

### When Your Joints Are Stiff

and muscles sore from cold or rheumatism, when you slip and sprain a joint, strain your side or bruise yourself, Perry Davis' Painkiller will take out the soreness and fix you right in a jiffy. Always have it with you, and use it freely. **USE**

## Painkiller

### Health and Home Hints

To prevent cheese when toasted from being stringy, mix a little beaten egg in it whilst cooking.

The white of an egg beaten to a froth with a tiny lump of butter makes a substitute for cream in tea or coffee.

Irish lace is enormously popular, and is used for coats, blouses, collars, cuffs, undersleeves, vests, capes and even the very best under-wear.

If new tinware be rubbed over with fresh lard and thoroughly heated in the oven before it is used, it will never rust afterwards, no matter how much it is put in water. For stained tinware, borax produces the best results. If the teapot or coffee pot is discoloured on the inside, boil it in a strong solution of borax for a short time, and all its brightness will return.

A good shampoo is made up of the following ingredients: Borax, one ounce; bicarbonate of soda, half ounce; camphor, one dram; glycerine, half ounce; alcohol, two ounces; rosewater, one quart. After using this shampoo the hair must be very carefully dried and the scalp well rubbed with a fairly rough towel.

An excellent rump steak pie is made as follows. Cut the meat in thin slices; kidney onion, a little walnut pickle, pepper and salt should be sprinkled over each slice, which must then be rolled up, and after having been lightly dipped in flour, should be placed in the pie dish. The dish should be filled with the meat prepared in this way and between the layers of the little rolls, if you wish the pie to be well flavoured, about half a dozen oysters, two cloves, and the hard boiled yolks of one or two eggs, cut in half should be placed. A little good gravy should be poured into the dish, and a buttered paper put over the meat. The dish should be placed in a tin containing some boiling water, and should be cooked for nearly an hour in a fairly hot oven; then it must be set aside until cold, when it should be covered with well made puff pastry, brushed over with beaten egg, and baked for about an hour or an hour and a half according to the size of the pie.

### AFTER SHAVING POND'S EXTRACT



COOLS, COMFORTS AND HEALS THE SKIN, EMBLINDING THE MOST TENDER FACE TO ENJOY A CLOSE SHAVE WITHOUT UNPLEASANT RESULTS.

Avoid dangerous, irritant, and itching preparations. One represented to be "the same as" Pond's Extract, which is easily seen and generally contains "wood alcohol," a deadly poison.

### World of Missions.

#### Facts About Africa.

REV. W. M. ANDERSON, D. D.

Let us observe a few facts about Africa. How can we ever grasp its area? It contains 11,500,000 square miles, and is three times as large as Europe. Its population numbers 200,000,000. It has been termed "The Unknown Land." It is marvelous territory for the Church of this century to conquer for Christ. We have learned much about Africa within the past fifty years, but we have learned only enough to show us that we know nothing. What enormous interior population! What colossal sufferings and woes are there! What a long sad story of the guilt and misery of sin! The endless variety of religions in Africa may be classed under the general head of Fetichism. By this is not meant idolatry. A Fetich is some material thing, which is supposed to contain a spirit, good or bad, which possesses supernatural power. Thus they are enslaved by the most degrading, ignorant superstition, which leads to the most barbarous and cruel customs.

It is absolutely beyond the power of language to describe the life of thousands of tribes in Africa. But through the darkness of this long night the stars of hope and promise appear. The total number of languages among the different tribes in Africa is said to be about 440. The whole Bible has been translated into about thirteen languages; the N. W. Testament into ten; and other individual books into forty-three; making in all sixty-six languages, which are now the vehicle of divine truth in Africa. After long, hard labor there are now 1,200 missionaries and 110,000 communicants. But what are these among so many?

Romanism in China follows the same diabolical course concerning the Scriptures which has characterized that ecclesiastical hierarchy in all its history. The people are not allowed the free use of the Bible, and the limited portions translated in the Chinese language are changed and interpolated to suit heathenism. In translating the Ten Commandments they leave out the second commandment, "Thou shalt not make unto thee any graven image;" the fourth commandment, "Remember the Sabbath day to keep it holy," they translate, "Keep holy the festivals," and cut the tenth commandment in two, so as to make out the decalogue.

A heathen in Burma happened to obtain a copy of the Psalms, left behind by a traveller who stopped at his house. For twenty years the man worshipped the God revealed in the Psalms, using the fifty first Psalm as his daily prayer. Then a missionary appeared on the scene and gave him a copy of the New Testament. The story of salvation through Jesus Christ brought great joy to his heart, and he said: "For twenty years I walked by starlight; now I see the sun." This is but another illustration of the old Pauline idea that the law, or the Old Testament generally, is a schoolmaster to lead men to Christ.

Kindness adds sweetness to everything. It is kindness which makes life's capabilities blossom and paints them with their cheering hues and endows them with their invigorating presence.—Frederick W. Faber.

### A Victim of Dropsy.

#### Cured After Doctors Pronounced His Case Hopeless.

#### Limbs Swollen Until He Had Become a Battered Helpless Mass—Dr. Williams' Pink Pills Wrought the Cure.

In the little village of Rodney, not far from the mining town of Springhill, N.S., lives Mr. James Stevens, a quiet, middle-aged man, who though living an unobtrusive life, has lately been much talked of as having been the subject of a cure pronounced by all familiar with the circumstances as scarcely less than miraculous. The disease, which some two years ago prostrated Mr. Stevens, came upon him gradually. There was an increasing feeling of general lassitude; the kidneys did not rightly perform their function, and then the body began to bloat. This feeling continued extending to the extremities, until Mr. Stevens became a helpless, bloated mass of flesh. A finger pressed upon the bloated flesh would leave a mark all day. The urinary weakness became painful and distressing, the passages becoming very frequent. Doctors diagnosed the trouble as dropsy, but as their remedies failed to effect a cure, they pronounced the trouble incurable. At this stage, the case of a neighbor who had been cured after a long and painful illness through the use of Dr. Williams' Pink Pills was recalled, and it was decided to give the pills a trial. By the time the second box was used, the swelling began to decrease, the passage of the urine was less frequent, and the patient was inspired with fresh hope. The use of the pills for some time longer set Mr. Stevens upon his feet again a cured man. The limbs were restored to a healthy condition, his weight became normal, the kidneys resumed their functions healthfully, and to day Mr. Stevens goes about his daily work a good specimen of hardy, healthy Canadian manhood. His restoration is entirely due to Dr. Williams' Pink Pills, and he does not hesitate to strongly recommend them to other sufferers.

To the casual reader cases like this may seem remarkable, but Dr. Williams' Pink Pills have, in reality, cured thousands of cases pronounced by doctors to be incurable. These pills make new, rich blood with every dose, and in this way tone and strengthen every organ in the body, driving out disease and restoring the patient to health after all other means have failed. Those who are weak and ailing, or who suffer from chronic diseases, should not waste money and valuable time experimenting with other medicines, but should take Dr. Williams' Pink Pills at once, if they wish to be restored to full health. Sold by all medicine dealers or sent post paid, at 50 cents a box or six boxes for \$2.50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

There is fashion in window curtains as in everything else, and short ones covering the lower sash are in great favour. This is an old fashion revived, but in a more expensive form. Formerly an inexpensive art muslin, edged with frills of muslin or of lace, was considered good enough. The present day short curtain is in the most cases of silk, with lace insertion, after the manner of a child's pinafore, and is suspended by brass rings from a pretty brass rod. It looks very dainty, and has the advantage of washing easily, and looking well to the last days of its use.