

water, take pleasurable exercise, keep the bowels and kidneys free, and the outlets open to carry off morbid accumulations. **Burdock Blood Bitters PURIFY THE BLOOD** by acting upon the *bowels*, the *liver*, the *kidneys*, and the *skin*, while they nourish and enrich this vital fluid and strengthen the whole system. As every drop of blood passes through the liver to be cleansed, keep this organ in healthy action, and all the channels of health open by this grand purifying regulator.

SCROFULA.—This prevalent disease indicates a bad condition of the blood, which is either inherited or acquired, although the term derives its name from the latin *Scrofu* (a pig) indicating that it is the result of eating pork. Yet it often occurs where no such food is taken. It is simply bad blood, low vitality, and imperfect nutrition. Scrofula is the great pre-disposing cause of consumption; it also leads to glandular swellings, enlarged joints, swelled neck, thickening of the lips, sore eyes, abscesses, running sores, and wasting diseases. It usually commences early in life and develops as age advances, and if not inborn, may be acquired from a bad habit of the body, bad air, improper diet or any cause that will poison and impair the blood. The treatment is plainly indicated. We have shown how the liver is the great cleansing organ of the system. Set this great keeper of the health in proper action, and keep all the channels free to expel foul humor, while building up healthy tissues by making healthy blood and perfect secretions. Enlarged Glands, Tumors, Swellings, and old Sores will rapidly disappear as the old corruptions are purged away and healthy blood takes their place to nourish the body.

Burdock Blood Bitters is the grand remedy for Scrofula and all Humors and Impurities of the Blood.

Read the remarkable cure of Rev. Wm. Stout, of Warton, Ont., who was a sufferer from the worst form of Scrofulous Abscess for 23 years. He was treated by 17 surgeons, the best medical skill in the land, and found no relief until he combined the external and internal use of Burdock Blood Bitters, which restored him to perfect health, and is considered the most remarkable cure on record. Send for a complete history of his wonderful experience.

THE KIDNEYS.

There are two kidneys, one on the right and the other on the left side, the left being situated under the stomach, and the right under the liver and near the middle of the back.

Their office is to secrete Urine and filter

the water from the venous blood; they strain off from the body those worn out particles, the products of decay, which contain nitrogen in the form of *Urea*, which in excess would poison the blood, causing Rheumatism and other serious diseases.

The kidneys may take on irritation, congestion and inflammation, but with these exceptions they do not, as a rule, primarily cause disease, yet much disease is often erroneously ascribed to them. The kidneys are too often blamed for what they are not guilty of. It has been the fashion for some medical men and writers to lay too much blame for ill health upon the kidneys when they were rather passive than active as regards causing disease. Very true, a wrong action would greatly impair health and seriously affect other organs, but the truth really is that other organs are at first in fault before the kidneys are affected at all; their action bad, though it may be, is secondary and not primary. That is to say, with a proper action of the Four Cardinal Points of Health, the Stomach, the Liver, the Bowels, and the Blood, the Kidneys would take care of themselves; and there yet remains the case to be recorded where an individual in otherwise perfect health, had diseased kidneys, or that the kidneys were the sole cause of illness. The kidneys are simply outlet channels like the skin, and it would be absurdly ridiculous to say that a man's skin was the sole cause of his illness and broken down constitution. If the kidneys are diseased, rest assure there is a cause lying back of those organs that produced the trouble, and that cause in 99 cases out of 100, lies in their sympathy with one or more of the organs constituting the *Four Cardinal Points of Health*.

Whenever the kidneys suffer in sympathy with these organs, you have in addition to other troubles, irregular action of the kidneys, aching back, urinary weakness, heat and pain, with weakness across the small of the back, retention of the urine, in some cases, in others an immoderate flow of too great frequency. Sometimes scalding in its nature, sometimes bloody or mixed with slime or mucous, sometimes a gravel or sandy sediment like brick dust; Bright's Disease, Diabetes or sugary urine, an excess of uric acid, producing rheumatism, etc., may exist. But rest assured that whatever the symptoms may be, your system needs renovating and your blood correcting and purifying. And one great advantage of Burdock's Blood Bitters is that one or two bottles will produce an immediate beneficial effect, it being a highly concentrated compound of prompt diuretic power, its healthful effect upon the kidneys through the primary source of disease, is soon experienced. Read the certificates of John Morrison, W. A. Edgars, and other remarkable cases, and note the prompt and permanent cure in their cases.