 ha A Bage weikers old, weight 1920 ha A Bage weikers old weight 1920 ha A Bage weight 1920 ha Bage weight 1920 ha A Bage weight 1920 ha a Bage weight 1920 ha a Bage weight 1920 ha Bage weight 1920 ha a Bage weight 1920 ha Bage weight 1920 ha a Bage weight



*Dran Mrs. PINKIAM :--I can conscientionaly recommend Lydia E. Pinkham's Versetable Compound to those of my sisters suffering with female weakness and the troubles which so often befall women. I suf-fored for mouths with general weakness, and felts so weary that I had hard work to keep up. Thad shooting pains, and was uticely miserable. In my distress I was advised to use Lydia E. Pinkham's Vegetable Compound, and it was a red letter day to me when I took the first does, for at that time my restoration began. In air weeks I was a changed woman, perfectly well in every respect. I felt so elated and happy that (wantal women who suffer to get well as I did."-Miss Gurus Garaxe, 360 Jones St., Detroit, Mich., Secretary Amateur Aria Association.

The solution of the second state of the second state of the solution of the solutions of the solution of St. John via Digby and

How Another Sufferer Was Cured.

How Another Sufferer Was Cured. "Data Mus. FINKHAN: -- I cannot praise your wonderful remedies mough, for they have done me more good than all the doctors I have ad. For the last eight years and more I suffered with female troubles, was very weak, could not do my honeswork, also had nervous pros-ration. Some days I would remain unconscious for a whole day and ight. My neighbors thought I could never recover, but, thanks to your medicine, I now feel like a different woman. "I devery grateful to you and will recommend Lydia E. Flink-maw Vegetable Compound to all. It has now been four years since ind the last speil of nervous prostration. I only weighed ninety-ight pounds at that time; now I weigh one hundred and twenty-three. "I consider your Vegetable Compound the finest remeely made. Thanking you many times for the benefit I received from your medicine, I remain, Yours truly, Mass. J. H. Parama, 2000 Elliott Ave., St. Louis, Mo." Hencher Mire, Pinkham's advice is free and all sick women

Remember Mrs. Pinkham's advice is free and all sick women are foolish if they do not ask for it. She speaks from the widest experience, and has helped multitudes of women.

CENANA FORFEIT If we sanot forthwith produce the original letters and signatures of more naturality, which will prove their shoulds graninesse. myst once willight lefting and for the sanother should be the sanother state. By the window "tetting out the CODE : ABC, 5th. CABL2 : Nothards, London. Nothard & Lowe, ESTABLISHED IN 1846. FRUIT SALESMEN,

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by the Ladies of the W. C. not turn over in hed.- Eldi ddar affected -expectenced autoring. Mrs L. Sleep, Mrs I. Old people learn to trust in Dr. dney-Liver Fills, for when all oth

-Mrs A E Cold-

For the Boys.

f twenty-one.

On the reverse of the pledge is the

following novel and amusing vers which the boys of the league shou

he was a leading mer

Boys with hats on the backs of their heads and cigarettes and smutty words in their mouths are cheaper than old, worn-out horses. Nobody Men cill, not employ the second s

W, Chase on every box

Miss Gannon, Sec'y Detroit Amateur Art Association, tells young women what to do to avoid pain and suffering caused by female troubles. ¹ Dars Mas Promas -- I can conscientiously recommend Lydia Ri-for do the sectore and the troubles which so often before were than a consciention of the sociation of the soc An Anti-Cigarette League has been formed amongst boys in the United States. Each would-be member signs a pledge binding himself to abstain from tobacco until he reaches the age

What Will They Do?

What will the young men who are tending har do when prohibition pre-vails? If they are honest let them as other young men do, hunt

hat I had a pain in

bollowing novel and anusing version of the reverse of the plague shout together: "Hear us yell, hear us yell, We are the boys of the A. C. L. Hear us yell, hear us yell, We are the boys of the A. C. L. Hear us yell, hear us yell, We are the boys of the A. C. L. Cigarettes must go-We boys say so." **Brandied Candies.** A letter received by the editor of The White Ribbon Lgallet, of Mont-real, asys. We were stariled a short time ago for find that brandy chocolates have found their way into our little village and had been given to some of our little boys. All the children confess ed having got them from the same main. We do not think that it way an intentional wrong on Lia saat, terr he has been accustomed all along treating children to candies and fruit-We inage to bis other candies by some diabolic schemer. I am sending warnings to all the local paper. What will become of the tailor who sale a \$40 on uit of clothes every three montions is liegal, and local temper. He will be call of such prepara-tions is liegal, and local temper.

Barrar Out Pastor. Serv ng at 11 a. Sentor. Serv J. prayer-me t 7.45., and 1 Churaday ave dissionary A lissionary A lissionari A lissionary A lissionari A lissionary A lissionary A lissio

PRESEVITERI Dill, B. D., P. Wolfville : Pr at 11 a. m., School at 0.455 Wednesday a Church, Lowe on Sunday at 10 a. m. Pre 7.30 p. m.

Mainopist Johnson, Pas bath at 11 a. School at 10 q ing on Thurs the seats are at all the serv ing at 3 p. m. meeting at 7.

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Sr. Jonn's P -Services : Sunday, 8 s. at 11 s. m. m. Evenson Extension, 7 in Advent, church. Bun intendents in Rector. All seats f come.

drawing parents' attention to thin new trap.¹ Of course the sale of such prepara-tions is illegal, and local temp er-ance workers ought to take steps to prevent its being carried on. Com-menting on the matter the Leafet say: "This is but another, device to create an appetite among the children for alcohol. The editor received a box of choclates from Boston, and there were about half a dozen of the candles filled with liquor, quite strong too. A confectionser in Montreal, when make them for seventy-five cents a

Robert W. S Frank A. Di Br. FRAM nedy, P. P.-Sunday of es

THE TABE Superintend Sunday Sch service at Wednesday

Sr. Gzon meets at the of each mor

Wolsvill every Mon 7 30 o'cleol

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