

Stylistics: budget chic

Busy students often are too harried to worry about their appearance, especially the need for a hair cut, which often catches one unprepared.

Fortunately, the Stylistics hair salon in HUB provides for this needed service (without an appointment) six days a week.

Eight qualified stylists will coil your tresses in any fashion you fancy. The Stylistics can accommodate every taste from the simple "don't change a thing" trim to requests for the latest European rage in hair fashion.

Because the campus salon is geared to its primarily student clientele, they have also priced their work accordingly. Hair cuts are available from \$8.50, while permanents start as low as \$35.00.

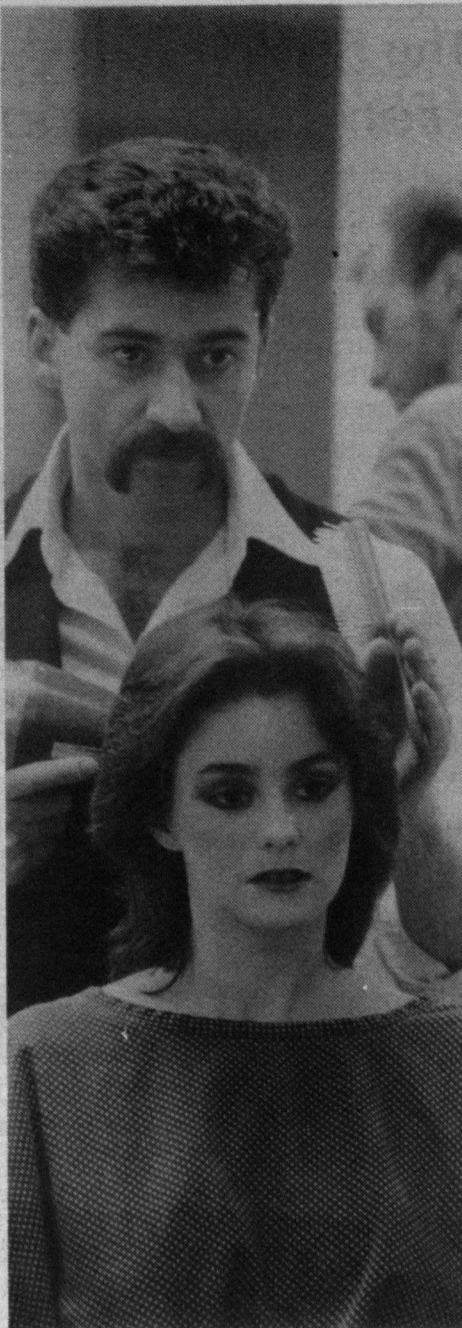
Customers are free to browse through any one of the many international hairstyling books and magazines the shop keeps, before choosing the cut they prefer.

Any one of the Stylistic staff, though, would be happy to provide free advice about which style their client is most suited to. Or which hair care routine would best benefit their client's hair type and texture.

And while your locks are being meticulously catered to by a Stylistic hairdresser, listen to your favorite music from the authentic house juke box. You'll find everything from Willie Nelson to the Go-Gos.

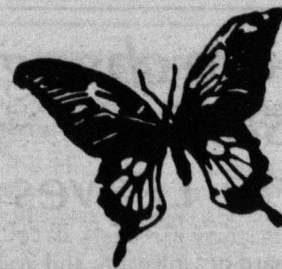
The Stylistics was formerly Gary Honor Salon, located two doors north of the present shop. The newly renovated salon re-opened in early October but maintains many faithful clientele.

Says owner Gary Honor, "We have a lot of repeat business because we stand behind our work."



The Stylistics are open from 9:00 am to 7:00 pm, Monday to Friday, 9:00 am to 4:00 pm on Saturdays, and are located on the north end of HUB at 9008-112 St. Customers may feel free to pay by Visa.

Lori's Loft: 100% good, honest value



Today's fashion conscious woman is concerned not only with the appearance of her clothes, but also with the quality of each garment.

In our world of polyester, and other synthetics, many discriminating shoppers demand real fabrics for their wardrobes. Right here in HUB Mall, Lori's Loft offers a tremendous selection of skirts, blouses, and complete outfits made from all natural fibres. Garments are imported from as far away as India, Malaysia and Indonesia to provide you with a comprehensive selection.

