

### "THE SERVANTS WHICH DREW THE WATER KNEW."

John 2: 9.

The guests at the marriage supper

Detected the flavor fine,  
But "the servants which drew the water"  
Knew the secret of the wine.  
"Whatever He saith to you do it,"  
"He knoweth what He will do,"  
And many a beautiful "secret"  
The Lord will reveal to you.

The jars that we fill with water  
Shall minister royal wine;  
We shall know and dispense the gladness  
Of miracles most divine;  
And we shall rejoice hereafter  
If we "filled them up to the brim,"  
And the wine of heaven will be sweeter  
When we "drink it new with Him,"  
—*Woman's Work for Woman.*

### FAMILY RELIGION.

Fathers, you are the heads of happy families to-day. All that I ask is, that you will make them happier still—happy, not only in your love, but in the love of God the Saviour, happy for time and through eternity. The happiest family will not always be so. The most smiling circle will be in tears some day, all that I ask is that you will secure, for yourself and your children, a friend in that blessed Redeemer, who will wipe all tears from all faces. Your families may soon be scattered and familiar voices may cease to echo within your walls. They may go each to his own, and some of them may go far away. O, see to it that the God of Bethel goes with them, that they may set up an altar, even on a distant shore, and sing the Lord's song in that foreign land.  
—*Scl.*

### LIVE AND HELP LIVE.

In a little speech made some months ago, there was a suggestion which is worthy of a larger audience.

The old maxim, "Live and let live," ought, said the speaker, to have an improved form among the Christian people. It should be rather, "Live and help live."

This new version of an old maxim is, at least worth a trial. Let us put it in use, and may it bear such rich fruit that we shall never wish to return to the old selfish way.—*S. S. Times.*

### GOOD PREACHING.

The best evidence of good preaching is found in the reformatory and elevating influence it exerts on the conduct of the hearers. Elegant discourse, which encourages people to live in their sins, is inferior to a coarser article which drives the sinner to repentance and reformation. "I do not remember the text," said a trader, "but when I got home I burnt up my scant half bushel." The gospel that does one good is always the gospel that drives us to burn our defective measures, and conducts us forth in honest and reputable ways.—*Church News.*

### THE SOUL'S HEALTH.

The health of the soul, like that of the body, is variable. In both, there are ascertainable laws, which cannot be violated with impunity. Moreover, there are certain noteworthy points of similarity between physical and spiritual hygiene.

The first condition of health is good air. It is everywhere accessible. So is the Spirit of God. Prayer is the act of inspiration—

Prayer is the Christian's vital breath,  
The Christian's native air.

As food to the body, so is knowledge to the soul. It must be regular, varied and suitable. Neither body nor mind should be gorged, nor should the babes and the infirm be expected to assimilate the heaviest food. The babe in Christ needs other nourishment than a treatise on Theodicy.

Without timely supplies of water the body languishes and dies. This must be the fate of the spirit, if there be not, for it, seasons of refreshing from the presence of the Lord.

The soul must have the sunlight of the Divine approval, or it will fade away like those that live in cellars and in darkened chambers. It is the privilege and the duty of all to live and labor in the sunlight.

Without exercise, the muscles grow flabby and feeble. Without use, the spiritual powers decay. Through intemperate application to business or to books, many have lost gifts and graces that once made them conspicuously useful in holy work.

Do not expect great spiritual growth, while you neglect the laws of spiritual health.—*Presbyterian Observer.*