

## The Upward Look

### The Reward of Our Actions

For whatsoever a man soweth that shall he also reap.—Galatians 6, 7.

God rules by law. Everything God does is in accordance with the great laws that He has ordained. The sun, the moon, the countless stars in the heavens are held in their respective places or move in their appointed orbits according to the Divine will. So wonderful is the precision with which they act that our astronomers, even with the limitations of the human mind, are able to foretell many years in advance, even to the hour and minute, when certain comets will appear and disappear, and when eclipses of the sun, moon or certain stars will take place. We have become so familiar with these facts we have almost ceased to wonder over them. And yet they teach us a great lesson.

The same Divine Being who created this wonderful system created us, and just as the firmament is governed by law, so are we as individuals governed by laws that are even greater, because spiritual in nature, and that are fully as exact. Among these laws are those which decree that we can't think a kind thought or do a kind deed without our whole nature being ennobled, brightened, and enriched thereby. The measure of the benefit we thus receive is in exact proportion to the kindness of our thought and deed. The more loving it has been and the greater the self-sacrifice it has involved the greater is the resultant benefit God has decreed that we shall receive.

Another but a reverse law enacts that we cannot think an unkind or thought or do an ungenerous act without our spirit being dwarfed and suffering in consequence. And, again, it is decreed that the injury we thus suffer is in proportion to the uncharitableness of our thought and act.

These laws are operating ceaselessly in the minutest details of our lives. When we are confronted by difficulties, no matter how great or how small and no matter what their character, whether they pertain to the affairs of our own households or to the great world outside, if we allow ourselves to take fright at them, if we permit thoughts of fear to take possession of us and forget that God is mighty and that with His help we can prevail, then another law ensures that the very things we dread are certain to happen to us. The command law is that when we refuse to abandon ourselves to our fears, when we resolutely set ourselves to overcoming, with God's help, the difficulties that confront us, "the horizon of our impossible recedes as we advance," and we grow in strength and in power of accomplishment just in proportion to the effort that we put forth. To entertain thoughts of pride ensure our becoming proud, to centre our minds on money means that unless we are careful we will become hard and cold like money. The great law behind it all is that we become like what we think most of, which also means that to think about Christ is to become Christ-like.

When we bear these great truths in mind, what a power they have to transform our lives. The knowledge that an infinite law has decreed that the consequences of our thoughts and deeds follow close, and with absolute certainty, upon their admittance into our lives and that we are constantly receiving here on earth the reward for our actions or our thoughts, both for good and for evil, brings home to us the great truth contained in

our text that whatsoever a man soweth that shall he also reap. If, therefore we would have our lives filled with blessings we must endeavor to work in harmony with God's laws. There is no use in our kicking against the pricks. To do so will not alter the working of these laws one iota. God's will is the only way. It is the way for us. Just in proportion as we strive to follow it, yes, in exact proportion to our endeavor will our lives grow

so far as the kitchen cabinet is concerned it comes in most useful at the time of making preparation for the festive season of Christmas and New Year.—Mrs. N. C. Campbell, Brant Co., Ont.

### A Cheap Satisfactory Bath Room

For a long time farmers and people living in small towns have felt the need of equipping their homes with a bathroom, but owing to the great expense of installing a system of water works they have been denied the luxury. Manufacturers have been quick to see this lack, and fill it. Farmers and their wives are now offered a satisfactory bath outfit, sanitary and attractive, that can be installed complete with force pump and storage tank for about \$75.00.

This new system is just as satisfactory as any waterworks system, excepting that it gives the owner a little more trouble to take care of it; that is, it is necessary once a month to empty the inner tank of the closet and to occasionally empty the contents of the pedestal of the lavatory. On the other hand it is more sanitary as the chemical used in the closet kills all disease germs as well as all other odor. One of the great difficulties with regular waterworks system in country homes is that it is necessary to have a cesspool to receive the refuse from the bathroom. This frequently reaches the well and causes typhoid fever, etc.

The outfit to which we refer, an illustration of which appears here, consists of a Sanitary Chemical Closet and a Rowe Sanitary Lavatory and bath.

### To Prevent Tuberculosis

Don't live in a room where there is no fresh air.  
Don't live in a room where there is no fresh air.  
Don't live in a room where there is no fresh air.

Be cheerful. A bright, smiling face makes everyone happy, and a sunny, cheerful expression is just as likely to make others cross. Even when it rains out of doors let there be sunshine within.

## How the Hamilton Kitchen Cabinet Saves Time, Labor, Health, and Pays for Itself

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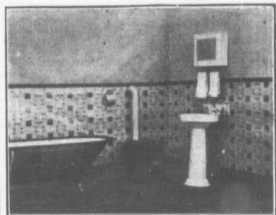
We will ship you a Hamilton Kitchen Cabinet subject to your approval. If you are not pleased with it, return it to us at our expense.

Our booklet tells how you can pay for this wonderful device while it is paying for itself. Every housewife ought to have the Hamilton Kitchen Cabinet. It saves half your food. Write today, before you forget.



The HAMILTON INCUBATOR CO., Ltd.  
HAMILTON, ONTARIO

NOTICE—WE WANT DEALERS TO HANDLE OUR GOODS IN SOME LOCALITIES



### Within the Reach of Every Farmer

A bath equipment similar to the one here illustrated can be installed for \$75. For information see the article adjoining.

in influence and in power and in favor with God and with man.—1. H. N.

### Vacuum Cleaners in House Work

In these days of sanitation, scarce and unsatisfactory high-priced help, every woman ought to have a vacuum cleaner to help her in her work, and enable her to do her work better. The vacuum cleaner gets rid of all the dust, whereas with the old fashioned broom, one stirs up the dust in one place to settle in another, and there is the extra work of always dusting and cleaning.

When one uses a vacuum cleaner the dust is all taken into and held by the cleaner, and none of it is scattered about. Vacuum cleaners are now made so easy to handle, they last for so long a time, and are so comparatively inexpensive that any person can afford to have one. A great many farmers' wives in Oxford county, Ontario, now have vacuum cleaners, and find them to be invaluable and something that they would not do without. An editor of Farm and Dairy, who was in Woodstock recently, learned of over 25 farmers near Woodstock who have purchased the King Edward Vacuum Cleaner manufactured in their local city.

It is well that women folks who keep house nowadays, without the assistance of servants or hired girls, have the opportunity of availing themselves of such modern labor savers as the Vacuum Cleaner, which does so much to lighten housework where it is used.

### About a Thing We Need

I am often given to thinking how much we miss, of which we don't know. The idea comes to me afresh at this Xmas season as I reflect upon the many advantages of my kitchen cabinet and the many steps it saves me.

Two years ago I was made a present of a Kitchen Cabinet. We had talked for some time about having one. And when it came we soon found out that we had got it all right. I would no more think of doing without my kitchen cabinet than without my sewing machine. It is of great service, and of service many times daily.

There are many things we women folks are too often content to do without in our kitchens, when we could just as well have these things. The Xmas season is an ideal time to satisfy these wants. And be it known

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