Customers choose from a wide variety of colours and styles confident that when the label says cotton or wool, the item is 100% pure.

Owner Eleanor Clark, believes students, who comprise 75% of her clientele, are very smart shoppers.

"People here are concerned about what they're spending their money on, they want good value," says Mrs. Clark.

At Lori's Loft you can be sure of what you buy. You can also be sure of a reasonable price tag. Lori's Loft can cater to any budget.

"We are aware of how students spend money and price our items accordingly," says Mrs. Clark.

The Loft presently features many winter wool skirts and sweaters. The style is, according to Mrs. Clark, 'folksy.'

The owner is very enthusiastic about the spring fashions, though, and feels that her customers have a great deal to look forward to.

"I've just finished ordering for the spring and the colours are going to be fantastic," Mrs. Clark says.

The spring fashions will include a complete array of colours that can be mixed, matched, or worn as a solid colour outfit.

In addition to its many wools and cottons, Lori's Loft also features a small number of silk garments.

"I wish I could carry more silks but the prices have just become too high," explains Mrs. Clark.



The atmosphere at Lori's Loft is relaxed and friendly. With the help of her two daughters, Mrs. Clark will be glad to help you in any way and answer any questions you might have as well as give tips on how to wash the natural wools and cottons.

If you wish to browse through Lori's Loft, please do, and feel free to put any item you would like on the store's convenient lay-away plan.

Lori's Loft in HUB Mall can cater to all your needs in a relaxed and friendly manner.

Living Earth does healthy business

"Living Earth is special to us because of the friendships we have developed," says Bill Hall, co-owner with his wife Sonya. "Being owner-operated allows us to give that very special service to our customers."

Bill and Sonya took over Living Earth, the health food store in the north end of HUB, almost four years ago.

"We offer a real alternative to the typical junk food offered on campus," he explains.

Living Earth offers a variety of nutritious snacks, treats and light lunches to both the health-conscious customer and the just plain hungry student. The store can easily satisfy both.

"It is good nutritious food and we get excellent supplies," Bill says. "We also give you a good value for your money."

Among the store's excellent selection, there is a variety of baked goods, fresh sandwiches and salads, packaged treats, bottled fruit and soda drinks, and homemade drink selections.

"All our baked stuff is from Bee Bell Bakery," says Bill. Bee Bell, one of the city's best bakeries, supplies all of Living Earth's breads, buns, and muffins.

Bill also explains the health food store creates a daily variety of about six different salads and ten sandwiches, along with the fresh vegetable soup available.

For those not in the mood for a meal, a variety of healthy snacks are stocked. These include numerous kinds of nuts, dried fruit, granola bars, yogurt bars, carob bars, and other treats.

But Bill is especially proud of their variety of bottled drinks, which includes a selection of fruit juices and natural sodas by Hanson and Sun Dew.

As well, Living Earth serves homemade drinks. These include a number of fruit ciders made without sugar or preservatives, like apple, grape or blueberry cider.

A number of special drinks are also available, including the Sunkissed Special and Tiger's Milk. A Sunkissed Special is a whipped blend of whole bananas and orange juice, while the Tiger's Milk is an egg-milk mixture blended with bananas and a protein supplement.



Though Living Earth primarily supplies good food, Bill says they also carry a supply of vitamins and body care products, like shampoos and natural soaps.

"For vitamins, we stock two of the more popular natural source vitamins," he says. These are Rocky Mountain and Quest vitamins. "We also carry several lines of excellent body care products."

So the next time you are in HUB, and have a desire for something nutritious, drop into Living Earth and sample for yourself.



HUB's 'fashion' crowd pleaser

Another example of HUB mall's continuing effort to provide events of interest was a recent fashion show, November 14th.

Hundreds of students were entertained with a presentation of a wide variety of the latest fashions. Everything from bathing suits to evening gowns to everyday wear was presented for onlookers' approval.

The noon hour show, held on the ramp to the Yarn Craftstore, was well received by the audience.

Monthly events of a promotional nature are being planned by Gail Yagos, Promotions Manager for the mall.



Photos Ray Giguere