

America, and here, in 1899, were held the world's championships.

In small yacht racing, Montreal designers, builders and sailors hold an eminent position. Lake St. Louis is within easy access of the city, and affords a magnificent course for sailing. The home of the Royal St. Lawrence Yacht Club is at Dorval, and it is here that the Seawanhaka Cup is kept. This trophy of international fame was won from the Seawanhaka-Corinthian Yacht Club



Trappists at Dinner in their Monastery at Oka.

of New York, and has been successfully defended against American and English challengers since its arrival here.

Baseball, the great national game of the United States, vies with lacrosse for popularity in the city. Montreal is represented in the Eastern League, which is one of the most important after the National League. A fluttering pennant at the ball-park bears testimony to the fact that the local club at one time held the championship of the league. The ball-park is situated on St. Catherine street west, and the diamond is considered one of the best in America.

There are two golf clubs in Montreal—the Royal Montreal Club, which has an excellent eighteen-hole